59 direction of the mental health therapist.

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- (3) "Hypnosis" means, when referring to individuals exempted from licensure under this chapter, a process by which an individual induces or assists another individual into a hypnotic state without the use of drugs or other substances and for the purpose of increasing motivation or to assist the individual to alter lifestyles or habits.
 - (4) "Individual" means a natural person.
- (5) "Mental health therapist" means an individual Ĥ→ who is practicing within the scope of practice defined in the individual's respective licensing act and is ←Ĥ licensed under this title as:
- (a) a physician and surgeon, or osteopathic physician engaged in the practice of mental health therapy;
- (b) an advanced practice registered nurse, specializing in psychiatric mental health nursing;
- 70 (c) an advanced practice registered nurse intern, specializing in psychiatric mental
 71 health nursing;
 - [(e)] (d) a psychologist qualified to engage in the practice of mental health therapy;
- 73 [(d)] (e) a certified psychology resident qualifying to engage in the practice of mental 74 health therapy;
- 75 [(e)] (f) a clinical social worker;
- 76 [(f)] (g) a certified social worker;
- 77 $\left[\frac{g}{g}\right]$ (h) a marriage and family therapist:
- 78 [(h)] (i) an associate marriage and family therapist;
- 79 [(i)] (j) a clinical mental health counselor; or
- 80 $\left[\frac{(i)}{(k)}\right]$ an associate clinical mental health counselor.
 - (6) "Mental illness" means a mental or emotional condition defined in an approved diagnostic and statistical manual for mental disorders generally recognized in the professions of mental health therapy listed under Subsection (5).
 - (7) "Practice of mental health therapy" means treatment or prevention of mental illness, including:
 - (a) conducting a professional evaluation of an individual's condition of mental health, mental illness, or emotional disorder consistent with standards generally recognized in the professions of mental health therapy listed under Subsection (5);
 - (b) establishing a diagnosis in accordance with established written standards generally