

Human Growth and Development Instruction

2026 GENERAL SESSION

STATE OF UTAH

Chief Sponsor: Nicholeen P. Peck

Senate Sponsor:

LONG TITLE**General Description:**

This bill expands on a requirement to provide instruction in human development.

Highlighted Provisions:

This bill:

- ▶ expands on a requirement to provide instruction in human development;
- ▶ requires an LEA to:
 - include certain videos during instruction on human growth and development; and
 - make instructional materials available to a student's parent upon request;
- ▶ requires the State Board of Education to:
 - publish a list of materials;
 - conduct audits to verify compliance; and
 - publish audit findings; and
- ▶ makes technical and conforming changes.

Money Appropriated in this Bill:

None

Other Special Clauses:

This bill provides a special effective date.

Utah Code Sections Affected:**AMENDS:**

53G-10-402, as last amended by Laws of Utah 2025, Chapter 380

Be it enacted by the Legislature of the state of Utah:

Section 1. Section **53G-10-402** is amended to read:

53G-10-402 . Instruction in health -- Parental consent requirements -- Conduct and speech of school employees and volunteers -- Political and religious doctrine prohibited.

(1) As used in this section:

- 31 (a) "LEA governing board" means a local school board or charter school governing
32 board.
- 33 (b) "Refusal skills" means instruction:
34 (i) in a student's ability to clearly and expressly refuse sexual advances by a minor or
35 adult;
36 (ii) in a student's obligation to stop the student's sexual advances if refused by another
37 individual;
38 (iii) informing a student of the student's right to report and seek counseling for
39 unwanted sexual advances; and
40 (iv) informing a student that a student may not consent to criminally prohibited
41 activities or activities for which the student is legally prohibited from giving
42 consent, including the electronic transmission of sexually explicit images by an
43 individual, regardless of whether the image is of the individual who transmits the
44 image or of another individual.
- 45 (c) "Situational awareness" means instruction in a student's ability to:
46 (i) observe the student's environment, including:
47 (A) increasing awareness; and
48 (B) noticing details and changes in the environment; and
49 (ii) respond in unsafe situations, including how to seek help.
- 50 (d) "Success sequence" means a three-prong framework for youth and young adults that
51 encourages:
52 (i) completing at least a high school education and pursuing further educational
53 opportunities;
54 (ii) obtaining full-time employment; and
55 (iii) having children within a healthy and stable family and marriage.
- 56 (2)(a) In accordance with Section 53E-3-501, the state board shall establish health
57 curriculum requirements:
58 (i) for the purpose of:
59 (A) equipping students with practical safety skills regarding sexual abuse,
60 trafficking, and harassment;
61 (B) promoting respect for humankind and individual responsibility;
62 (C) fostering character development and decision-making through the success
63 sequence; and
64 (D) encouraging healthy personal and family relationships; and

- 65 (ii) that include instruction in:
- 66 (A) the success sequence;
- 67 (B) community and personal health, including personal hygiene and the
- 68 prevention of communicable disease;
- 69 (C) physiology;
- 70 (D) human growth and development, in accordance with Subsection (2)(g);
- 71 (E) marriage and safe dating practices;
- 72 (F) refusal skills;
- 73 (G) resilience;
- 74 (H) situational awareness;
- 75 (I) the harmful effects of pornography; and
- 76 (J) the consequences of behaviors that pose a risk to individual health or of failure
- 77 under the success sequence.
- 78 (b) In accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act, the
- 79 state board shall make rules that:
- 80 (i) ensure that instruction stresses the importance of abstinence from all sexual
- 81 activity before marriage and fidelity after marriage as methods for:
- 82 (A) maintaining mental, physical, and social health, including reducing stress;
- 83 (B) eliminating risks associated with sexual activity, including preventing
- 84 pregnancy and certain communicable diseases; and
- 85 (C) achieving the success sequence;
- 86 (ii) ensure that instruction stresses personal skills that encourage abstinence, the
- 87 return to abstinence, and fidelity;
- 88 (iii) prohibit instruction or discussion, regardless of parental consent or intent to
- 89 receive the prohibited instruction, in or regarding:
- 90 (A) the intricacies of sexual stimulation or erotic behavior;
- 91 (B) the advocacy of premarital or extramarital sexual activity;
- 92 (C) the advocacy or encouragement of the use of contraceptive methods or
- 93 devices; and
- 94 (D) any means or methods that facilitate or encourage the violation of any state or
- 95 federal criminal law by a minor or an adult, including as a response to a
- 96 spontaneous question from a student; and
- 97 (iv) subject to Subsection (2)(c), allow instruction to include information about
- 98 contraceptive methods or devices, not including abortion or any abortive methods,

99 that stresses effectiveness, failure rates for youth, limitations, risks, and
100 information on state law applicable to minors obtaining contraceptive methods or
101 devices.

- 102 (c)(i) As used in this Subsection (2), "contraceptive methods or devices" does not
103 include abortion or any abortive methods.
- 104 (ii) Notwithstanding the allowance for instruction about contraceptive methods or
105 devices in Subsection (2)(b):
- 106 (A) the state board may not require an LEA to teach or adopt instructional
107 materials that include information on contraceptive methods or devices; and
- 108 (B) the instruction may not demonstrate or otherwise depict the use of a
109 contraceptive method or device.
- 110 (d) The state board shall:
- 111 (i) recommend instructional materials for use in the curricula required under
112 Subsection (2)(a); and
- 113 (ii) in accordance with Title 63G, Chapter 3, Utah Administrative Rulemaking Act,
114 make rules for an LEA governing board that adopts alternative instructional
115 materials under Subsection (2)(e) to:
- 116 (A) require the LEA governing board to report on the materials the governing
117 board selects and the governing board's compliance with Subsection (2)(e); and
- 118 (B) provide for an appeal and review process of the LEA governing board's
119 adoption of instructional materials.
- 120 (e)(i) An LEA governing board may choose to adopt:
- 121 (A) the instructional materials recommended under Subsection (2)(d); or
- 122 (B) alternative instructional materials in accordance with Subsection (2)(e)(ii).
- 123 (ii) An LEA governing board that adopts instructional materials under Subsection
124 (2)(e)(i) shall:
- 125 (A) ensure that the materials comply with state law and state board rules;
- 126 (B) base the adoption of the materials on the recommendations of the LEA
127 governing board's Curriculum Materials Review Committee;
- 128 (C) adopt the instructional materials in an open and regular meeting of the LEA
129 governing board for which parents of students who attend the respective
130 schools receive prior notice; and
- 131 (D) give parents an opportunity to express the parents' views and opinions on the
132 materials at the meeting described in Subsection (2)(e)(ii)(C).

133 (f) At the request of the state board, the Department of Health and Human Services shall
134 provide recommendations to the state board as the state board develops the
135 curriculum, rules, or programs described in this Subsection (2).

136 (g)(i) Each LEA shall include instruction in grades 3 through 12 on human growth
137 and development that includes, at a minimum, both of the following:

138 (A) a high-definition ultrasound video, at least three minutes in duration, showing
139 the development of the brain, heart, sex organs, and other vital organs in early
140 fetal development; and

141 (B) a video showing the process of fertilization and each stage of human
142 development inside the uterus, noting significant markers in cell growth and
143 organ development for every stage of pregnancy until birth.

144 (ii) Upon request, an LEA or school shall make available to the parent of a student
145 enrolled in the LEA or school any instructional materials the LEA or school uses
146 in accordance with this Subsection (2)(g).

147 (iii) The state board shall:

148 (A) publish a list of materials the state board deems appropriate for providing
149 instruction under this Subsection (2)(g) on the state board's publicly accessible
150 website;

151 (B) at the beginning of each school year, conduct an audit of each LEA to verify
152 the LEA's compliance with this section; and

153 (C) publish the findings of each audit no later than 120 days after the beginning of
154 the school year on the state board's publicly accessible website.

155 (3) A student shall receive the instruction described in Subsection (2) on at least two
156 occasions between the beginning of grade 7 and the end of grade 12.

157 (4)(a) The state board shall, in accordance with Title 63G, Chapter 3, Utah
158 Administrative Rulemaking Act, make rules that:

159 (i) provide for the compliance with the parental consent requirements of [Seetions]
160 Section 76-7-322; and

161 (ii) require advance notice to a student's parent that provides an opportunity to review
162 the information for which parental consent is required under Sections 76-7-322
163 and 76-7-323.

164 (b) The state board shall provide procedures for disciplinary action for violation of
165 Section 76-7-322 or 76-7-323.

166 (5)(a) In accordance with Section 53G-10-204 and Subsection (2)(b)(iii), and because

167 school employees and volunteers serve as examples to students, school employees or
168 volunteers acting in an official capacity may not support or encourage criminal
169 conduct by students, teachers, or volunteers.

170 (b) To ensure the effective performance of school personnel, the limitations described in
171 Subsection (5)(a) also apply to a school employee or volunteer acting outside of the
172 school employee's or volunteer's official capacity if:

- 173 (i) the employee or volunteer knew or should have known that the employee's or
174 volunteer's action could result in a material and substantial interference or
175 disruption in the normal activities of the school; and
- 176 (ii) the employee's or volunteer's action results in a material and substantial
177 interference or disruption in the normal activities of the school.

178 (c) The state board or an LEA governing board may not allow training of school
179 employees or volunteers that supports or encourages criminal conduct.

180 (d) The state board shall, in accordance with Title 63G, Chapter 3, Utah Administrative
181 Rulemaking Act, make rules implementing this Subsection (5).

182 (e) Nothing in this section limits the ability or authority of the state board or an LEA
183 governing board to enact and enforce rules or take actions that are otherwise lawful
184 regarding an educator's, employee's, or volunteer's qualifications or behavior
185 evidencing unfitness for duty.

186 (6) Except as provided in Section 53G-10-202, an individual may not teach or provide
187 instruction on political, atheistic, sectarian, religious, or denominational doctrine in the
188 public schools.

189 (7)(a) An LEA governing board and an LEA governing board's employees shall
190 cooperate and share responsibility in carrying out the purposes of this chapter.

191 (b) An LEA governing board shall:

- 192 (i)(A) provide appropriate professional development for the LEA governing
193 board's teachers, counselors, and school administrators to enable the teachers,
194 counselors, and school administrators to understand, protect, and properly
195 instruct students in the values and character traits referred to in this section and
196 Sections 53E-9-202, 53E-9-203, 53G-10-202, 53G-10-203, 53G-10-204, and
197 53G-10-205; and

- 198 (B) distribute appropriate written materials on the values, character traits, and
199 conduct described in Subsection (7)(b)(i) to each individual receiving the
200 professional development; and

- (ii) make the written materials described in Subsection (7)(b) available to education support professionals, students, and students' parents.
 - (c) To assist an LEA governing board in providing the professional development required under Subsection (7)(b), the state board shall, as appropriate, contract with a qualified individual or entity possessing expertise in the areas described in Subsection (7)(b) to develop and disseminate model teacher professional development programs that an LEA governing board may use to train the individuals described in Subsection (7)(b) to effectively teach the values and qualities of character described in Subsection (7)(b).
 - (d) In accordance with Subsection (5)(c), professional development may not support or encourage criminal conduct.

(5) An LEA governing board shall review every two years:

 - (a) LEA governing board policies on instruction described in this section;
 - (b) for a local school board, data for each county in which the school district is located, or, for a charter school governing board, data for the county in which the charter school is located, on the following:
 - (i) teen pregnancy;
 - (ii) child sexual abuse; and
 - (iii) sexually transmitted diseases and sexually transmitted infections; and
 - (c) the number of pornography complaints or other instances reported within the jurisdiction of the LEA governing board.

(6) If any one or more provision, subsection, sentence, clause, phrase, or word of this section, or the application thereof to any person or circumstance, is found to be unconstitutional, the balance of this section shall be given effect without the invalid provision, subsection, sentence, clause, phrase, or word.

Section 2. Effective Date.

This bill takes effect on July 1, 2026.