

Concurrent Resolution Directing PEHP Regarding Hormone Replacement Therapy

2026 GENERAL SESSION

STATE OF UTAH

Chief Sponsor: Karianne Lisonbee

Senate Sponsor: Heidi Balderree

LONG TITLE

General Description:

This resolution directs the Public Employees' Benefit and Insurance Program to provide hormone replacement therapy for menopausal symptoms.

Highlighted Provisions:

This resolution:

- recognizes that hormone replacement therapy is a safe and effective treatment for menopausal symptoms; and
- directs the Public Employees' Benefit and Insurance Program to provide hormone replacement therapy for menopausal symptoms.

Money Appropriated in this Bill:

None

Other Special Clauses:

None

Be it resolved by the Legislature of the state of Utah, the Governor concurring therein:

WHEREAS, in accordance with Section 49-20-201, the state participates in the Public Employees' Benefit and Insurance Program (PEHP);

WHEREAS, menopause is a natural phase of aging when a woman has gone 12 consecutive months without a menstrual period due to a decline in reproductive hormones;

WHEREAS, menopause can cause a variety of symptoms including irregular periods, hot flashes, night sweats, vaginal dryness, urinary urgency, difficulty sleeping, emotional changes, dry skin, worsening premenstrual syndrome, and breast tenderness;

WHEREAS, many menopausal women face barriers accessing effective treatment due to a range of factors including healthcare provider knowledge gaps, stigma, and lack of readily available menopause specialists;

29 WHEREAS, recent studies have shown that hormone replacement therapy (HRT) has a low
30 risk of adverse events and is a safe treatment for menopausal symptoms;

31 WHEREAS, FDA-approved HRT treatments can restore estrogen and progesterone, which
32 naturally decline as women go through menopause;

33 WHEREAS, in November of 2025, the U.S. Department of Health and Human Services
34 announced that the U.S. Food and Drug Administration was initiating the removal of broad
35 "black box" warnings from HRT treatments for menopause:

36 NOW, THEREFORE, BE IT RESOLVED that the Legislature of the state of Utah, the
37 Governor concurring therein, directs PEHP for state employees to include in PEHP's drug
38 formulary HRT treatments to relieve perimenopausal and menopausal symptoms.

39 BE IT FURTHER RESOLVED that a copy of this resolution be sent to the Public
40 Employees' Benefit and Insurance Program.