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26	Be it enacted by the Legislature of the state of Utah:
27	Section 1. Section 31a-22-645 is enacted to read:
28	<u>31a-22-645.</u> Step therapy.
29	(1) As used in this section:
30	(a) "AB-rated generic equivalent of a drug" means a drug that is therapeutically
31	equivalent to another drug, as set forth in the latest edition of, or supplement to, the federal
32	Food and Drug Administration's Approved Drug Products with Therapeutic Equivalence
33	Evaluations.
34	(b) "Drug" means the same as that term is defined in Section 58-17b-102.
35	(c) "Health care provider" means a health care provider, as defined in Section
36	78B-3-403, with authority to prescribe a step drug.
37	(d) "Health insurer" means an insurer, as defined in Subsection 31A-22-634(1).
38	(e) "Hospice" means the same as that term is defined in Section 26-21-2.
39	(f) "Medically necessary" means appropriate, under the applicable standard of care:
40	(i) to preserve or improve health, life, or function;
41	(ii) to slow the deterioration of health, life, or function; or
42	(iii) for the early screening, prevention, evaluation, diagnosis, or treatment of a disease,
43	condition, illness, or injury.
44	(g) "Step drug" means a drug described in Subsection (1)(h) that must be used before
45	an insured's health benefit plan will pay for a drug ordered by the insured's health care provider.
46	(h) "Step therapy" means a fail-first protocol that requires an insured to use a drug, or
47	several drugs in a particular order, before the insured's health benefit plan will pay for a drug
48	ordered by the insured's health care provider.
49	(2) A health insurer may not offer a health benefit plan that includes step therapy
50	unless the health insurer:
51	(a) notifies each insured covered by the plan of the process described in Subsections
52	(3) through (7) for bypassing use of a step drug; and
53	(b) makes available on the health insurer's website forms for an insured to make a
54	request to bypass use of a step drug.
55	(3) Except as provided in Subsection (5)(a), a health insurer shall authorize an insured
56	to bypass use of one or more step drugs if, for each step drug to be bypassed, the insured

57	submits to the health insurer information documenting to the satisfaction of the health insurer
58	that one or more of the following conditions have been satisfied:
59	(a) the step drug:
60	(i) is contraindicated;
61	(ii) will likely cause an adverse reaction by the insured;
62	(iii) will likely cause physical or mental harm to the insured;
63	(iv) is expected to be ineffective, based on the known clinical characteristics of the
64	insured and the known clinical characteristics of the step drug regimen;
65	(v) is not medically necessary; or
66	(vi) was used by the insured previously while the insured was covered by the health
67	benefit plan, another health benefit plan, or no health benefit plan, and the use was
68	discontinued due to an adverse event or a lack of efficacy, including diminished efficacy; or
69	(b) another drug belonging to the same class of drugs and having the same mechanism
70	of action was used by the insured previously while the insured was covered by the health
71	benefit plan, another health benefit plan, or no health benefit plan, and the use was
72	discontinued due to an adverse event or a lack of efficacy, including diminished efficacy.
73	(4) Except as provided in Subsection (5)(a), a health insurer shall authorize an insured
74	to bypass use of all step drugs if the insured submits to the health insurer information
75	documenting that the insured has been admitted to hospice.
76	(5) (a) A health insurer is not required to authorize bypass of a step drug under
77	Subsection (3) or (4) if the step drug is an AB-rated generic equivalent of a drug that would be
78	covered by the health benefit plan if the bypass were authorized.
79	(b) An authorization to bypass use of one or more step drugs is not an authorization for
80	coverage of a drug that is not otherwise covered by the health benefit plan.
81	(6) Within three business days of receipt of an insured's request to bypass use of a step
82	drug, including receipt of all information necessary for the health insurer to determine whether
83	at least one of the conditions under Subsection (3) has been satisfied or the insured has been
84	admitted to hospice, the health insurer shall notify the insured of whether the request has been
85	authorized.
86	(7) If an insured disagrees with a health insurer's determination made under Subsection
87	(3) or (4), the insured may, in accordance with Section 31A-22-629, submit an adverse benefit

1st Sub. (Buff) H.B. 266

02-21-17 2:10 PM

88	determination:
89	(a) to the insurer; or
90	(b) for independent review.
91	(8) This section may not be construed to limit a health care provider's authority to
92	prescribe drugs.
93	(9) This section applies to a health benefit plan renewed or entered into on or after
94	January 1, 2018.