



28 WHEREAS, Utah's agricultural community plays a vital role in food production, economic  
29 stability, and education about where food originates;

30 WHEREAS, exposure to farming, food preparation, and healthy eating practices helps a  
31 student understand nutrition, sanitation, and responsible food systems; and

32 WHEREAS, the United States Department of Health and Human Services published the  
33 Dietary Guidelines for Americans, 2025-2030, on January 7, 2026, to provide science-based  
34 guidance on healthy eating patterns:

35 NOW, THEREFORE, BE IT RESOLVED that the Legislature of the state of Utah, the  
36 Governor concurring therein, encourages each public school to ensure that every student in  
37 kindergarten through grade 12 who is able participates in a minimum of 60 minutes of physical  
38 activity each school day, through physical education, recess, classroom movement,  
39 extracurricular activities, or other appropriate means.

40 BE IT FURTHER RESOLVED that the Legislature encourages each public elementary  
41 school, including charter schools, to hold an annual educational field trip to either a working  
42 farm, where students may observe livestock agriculture and learn about farming practices and  
43 food production, or a whole-food restaurant, where students may learn about food sanitation,  
44 meal preparation, cooking techniques, and the service of healthy whole foods.

45 BE IT FURTHER RESOLVED that the Legislature recognizes the importance of local  
46 control and flexibility and encourages school districts and charter schools to implement these  
47 recommendations in ways that best serve the local education agency's students and  
48 communities.

49 BE IT FURTHER RESOLVED that a copy of this resolution be prepared and submitted to  
50 the State Board of Education and each local education agency in the state.