

Sex Characteristic Change Treatment Amendments

2026 GENERAL SESSION

STATE OF UTAH

Chief Sponsor: Rex P. Shipp

Senate Sponsor:

LONG TITLE

General Description:

This bill amends provisions related to provision of cross-sex hormones and puberty blockers to minors.

Highlighted Provisions:

This bill:

- prohibits providing cross-sex hormones and puberty blockers to minors unless certain circumstances are met; and
- requires health care professionals providing cross-sex hormones or puberty blockers to minors that will no longer continue to receive the cross-sex hormones and puberty blockers to begin treatment plans for the discontinuation of the cross-sex hormones and puberty blockers.

Money Appropriated in this Bill:

None

Other Special Clauses:

This bill provides a special effective date.

This bill provides revisor instructions.

Utah Code Sections Affected:

AMENDS:

58-1-603.1, as enacted by Laws of Utah 2023, Chapter 2 and further amended by Revisor Instructions, Laws of Utah 2023, Chapter 2

REPEALS:

26B-1-239, as last amended by Laws of Utah 2024, Chapter 507

Utah Code Sections Affected by Revisor Instructions:

58-1-603.1, as enacted by Laws of Utah 2023, Chapter 2 and further amended by Revisor Instructions, Laws of Utah 2023, Chapter 2

Be it enacted by the Legislature of the state of Utah:

31 The following section is affected by a revisor instruction at the end of this bill.

32 Section 1. Section **58-1-603.1** is amended to read:

33 **58-1-603.1 . Hormonal transgender treatment prohibition for minors.**

34 (1) As used in this section:

35 (a) "Cross-sex hormone treatment" means administering, prescribing, or supplying for
36 effectuating or facilitating an individual's attempted sex change:

37 (i) to an individual whose biological sex at birth is female, a dose of testosterone or
38 other androgens at levels above those normally found in an individual whose
39 biological sex at birth is female; or

40 (ii) to an individual whose biological sex at birth is male, a dose of estrogen or a
41 synthetic compound with estrogenic activity or effect at levels above those
42 normally found in an individual whose biological sex at birth is male.

43 (b) "Health care provider" means the same as that term is defined in Section 58-1-603.

44 [~~(b)~~] (c) "Hormonal transgender treatment" means the same as that term is defined in
45 Section 58-1-603.

46 (d) "Minor" means the same as that term is defined in Section 58-1-603.

47 (2) [A] Except as provided in Subsection (3), a health care provider may not provide a
48 hormonal transgender treatment to a patient who[:]

49 [~~(a)~~] is a minor[as defined in Section 58-1-603; and] .

50 [~~(b)~~ is not diagnosed with gender dysphoria before January 28, 2023.]

51 (3)(a) If a minor has received cross-sex hormone treatment before the effective date of
52 this bill, a health care provider may provide a cross-sex hormone treatment to a minor
53 only in accordance with Subsections (3)(b) and (c).

54 (b) A health care provider providing cross-sex hormone treatment to a minor who is
55 described in Subsection (3)(a) shall immediately begin a treatment plan to
56 progressively reduce cross-sex hormone dosages in order to discontinue any
57 cross-sex hormone treatment on or before six months after the effective date of this
58 bill.

59 (c) Notwithstanding Subsections (3)(a) and (b), a health care provider may continue to
60 provide cross-sex hormone treatment to a minor without a treatment plan described in
61 Subsection (3)(b) if:

62 (i) the minor's parent or guardian consents to continue treatment without a treatment
63 plan described in Subsection (3)(b); and

64 (ii)(A) the minor is at least 17 years old as of the effective date of this bill and will

65 have received cross-sex hormone treatment for at least two years as of the
66 effective date of this bill; or

67 (B) will be 18 years old on or before six months after the effective date of this bill.

68 [{3}] (4) A violation of Subsection (2) is unprofessional conduct.

69 **Section 2. Repealer.**

70 This bill repeals:

71 **Section 26B-1-239, Systematic medical evidence review of hormonal transgender**
72 **treatments.**

73 **Section 3. Effective Date.**

74 This bill takes effect:

75 (1) except as provided in Subsection (2), May 6, 2026; or

76 (2) if approved by two-thirds of all members elected to each house:

77 (a) upon approval by the governor;

78 (b) without the governor's signature, the day following the constitutional time limit of
79 Utah Constitution, Article VII, Section 8; or

80 (c) in the case of a veto, the date of veto override.

81 **Section 4. Revisor instructions.**

82 The Legislature intends that the Office of Legislative Research and General Counsel, in
83 preparing the Utah Code database for publication, to revise Section 58-1-603.1 by replacing
84 each instance of the phrase:

85 (1) "the effective date of this bill" with the bill's actual effective date; and

86 (2) "six months after the effective date of this bill" with the date that is six months after the
87 effective date of this bill.