



Utah Association of Area Agencies on Aging

LEGISLATIVE REQUEST FOR SENIOR CAREGIVER PROGRAMS – FY17

\$250,000 added to the base budget of the Division of Aging & Adult Services for the caregiver support program.

The FY16 budget included \$250,000 one-time funding from the general fund.

How the funds will be expended

166 caregivers of seniors will be supported through the following program activities:

- Access to information and resources for caregivers.
- Support groups.
- Educational classes.
- Short-term respite services including: identifying needs and coordinating services; helping with bathing and personal grooming; light housekeeping; adult daycare; emergency response systems; etc.
- Utilizing part-time Volunteer Respite Program Coordinators to develop volunteer programs to recruit volunteers to provide respite care for caregivers in the community.

Why we should fund programs to support caregivers

- ✓ Support provided to caregivers helps them continue to act in their role of meeting the long-term care needs of their loved ones, at home, reducing taxpayer expenses today, and in the future.
- ✓ 72% of caregivers do not go to the doctor themselves because they put their family's needs first. (National Alliance for Caregiving and Evercare: Study of Caregivers in Decline.)
- ✓ 40%-70% of caregivers have clinically significant symptoms of depression. (Zarit, 2006 Assessment of Family Caregivers)

Performance indicators

- Caregivers receiving support from our caregiver programs in Utah report:
 - 82% - It is delaying the placement of the senior I am caring for into institutional care.
 - 80% - I will be able to remain a caregiver for a longer period of time.
 - 53% - I am in a better position to continue being a caregiver without government-supported assistance.

SENIOR CAREGIVER PROGRAMS - FY2017 Funding Request - \$250,000
Utah Area Agencies on Aging (U4A)

LINE ITEM BUDGET

CATEGORY	Line Items	Total Cost
Respite Care Services		
Case Management Staffing (fringe included)	\$57,325	
Contracted Services	\$83,137	
Supplppp lemental Services	\$10,168	\$150,630
Education/Outreach/Support Groups		
Staffing (fringe included)	\$40,450	
Printing, Postage, Marketing Costs	\$9,190	
Workshops & Support Groups Expenses	\$7,200	\$56,840
Volunteer Program		
Staffing (fringe included)	\$38,670	
Training Expenses (materials included)	\$3,000	
Mileage Reimbursement	\$860	\$42,530
TOTAL LEGISLATIVE REQUEST		\$250,000