Stephanie Gricius proposes the following substitute bill:

Health Curriculum and Procedures Amendments

2025 GENERAL SESSION STATE OF UTAH

Chief Sponsor: Stephanie Gricius

Senate Sponsor: Kirk A. Cullimore

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LONG TITLE

4 General Description:

5 This bill amends provisions regarding health instruction and physical and mental health

6 procedures in the public education system.

Highlighted Provisions:

- 8 This bill:
 - defines terms;
- requires any health care provider to obtain written parental consent before providing or
- facilitating telehealth or another health care service to a student within a public school;
- establishes requirements for in-school mental health therapy, including:
 - identifying who may and may not provide in-school mental health therapy; and
 - requiring parental consent and certain parental notification;
- ensures that a local or state rule or policy does not create an exemption for otherwise
- prohibited endorsement, promotion, or disparagement of a certain religious belief or
- 17 viewpoint;
 - modifies required health instruction, including:
 - establishing statutory purposes for the curriculum the state board establishes;
- adding situational awareness and the "success sequence";
- reorganizing duties and prohibitions regarding instruction, discussion, and advocacy of
- 22 certain concepts;
- 23 amends the effect of prior written parental consent and the allowable subjects in sex
- 24 education instruction; and
- 25 makes technical and conforming changes.
- 26 Money Appropriated in this Bill:
- None None
- 28 Other Special Clauses:

29	This bill provides a special effective date.
30	Utah Code Sections Affected:
31	AMENDS:
32	53G-10-202 (Effective 07/01/25), as last amended by Laws of Utah 2023, Chapter 294
33	53G-10-402 (Effective 07/01/26), as last amended by Laws of Utah 2024, Chapters 20,
34	507
35	53G-10-403 (Effective 07/01/26), as last amended by Laws of Utah 2019, Chapter 293
36	ENACTS:
37	53G-9-214 (Effective 07/01/25), Utah Code Annotated 1953
38	53G-9-901 (Effective 07/01/25), Utah Code Annotated 1953
39	53G-9-902 (Effective 07/01/25), Utah Code Annotated 1953
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41	Be it enacted by the Legislature of the state of Utah:
42	Section 16. Section 53G-9-214 is enacted to read:
43	$\underline{53G-9-214}$ (Effective 07/01/25). Health care services in public schools.
44	Before a health care provider, as defined in Section 58-80a-102, may provide or
45	facilitate a health care service that is not traditionally available to a student in a public school,
46	the health care provider shall obtain the informed written consent of the student's parent for the
47	health care service.
48	Section 10. Section 53G-9-901 is enacted to read:
49	Part 9. Mental Health Services in Public Schools
50	53G-9-901 (Effective 07/01/25). Definitions.
51	As used in this part:
52	(1)(a) "In-school mental health therapy" means a therapy, therapeutic strategy, or other
53	mental health counseling that takes place in a school setting and includes:
54	(i) mental health therapy as defined in Section 26B-1-329;
55	(ii) the practice of mental health therapy as defined in Section 58-61-102;
56	(iii) the diagnosis of a mental health disorder;
57	(iv) psychoanalysis;
58	(v) psychotherapy;
59	(vi) hypnotherapy; or
60	(vii) neuropsychology.
61	(b) "In-school mental health therapy" does not include:
62.	(i) describing basic stress-management strategies:

63	(ii) informing students and parents of the availability of in-school mental health
64	therapy; or
65	(iii) engaging in generalized crisis response protocols that the state board establishes,
66	which does not include one-on-one counseling.
67	(2) "School-based mental health therapist" means an individual:
68	(a) who holds:
69	(i) a license as a mental health therapist as defined in Section 58-60-102; or
70	(ii) a license or certification under Title 58, Chapter 60, Part 6, Behavioral Health
71	Coach and Technician Licensing Act; and
72	(b) whom an LEA or school employs, engages by contract, or engages by agreement, to
73	support students' mental health through in-school mental health therapy in
74	accordance with the scope of the individual's license or certification described in
75	Subsection (2)(a).
76	Section 11. Section 53G-9-902 is enacted to read:
77	53G-9-902 (Effective 07/01/25). Parental consent required Parental
78	notification required.
79	(1) Except as provided in a student's IEP or 504 plan:
80	(a) an individual who is not a school-based mental health therapist may not provide
81	in-school mental health therapy; and
82	(b) an individual may not provide in-school mental health therapy in a traditional
83	general education classroom setting with other students present in the classroom.
84	(2) For a school-based mental health therapist to provide in-school mental health therapy:
85	(a) the relevant LEA, school, or school-based mental health therapist shall obtain written
86	parental consent before the first session of in-school mental health therapy in a given
87	school year; and
88	(b) after each session of in-school mental health therapy, on the day of the instance, the
89	school-based mental health therapist shall provide to the student's parent $\hat{H} \rightarrow$, unless the
89a	<u>parent requests otherwise</u> $\leftarrow \hat{H}$:
90	(i) notice that the session took place; and
91	(ii) a description of the topic of the therapy.
92	(3)(a)(i) When obtaining the written parental consent described in Subsection (2)(a),
93	the LEA, school, or school-based mental health therapist shall, through
94	consultation with the parent, provide the parent an opportunity to identify topics
95	or issues the parent intends a school-based mental health therapist to address or to

96	not address with the student.
97	(ii) A school-based mental health therapist may not address a topic or issue for which
98	a parent has expressly stated an intent for the therapist to not address with the
99	student under this Subsection (3)(a).
100	(iii) Notwithstanding Subsections (3)(a)(i) and (3)(a)(ii), if a student reports
101	information that creates a duty on the school-based mental health therapist to
102	make a report for the following, the therapist may discuss the information with the
103	student to the extent necessary to make the mandatory report:
104	(A) suspected cases of child abuse or neglect under Section 80-2-602;
105	(B) abuse of a student under Section 53E-6-701; or
106	(C) any other legally mandated duty to report an incident.
107	(b)(i) The requirement to obtain prior written parental consent before providing
108	in-school mental health therapy described in Subsection (2)(a) does not apply in a
109	case in which a delay to contact a parent would create an immediate serious risk
110	of suicide or serious bodily injury, as defined in Section 76-1-101.5, to the student
111	or to another individual.
112	(ii) For a circumstance described in Subsection (3)(b)(i), the LEA, school, or
113	school-based mental health therapist shall notify a parent in accordance with
114	Section 53G-9-604.
115	(c) A student's IEP or 504 plan that includes in-school mental health therapy satisfies the
116	parental consent requirement described in Subsection (2)(a).
117	(4)(a) The state board may make rules, in accordance with Title 63G, Chapter 3, Utah
118	Administrative Rulemaking Act, regarding the application of this section to the
119	actions of educators and staff in the public education system.
120	(b) The state board shall, in consultation with the Department of Health and Human
121	Services, provide guidance to school-based mental health therapists, educators, and
122	school support staff on conduct and practices that constitute and do not constitute
123	in-school mental health therapy.
124	Section 4. Section 53G-10-202 is amended to read:
125	53G-10-202 (Effective $07/01/25$). Maintaining constitutional freedom in the
126	public schools.
127	(1) Except as provided in this section and in Section 53G-10-206, any instructional activity,
128	performance, or display which includes examination of or presentations about religion,
129	political or religious thought or expression, or the influence thereof on music, art,

130	literature, law, politics, history, or any other element of the curriculum, including the
131	comparative study of religions, which is designed to achieve academic educational
132	objectives included within the context of a course or activity and conducted in
133	accordance with applicable rules or policies of the state and LEA governing boards, may
134	be undertaken in the public schools.
135	(2) No aspect of cultural heritage, political theory, moral theory, or societal value shall be
136	included within or excluded from public school curricula for the primary reason that it
137	affirms, ignores, or denies religious belief, religious doctrine, a religious sect, or the
138	existence of a spiritual realm or supreme being.
139	(3) Public schools may not sponsor or deny the practice of prayer or religious devotionals.
140	(4) School officials and employees may not[-use their positions-], regardless of a school,
141	LEA, or state board rule or policy, use the official's or employee's position to endorse,
142	promote, or disparage a particular religious, denominational, sectarian, agnostic, or
143	atheistic belief or viewpoint.
144	Section 1. Section 53G-10-402 is amended to read:
145	53G-10-402 (Effective 07/01/26). Instruction in health Parental consent
146	requirements Conduct and speech of school employees and volunteers Political and
147	religious doctrine prohibited.
148	(1) As used in this section:
149	{(2)} (a) "LEA governing board" means a local school board or charter school governing
150	board.
151	$\{(a)\}$ (b) "Refusal skills" means instruction:
152	$\{(b)\}$ (i) in a student's ability to clearly and expressly refuse sexual advances by a
152a	minor or
153	adult;
154	(ii) in a student's obligation to stop the student's sexual advances if refused by another
155	individual;
156	(iii) informing a student of the student's right to report and seek counseling for
157	unwanted sexual advances; and
158	[(iv) in sexual harassment; and]
159	[(v)] (iv) informing a student that a student may not consent to criminally prohibited
160	activities or activities for which the student is legally prohibited from giving
161	consent, including the electronic transmission of sexually explicit images by an
162	individual, regardless of whether the image is of the individual who transmits the

163	image or of another individual.
164	(c) "Situational awareness" means instruction in a student's ability to:
165	(i) observe the student's environment, including:
166	(A) increasing awareness; and
167	(B) noticing details and changes in the environment; and
168	(ii) respond in unsafe situations, including how to seek help.
169	(d) "Success sequence" means a three-prong framework for youth and young adults that
170	encourages:
171	(i) completing at least a high school education and pursuing further educational
172	opportunities;
173	(ii) obtaining full-time employment; and
174	(iii) marrying before having children.
175	[(2)(a) The state board shall establish curriculum requirements under Section 53E-3-501
176	that include instruction in:]
177	[(i) community and personal health;]
178	[(ii) physiology;]
179	[(iii) personal hygiene;]
180	[(iv) prevention of communicable disease;]
181	[(v) refusal skills; and]
182	[(vi) the harmful effects of pornography.]
183	[(b) In accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act, the
184	state board shall make rules that, and instruction shall:]
185	[(i) stress the importance of abstinence from all sexual activity before marriage and
186	fidelity after marriage as methods for preventing certain communicable diseases;]
187	[(ii) stress personal skills that encourage individual choice of abstinence and fidelity;
188	[(iii) prohibit instruction in:]
189	[(A) the intricacies of intercourse, sexual stimulation, or erotic behavior;]
190	[(B) the advocacy of premarital or extramarital sexual activity; or]
191	[(C) the advocacy or encouragement of the use of contraceptive methods or
192	devices; and]
193	[(iv) except as provided in Subsection (2)(d), allow instruction to include information
194	about contraceptive methods or devices that stresses effectiveness, limitations,
195	risks, and information on state law applicable to minors obtaining contraceptive
196	methods or devices.]

197	[(e) In accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act, the
198	state board shall make rules for an LEA governing board that adopts instructional
199	materials under Subsection (2)(g)(ii) that:]
200	[(i) require the LEA governing board to report on the materials selected and the LEA
201	governing board's compliance with Subsection (2)(h); and]
202	[(ii) provide for an appeal and review process of the LEA governing board's adoption
203	of instructional materials.]
204	[(d) The state board may not require an LEA to teach or adopt instructional materials
205	that include information on contraceptive methods or devices.]
206	[(e)(i) At no time may instruction be provided, including responses to spontaneous
207	questions raised by students, regarding any means or methods that facilitate or
208	encourage the violation of any state or federal criminal law by a minor or an adult.]
209	[(ii) Subsection (2)(e)(i) does not preclude an instructor from responding to a
210	spontaneous question as long as the response is consistent with the provisions of
211	this section.]
212	[(f) The state board shall recommend instructional materials for use in the curricula
213	required under Subsection (2)(a).]
214	[(g) An LEA governing board may choose to adopt:]
215	[(i) the instructional materials recommended under Subsection (2)(f); or]
216	[(ii) other instructional materials in accordance with Subsection (2)(h).]
217	[(h) An LEA governing board that adopts instructional materials under Subsection
218	(2)(g)(ii) shall:
219	[(i) ensure that the materials comply with state law and board rules;]
220	[(ii) base the adoption of the materials on the recommendations of the LEA
221	governing board's Curriculum Materials Review Committee;]
222	[(iii) adopt the instructional materials in an open and regular meeting of the LEA
223	governing board for which prior notice is given to parents of students who attend
224	the respective schools; and]
225	[(iv) give parents an opportunity to express the parents' views and opinions on the
226	materials at the meeting described in Subsection (2)(h)(iii).]
227	(2)(a) In accordance with Section 53E-3-501, the state board shall establish health
228	curriculum requirements:
229	(i) for the purpose of:
230	(A) equipping students with practical safety skills regarding sexual abuse,

231	trafficking, and harassment;
232	(B) promoting respect for humankind and individual responsibility;
233	(C) fostering character development and decision making through the success
234	sequence; and
235	(D) encouraging healthy personal and family relationships; and
236	(ii) that include instruction in:
237	(A) the success sequence;
238	(B) community and personal health, including personal hygiene and the
239	prevention of communicable disease;
240	(C) physiology;
241	(D) human development;
242	(E) marriage and safe dating practices;
243	(F) refusal skills;
244	(G) resilience;
245	(H) situational awareness;
246	(I) the harmful effects of pornography; and
247	(J) the consequences of behaviors that pose a risk to individual health or of failure
248	under the success sequence.
249	(b) In accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act, the
250	state board shall make rules that:
251	(i) ensure that instruction stresses the importance of abstinence from all sexual
252	activity before marriage and fidelity after marriage as methods for:
253	(A) maintaining mental, physical, and social health, including reducing stress;
254	(B) eliminating risks associated with sexual activity, including preventing
255	pregnancy and certain communicable diseases; and
256	(C) achieving the success sequence;
257	(ii) ensure that instruction stresses personal skills that encourage abstinence, the
258	return to abstinence, and fidelity:
259	(iii) prohibit instruction or discussion, regardless of parental consent or intent to
260	receive the prohibited instruction, in or regarding:
261	(A) the intricacies of sexual stimulation or erotic behavior;
262	(B) the advocacy of premarital or extramarital sexual activity;
263	(C) the advocacy or encouragement of the use of contraceptive methods or
264	devices: and

265	(D) any means or methods that facilitate or encourage the violation of any state or
266	federal criminal law by a minor or an adult, including as a response to a
267	spontaneous question from a student; and
268	(iv) subject to Subsection (2)(c), allow instruction to include information about
269	contraceptive methods or devices, not including abortion or any abortive methods,
270	that stresses effectiveness, failure rates for youth, limitations, risks, and
271	information on state law applicable to minors obtaining contraceptive methods or
272	devices.
273	(c)(i) As used in this Subsection (2), "contraceptive methods or devices" does not
274	include abortion or any abortive methods.
275	(ii) Notwithstanding the allowance for instruction about contraceptive methods or
276	devices in Subsection (2)(b):
277	(A) the state board may not require an LEA to teach or adopt instructional
278	materials that include information on contraceptive methods or devices; and
279	(B) the instruction may not demonstrate or otherwise depict the use of a
280	contraceptive method or device.
281	(d) The state board shall:
282	(i) recommend instructional materials for use in the curricula required under
283	Subsection (2)(a); and
284	(ii) in accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act,
285	make rules for an LEA governing board that adopts alternative instructional
286	materials under Subsection (2)(e) to:
287	(A) require the LEA governing board to report on the materials the governing
288	board selects and the governing board's compliance with Subsection (2)(e); and
289	(B) provide for an appeal and review process of the LEA governing board's
290	adoption of instructional materials.
291	(e)(i) An LEA governing board may choose to adopt:
292	(A) the instructional materials recommended under Subsection (2)(d); or
293	(B) alternative instructional materials in accordance with Subsection (2)(e)(ii).
294	(ii) An LEA governing board that adopts instructional materials under Subsection
295	(2)(e)(i) shall:
296	(A) ensure that the materials comply with state law and state board rules;
297	(B) base the adoption of the materials on the recommendations of the LEA
298	governing board's Curriculum Materials Review Committee;

299	(C) adopt the instructional materials in an open and regular meeting of the LEA
300	governing board for which parents of students who attend the respective
301	schools receive prior notice; and
302	(D) give parents an opportunity to express the parents' views and opinions on the
303	materials at the meeting described in Subsection (2)(e)(ii)(C).
304	(f) At the request of the state board, the Department of Health and Human Services shall
305	provide recommendations to the state board as the state board develops the
306	curriculum, rules, or programs described in this Subsection (2).
307	(3)[(a)] A student shall receive the instruction [in the courses-]described in Subsection
308	(2) on at least two occasions [during the period that begins with] between the
309	beginning of grade [8] 7 and the end of grade 12.
310	[(b) At the request of the state board, the Department of Health and Human Services
311	shall cooperate with the state board in developing programs to provide instruction in
312	those areas.]
313	(4)(a) The state board shall [-adopt], in accordance with Title 63G, Chapter 3, Utah
314	Administrative Rulemaking Act, make rules that:
315	(i) provide [that] for the compliance with the parental consent requirements of
316	Sections 76-7-322[and 76-7-323 are complied with]; and
317	(ii) require <u>advance notice to a student's parent[-to be notified in advance and have]</u>
318	that provides an opportunity to review the information for which parental consent
319	is required under Sections 76-7-322 and 76-7-323.
320	(b) The state board shall [also-]provide procedures for disciplinary action for violation of
321	Section 76-7-322 or 76-7-323.
322	(5)(a) In [keeping with the requirements of] accordance with Section 53G-10-204 and
323	Subsection (2)(b)(iii), and because school employees and volunteers serve as
324	examples to students, school employees or volunteers acting in an official capacity
325	may not support or encourage criminal conduct by students, teachers, or volunteers.
326	(b) To ensure the effective performance of school personnel, the limitations described in
327	Subsection (5)(a) also apply to a school employee or volunteer acting outside of the
328	school employee's or volunteer's official capacity if:
329	(i) the employee or volunteer knew or should have known that the employee's or
330	volunteer's action could result in a material and substantial interference or
331	disruption in the normal activities of the school; and
332	(ii) [that] the employee's or volunteer's action [does result] results in a material and

333	substantial interference or disruption in the normal activities of the school.
334	(c) The state board or an LEA governing board may not allow training of school
335	employees or volunteers that [supports] supports or [encourage] encourages criminal
336	conduct.
337	(d) The state board shall[-adopt], in accordance with Title 63G, Chapter 3, Utah
338	Administrative Rulemaking Act, make rules implementing this [section] Subsection
339	<u>(5)</u> .
340	(e) Nothing in this section limits the ability or authority of the state board or an LEA
341	governing board to enact and enforce rules or take actions that are otherwise lawful[,]
342	regarding an educator's, employee's, or volunteer's qualifications or behavior
343	evidencing unfitness for duty.
344	(6) Except as provided in Section 53G-10-202, an individual may not teach or provide
345	instruction on political, atheistic, sectarian, religious, or denominational doctrine [may
346	not be taught]in the public schools.
347	(7)(a) An LEA governing board and an LEA governing board's employees shall
348	cooperate and share responsibility in carrying out the purposes of this chapter.
349	(b) An LEA governing board shall:
350	(i)(A) [-]provide appropriate professional development for the LEA governing
351	board's teachers, counselors, and school administrators to enable the teachers,
352	counselors, and school administrators to understand, protect, and properly
353	instruct students in the values and character traits referred to in this section and
354	Sections 53E-9-202, 53E-9-203, 53G-10-202, 53G-10-203, 53G-10-204, and
355	53G-10-205[-]; and[-]
356	(B) distribute appropriate written materials on the values, character traits, and
357	conduct described in Subsection (7)(b)(i) to each individual receiving the
358	professional development[-] ; and
359	[(c)] (ii) [An LEA governing board shall] make the written materials described in
360	Subsection (7)(b) available to classified employees, students, and students' parents
361	[(d)] (c) [In order to] To assist an LEA governing board in providing the professional
362	development required under Subsection (7)(b), the state board shall, as appropriate,
363	contract with a qualified individual or entity possessing expertise in the areas [
364	referred to] described in Subsection (7)(b) to develop and disseminate model teacher
365	professional development programs that an LEA governing board may use to train
366	the individuals [referred to] described in Subsection (7)(b) to effectively teach the

367	values and qualities of character [referenced] described in Subsection (7)(b).
368	[(e)] (d) In accordance with [the provisions of]Subsection (5)(c), professional
369	development may not support or encourage criminal conduct.
370	(8) An LEA governing board shall review every two years:
371	(a) LEA governing board policies on instruction described in this section;
372	(b) for a local school board, data for each county [that] in which the school district is
373	located[-in], or, for a charter school governing board, data for the county in which the
374	charter school is located, on the following:
375	(i) teen pregnancy;
376	(ii) child sexual abuse; and
377	(iii) sexually transmitted diseases and sexually transmitted infections; and
378	(c) the number of pornography complaints or other instances reported within the
379	jurisdiction of the LEA governing board.
380	(9) If any one or more provision, subsection, sentence, clause, phrase, or word of this
381	section, or the application thereof to any person or circumstance, is found to be
382	unconstitutional, the balance of this section shall be given effect without the invalid
383	provision, subsection, sentence, clause, phrase, or word.
384	Section 3. Section 53G-10-403 is amended to read:
385	53G-10-403 (Effective 07/01/26). Required parental consent for sex education
386	instruction.
387	(1) As used in this section:
388	(a)(i) "Sex education instruction" means, for the purpose of the parental consent
389	requirement in this section, any course material, unit, class, lesson, activity, or
390	presentation that, as the focus of the discussion, provides instruction or
391	information to a student about:
392	(A) sexual abstinence;
393	(B) human [sexuality] development, including puberty and maturation;
394	(C) human [reproduction] reproductive processes, including conception, fetal
395	development, pregnancy, and birth;
396	(D) <u>human reproductive anatomy[;] and</u>
397	[(E)] physiology;
398	[(F) pregnancy;]
399	[(G)] (E) healthy dating practices, marriage, and parenthood, in accordance with
400	the success sequence as defined in Section 53G-10-402;

401	[(H) childbirth;]
402	[(I) parenthood;]
403	(F) adoption in accordance with Section 53G-10-404;
404	[(J)] (G) [contraception] information about contraceptive methods or devices in
405	accordance with Subsections 53G-10-402(2)(b) and (c);
406	[(K) HIV/AIDS;]
407	[(L)] (H) chronic, infectious, and acute diseases and conditions of the reproductive
408	system, including sexually transmitted infections and diseases; or
409	[(M)] (I) refusal skills, as defined in Section 53G-10-402.
410	(ii) "Sex education instruction" does not include:
411	(A) child sexual abuse prevention instruction described in Section 53G-9-207[-]; or
412	(B) instruction in refusal skills or situational awareness, as those terms are defined
413	in Section 53G-10-402.
414	(b) "School" means the same as that term is defined in Section 53G-10-205.
415	(2)(a) A school shall obtain prior written consent from a student's parent before the
416	school may provide sex education instruction to the student.
417	(b) A school may not provide:
418	(i) sex education instruction to a student without the prior written consent described
419	in Subsection (2)(a); or
420	(ii) any instruction related to sex that is not:
421	(A) described in the definition of sex education and subject to the prior written
422	consent described in Subsection (2)(a); or
423	(B) otherwise provided for or described in Section 53G-10-402.
424	(3) If a student's parent chooses not to have the student participate in sex education
425	instruction, a school shall:
426	(a) waive the requirement for the student to participate in the sex education instruction;
427	or
428	(b) provide the student with a reasonable alternative to the sex education instruction
429	requirement that does not include the content described in Subsection (1)(a).
430	(4) In cooperation with the student's teacher or school, a parent [shall take responsibility for
431	the parent's student's] is responsible for the sex education instruction of the parent's
432	student if a school:
433	(a) waives the student's sex education instruction requirement [in] <u>under</u> Subsection (3)(a);
134	Or

435	(b) provides the student with a reasonable alternative to the sex education instruction
436	requirement [described in] under Subsection (3)(b).
437	(5) A school, an LEA governing board, or the state board may not penalize a student's
438	academic or citizenship performance [may not be penalized-]if the student's parent
439	chooses not to have the student participate in sex education instruction as described in
440	Subsection (3).
441	Section 19. Effective Date.
442	(1) Except as provided in Subsection (2), this bill takes effect July 1, 2025.
443	(2) The actions affecting the following sections take effect on July 1, 2026:
444	(a) Section 53G-10-402 (Effective 07/01/26); and
115	(b) Section 53G-10-403 (Effective 07/01/26)