LICENSURE OF ATHLETIC TRAINERS
2005 GENERAL SESSION
STATE OF UTAH
Sponsor: Paul Ray

LONG TITLE
General Description:
This bill enacts the Athletic Trainer Licensing Act.

Highlighted Provisions:
This bill:
- enacts the Athletic Trainer Licensing Act;
- provides for the licensing of athletic trainers;
- establishes qualifications for an athletic trainer license;
- establishes the Athletic Trainer Licensing Board and its duties and responsibilities;
- provides exemptions from licensure;
- defines unprofessional conduct; and
- establishes the scope of practice of an athletic trainer.

Monies Appropriated in this Bill:
None

Other Special Clauses:
None

Utah Code Sections Affected:
AMENDS:
58-1-307, as last amended by Chapters 156 and 280, Laws of Utah 2004
ENACTS:
58-40a-101, Utah Code Annotated 1953
58-40a-102, Utah Code Annotated 1953
Be it enacted by the Legislature of the state of Utah:

Section 1. Section 58-1-307 is amended to read:

58-1-307. Exemptions from licensure.

(1) Except as otherwise provided by statute or rule, the following persons may engage in the practice of their occupation or profession, subject to the stated circumstances and limitations, without being licensed under this title:

(a) a person serving in the armed forces of the United States, the United States Public Health Service, the United States Department of Veterans Affairs, or other federal agencies while engaged in activities regulated under this chapter as a part of employment with that federal agency if the person holds a valid license to practice a regulated occupation or profession issued by any other state or jurisdiction recognized by the division;

(b) a student engaged in activities constituting the practice of a regulated occupation or profession while in training in a recognized school approved by the division to the extent the activities are supervised by qualified faculty, staff, or designee and the activities are a defined part of the training program;

(c) an individual engaged in an internship, residency, preceptorship, postceptorship, fellowship, apprenticeship, or on-the-job training program approved by the division while under the supervision of qualified persons;

(d) an individual residing in another state and licensed to practice a regulated occupation or profession in that state, who is called in for a consultation by an individual licensed in this state, and the services provided are limited to that consultation;
(e) an individual who is invited by a recognized school, association, society, or other body approved by the division to conduct a lecture, clinic, or demonstration of the practice of a regulated occupation or profession if the individual does not establish a place of business or regularly engage in the practice of the regulated occupation or profession in this state;

(f) an individual licensed under the laws of this state, other than under this title, to practice or engage in an occupation or profession, while engaged in the lawful, professional, and competent practice of that occupation or profession;

(g) an individual licensed in a health care profession in another state who performs that profession while attending to the immediate needs of a patient for a reasonable period during which the patient is being transported from outside of this state, into this state, or through this state;

(h) an individual licensed in another state or country who is in this state temporarily to attend to the needs of an athletic team or group, except that the practitioner may only attend to the needs of the athletic team or group, including all individuals who travel with the team or group in any capacity except as a spectator;

(i) an individual licensed and in good standing in another state, who is in this state:

(ii) temporarily, under the invitation and control of a sponsoring entity;

(iii) for a reason associated with a special purpose event, based upon needs that may exceed the ability of this state to address through its licensees, as determined by the division; and

(iii) for a limited period of time not to exceed the duration of that event, together with any necessary preparatory and conclusionary periods; and

(j) an individual who:

(i) is certified as an athletic trainer by the National Athletic Trainers Association Board of Certification or another entity approved by the division;

(ii) is employed or officially associated with an educational institution, a professional sports organization, or a bona fide amateur sports organization; and

(iii) only provides athletic training services:

(A) to athletes of the educational institution or sports organization to which the individual is employed or officially associated;

(B) at an official athletic training, practice, or competition site; and
[(C) \( \text{that are within the scope of the individual's certification; and} \)]

[(i)] (j) a law enforcement officer, as defined under Section 53-13-103, who:

(i) is operating a voice stress analyzer in the course of the officer's full-time employment with a federal, state, or local law enforcement agency;

(ii) has completed the manufacturer's training course and is certified by the manufacturer to operate that voice stress analyzer; and

(iii) is operating the voice stress analyzer in accordance with Section 58-64-601, regarding deception detection instruments.

(2) A practitioner temporarily in this state who is exempted from licensure under Subsection (1) shall comply with each requirement of the licensing jurisdiction from which the practitioner derives authority to practice. Violation of any limitation imposed by this section constitutes grounds for removal of exempt status, denial of license, or other disciplinary proceedings.

(3) An individual who is licensed under a specific chapter of this title to practice or engage in an occupation or profession may engage in the lawful, professional, and competent practice of that occupation or profession without additional licensure under other chapters of this title, except as otherwise provided by this title.

(4) Upon the declaration of a national, state, or local emergency, a public health emergency as defined in Section 26-23b-102, or a declaration by the President of the United States or other federal official requesting public health-related activities, the division in collaboration with the board may:

(a) suspend the requirements for permanent or temporary licensure of persons who are licensed in another state. Persons exempt under this Subsection (4)(a) shall be exempt from licensure for the duration of the emergency while engaged in the scope of practice for which they are licensed in the other state;

(b) modify, under the circumstances described in this Subsection (4) and Subsection (5), the scope of practice restrictions under this title for persons who are licensed under this title as:

(i) a physician under Chapter 67, Utah Medical Practice Act, or Chapter 68, Utah Osteopathic Medical Practice Act;

(ii) a nurse under Chapter 31b, Nurse Practice Act, or Chapter 31c, Nurse Licensure
Compact;

(iii) a certified nurse midwife under Chapter 44a, Nurse Midwife Practice Act;

(iv) a pharmacist, pharmacy technician, or pharmacy intern under Chapter 17b, Pharmacy Practice Act;

(v) a respiratory therapist under Chapter 57, Respiratory Care Practices Act; and

(vi) a dentist and dental hygienist under Chapter 69, Dentist and Dental Hygienist Practice Act;

(c) suspend the requirements for licensure under this title and modify the scope of practice in the circumstances described in this Subsection (4) and Subsection (5) for medical services personnel or paramedics required to be certified under Section 26-8a-302; and

(d) suspend requirements in Subsections 58-17b-620(3) through (6) which require certain prescriptive procedures.

(5) Persons exempt under Subsection (4)(c) and persons operating under modified scope of practice provisions under Subsection (4)(b):

(a) shall be exempt from licensure or subject to modified scope of practice for the duration of the emergency;

(b) must be engaged in the distribution of medicines or medical devises in response to the emergency or declaration; and

(c) must be employed by or volunteering for a local or state department of health.

Section 2. Section 58-40a-101 is enacted to read:

CHAPTER 40a. ATHLETIC TRAINER LICENSING ACT

58-40a-101. Title

This chapter is known as the "Athletic Trainer Licensing Act."

Section 3. Section 58-40a-102 is enacted to read:


In addition to the definitions in Section 58-1-102, as used in this chapter:

(1) "Athletic injury" means:

(a) an injury sustained by an individual that affects the individual's participation or performance in sports, games, recreation, exercise, or other activity that requires physical strength, agility, flexibility, speed, stamina, or range of motion; or

(b) a condition that is within the scope of practice of an athletic trainee identified by a
licensed physician as benefitting from athletic training services.

(2) "Athletic trainer" means a person who is licensed under this chapter and carries out
the practice of athletic training under the direction of a designated Utah licensed physician, or a
designated Utah licensed dentist registered with the board.

(3) "Athletic training" means the application by a licensed and certified athletic trainer
of principles and methods of:

(a) prevention of athletic injuries;
(b) recognition, evaluation, and assessment of athletic injuries and conditions;
(c) immediate care of athletic injuries, including common emergency medical

situations;
(d) rehabilitation and reconditioning of athletic injuries;
(e) athletic training services administration and organization; and
(f) education of athletes.

(4) "Board" means the Athletic Trainers Licensing Board.

(5) "Directing physician" means a physician and surgeon licensed under Section
58-67-301, osteopathic physician and surgeon licensed under Section 58-68-301, or dentist
licensed under Section 58-69-301 who is responsible for the athletic training services provided
by the athletic trainer and oversees the practice of athletic training by the athletic trainer, as
established by board rule.

Section 4. Section 58-40a-103 is enacted to read:

58-40a-103. Duties of directing physician.

(1) A directing physician shall provide direction to an athletic trainer by a verbal order
when in the presence of the athletic trainer and by written order or by athletic training service
plans or protocols, as established by board rule, when the directing physician is not present.

(2) Upon referral from a physician licensed in another state and in good standing, the
practice of athletic training shall be carried out under the written orders of the referring
physician and in collaboration with the directing physician.

Section 5. Section 58-40a-104 is enacted to read:

58-40a-104. Board composition -- Duties and responsibilities.

(1) There is created the Athletic Trainers Licensing Board consisting of four licensed
athletic trainers and one member of the general public who has never been authorized to
practice a healing art and never had a substantial personal, business, professional, or pecuniary
connection with a healing art or with a medical education or health care facility, except as a
client or potential client.

(2) The board shall be appointed and serve in accordance with Section 58-1-201.

(3) The board shall carry out the duties and responsibilities in Sections 58-1-202 and
58-1-203, and shall designate one of its members on a permanent or rotating basis to:

(a) assist the division in reviewing complaints concerning the unlawful or
unprofessional conduct of a licensee under this chapter; and

(b) advise the division of its investigation of these complaints.

(4) A board member who has, under Subsection (3), reviewed a complaint or advised
in its investigation may be disqualified from participating with the board when the board serves
as a presiding officer in an adjudicative proceeding concerning the complaint.

Section 6. Section 58-40a-105 is enacted to read:

58-40a-105. Licensure required.

(1) A license is required to engage in the practice of athletic training, except as
specifically provided in Section 58-1-307 or 58-40a-108.

(2) A person may not use the title "licensed athletic trainer," or "athletic trainer," or
abbreviations or insignias to imply that the person is an athletic trainer unless the person is
licensed under this chapter.

(3) Nothing is this chapter permits an individual licensed under this chapter to engage
in the practice of medicine.

Section 7. Section 58-40a-106 is enacted to read:

58-40a-106. Qualifications for licensure.

The division shall issue a license to practice as an athletic trainer to an applicant who:

(1) has obtained a bachelor's or advanced degree from an accredited four-year college
or university and meets the minimum athletic training curriculum requirement established by
the board by rule;

(2) has successfully completed the certification examination administered by the
National Athletic Trainers' Association Board of Certification or equivalent examination
approved or recognized by the board;

(3) is in good standing with and provides documentation of current certification by the
National Athletic Trainers' Association Board of Certification or a nationally recognized
credentialing agency approved by the board;

(4) submits an application to the division on a form prescribed by the division; and
(5) pays the required licensing fee as determined by the department under Section
63-38-3.2.

Section 8. Section 58-40a-107 is enacted to read:


(1) (a) The division shall issue each license for an athletic trainer in accordance with a
two-year renewal cycle established by rule in accordance with Title 63, Chapter 46a, Utah
Administrative Rulemaking Act.

(b) The division may, by rule, extend or shorten a renewal period by as much as one
year to stagger the renewal cycles it administers.

(2) Each license automatically expires on the expiration date shown on the license
unless the licensee renews it in accordance with Section 58-1-308.

Section 9. Section 58-40a-108 is enacted to read:

58-40a-108. Exemptions from licensure.

In addition to the exemptions from licensure in Section 58-1-307, this chapter does not
require the licensure of an individual:

(1) who assists in an emergency or in providing services for which no fee is
contemplated, charged, or received, provided the individual does not hold himself out as an
athletic trainer; or

(2) licensed under this title for the following occupations or professions while
performing services within that occupation or profession:

(a) podiatrist;
(b) dentist;
(c) medicine and surgery;
d) physician assistants;
(e) optometrist;
f) physical therapist;
g) occupational therapist;
h) osteopath;
Section 10. Section 58-40a-109 is enacted to read:


The division may refuse to issue a license to an applicant, refuse to renew the license of a licensee, revoke, suspend, restrict, or place on probation the license of a licensee, issue a public or private reprimand to a licensee, and issue cease and desist orders in accordance with Section 58-1-401.

Section 11. Section 58-40a-110 is enacted to read:

58-40a-110. Unprofessional conduct.

(1) In addition to the provisions of Subsection 58-1-501(2), "unprofessional conduct" includes:

(a) failing to report to the board an act or omission of a licensee, applicant, or any other person which violates a provision of this chapter;
(b) interfering with an investigation of disciplinary proceeding by willful misrepresentation of facts or by use of threats or harassment against a client or witness to prevent that individual from providing evidence in a disciplinary proceeding, investigation, or other legal action;
(c) failing to maintain client confidentiality unless otherwise required by law;
(d) promoting an unnecessary device, treatment, intervention, or service for financial gain by the athletic trainer or a third party; and
(e) failing to maintain adequate records.

(2) For purposes of Subsection (1)(e), "adequate records" means legible records that contain, at a minimum:

(a) the athletic training service plan or protocol;
(b) an evaluation of objective findings;
(c) the plan of care and the treatment records; or
(d) written orders.

Section 12. Section 58-40a-111 is enacted to read:

58-40a-111. Scope of practice.

An athletic trainer may:
prevent injuries by:
(a) designing and implementing physical conditioning programs which may include:
(i) strength and range of motion testing;
(ii) nutritional advisement; and
(iii) psychosocial intervention and referral;
(b) performing preparticipation screening;
(c) fitting protective equipment;
(d) designing and constructing protective products; and
(e) continuously monitoring changes in the environment;
(2) recognize and evaluate injuries by:
(a) obtaining a history of the injury;
(b) inspecting an injured body part and associated structures;
(c) palpating bony landmarks and soft tissue structures; and
(d) performing clinical tests to determine the extent of an injury;
(3) provide immediate care of injuries by:
(a) initiating cardiopulmonary resuscitation;
(b) administering basic or advanced first aid;
(c) removing athletic equipment; and
(d) immobilizing and transporting an injured athlete;
(4) determine whether an athlete may return to participation or, if the injury requires
further definitive care, refer the athlete to the appropriate directing physician;
(5) rehabilitate and recondition an injury by administering therapeutic exercise and
therapeutic and physical modalities, including cryotherapy, thermotherapy, and intermittent
compression, electrical stimulation, ultrasound, traction devices, or mechanical devices as
directed by established, written athletic training service plans or protocols or upon the order of
a directing physician;
(6) provide athletic training services administration, including:
(a) implementing athletic training service plans or protocols;
(b) writing organizational policies and procedures;
(c) complying with governmental and institutional standards; and
(d) maintaining records to document services rendered; and
(7) educating athletes to facilitate physical conditioning and reconditioning by designing and implementing appropriate programs to minimize the risk of injury.

Legislative Review Note
as of 1-31-05 12:19 PM

Based on a limited legal review, this legislation has not been determined to have a high probability of being held unconstitutional.

Office of Legislative Research and General Counsel
SECOND AMENDED NOTE

State Impact

In the first year, the board will meet monthly to establish new profession regulations at a cost of $5,200. Board cost in the second year will drop to $1,300. There is a $7,000 cost to develop a Utah Law/Rule exam that would be required for licensure in addition to completion of a national certification exam. Net impact is an decrease of $1,700 to the Commerce Service Fund. Spending from the Commerce Service Fund could affect revenue available to the General Fund.

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Individual and Business Impact

Revenue estimates are based on 150 applicants the first year with a fee of $70. After that new applicants will number about 50 annually. Renewal fees will be $47.