

Mental Health Early Intervention

\$1,500,000 Budget Adjustment One-time

During the 2012 and 2013 Legislative General Session, the Division of Substance Abuse and Mental Health (DSAMH) was allocated funding for mental health early intervention (MHEI) services. The funding was allocated to support three evidenced-based services: 1) School-Based Behavioral Health, 2) Family resource Facilitation (FRF) with Wraparound to Fidelity, and 3) Mobile Crisis Teams (MCTs). This request is to continue MHEI services and to help families access needed services during critical developmental periods in their children's lives.

Local Mental Health Authorities along with children, youth and families throughout Utah are the primary stakeholders.

Current impacts include serving 5,761 children, youth and families in FY2014 with this funding.

If not funded 5,761 children, youth and families will be without needed mental health services. This will increase demands on the state run child welfare and juvenile justice systems as well as impacting emergency responders (fire, police, dispatch) and emergency rooms.

Table 1

Mental Health Early Intervention Services FY 2014			
Component	Funded Amount	Unduplicated Families by Service	Average Cost
School Based Behavioral Health	\$1,402,332	2,494	\$562
Family Resource Facilitators with Wraparound to Fidelity	\$ 1,120,410	1,541	\$727
Mobile Crisis Teams	\$ 977,258	1,726	\$566
Total	\$3,500,000	5,761	\$607

Table 2

Mental Health Early Intervention Services Comparison FY 2013 and FY 2014						
Component	Unduplicated Families by Service			Average Cost		
	FY13	FY14	% Increase	FY13	FY14	% Decrease
School Based Behavioral Health	1,876	2,494	33.94%	\$919	\$562	38.85%
Family Resource Facilitators with Wraparound to Fidelity	1,044	1,541	47.61%	\$820	\$727	11.34%
Mobile Crisis Teams	1,063	1,726	62.37%	\$910	\$566	37.80%
Total	3,983	5,761	44.64%	\$879	\$607	30.94%

Table 3

School-Based Outcomes: YOQ Scores	
After an average of 9.56 hours of service scores indicated that the child/youth:	
Met the standard to be considered recovered	27.40%
Showed significant improvement	20.63%
Were stable	36.38%

Table 4

School-Based Outcomes: Office Disciplinary Referrals (ODR)			
Average Pre-Service	Average After Service	Reduced Referrals	Percentage Reduction in Referrals
71.50	38.75	-32.75	45.80%

Table 5

School-Based Outcomes: Grade Point Average (GPA)			
Intermediate, Middle, Jr. High & High Schools			
GPA Average Pre-Service	GPA Average After Services	Average GPA Improvement	Percentage Improvement
2.24	2.39	.15	6.78%

Table 6

Family Resource Facilitation Outcomes	
Outcome data collected in FY13 and FY14	
Increased Family Stabilization	
Youth who were identified as being at risk of an out-of-home placement who are no longer are at risk.	126
Youth who were in out-of-home placements that have returned home	58
Increase School Involvement	
Youth who were not attending school regularly that have now either returned to school or successfully graduated	36
Decreased in Youth who are in Trouble at School or with the Legal System	
Youth who were in legal trouble that are no longer in legal trouble	79

Table 7

Mobile Crisis Teams Outcomes		
1726 Unduplicated Callers		
	Calls	Percent of Calls*
Avoided Out of Home Placements	1341	77.69%
Avoided Legal Involvement (<i>The the child/ youth avoided charges and/or court sanctions</i>)	737	42.70%
Received Assistance for Danger to Harm	1108	64.19%
Number of Police Calls Avoided	1442	83.55%
*Total greater than 100% because there may be more than one outcome per caller		