

Matt MacPherson proposes the following substitute bill:

Word of Wisdom Amendments

2026 GENERAL SESSION

STATE OF UTAH

Chief Sponsor: Michael K. McKell

House Sponsor: Katy Hall

LONG TITLE

General Description:

This bill enacts a word of wisdom.

Highlighted Provisions:

This bill:

- enacts a word of wisdom.

Money Appropriated in this Bill:

None

Other Special Clauses:

None

Utah Code Sections Affected:

ENACTS:

26B-7-126, Utah Code Annotated 1953

Be it enacted by the Legislature of the state of Utah:

Section 1. Section **26B-7-126** is enacted to read:

26B-7-126 . Word of Wisdom.

- (1) A Word of Wisdom, for the benefit of state residents.
- (2) Not by commandment or constraint, but by the word of wisdom.
- (3) Given for a principle with promise, adapted to the capacity of the weak and the weakest of all state residents, who are or can be called state residents.
- (4) In consequence of evils and designs which do and will exist in the hearts of conspiring individuals in the last days.
- (5) That inasmuch as any individual drinketh wine or strong drink among you, behold it is not good, only in assembling yourselves together to offer up your sacraments.
- (6) And, behold, this should be wine, yea, pure wine of the grape of the vine, of your own make.

- 30 (7) And, again, strong drinks are not for the belly, but for the washing of your bodies.
- 31 (8) And again, tobacco is not for the body, neither for the belly, and is not good for
- 32 individuals, but is a herb for bruises and all sick cattle, to be used with judgment and
- 33 skill.
- 34 (9) And again, hot drinks are not for the body or belly.
- 35 (10) And again, verily I say unto you, all wholesome herbs ordained for the constitution,
- 36 nature, and use of individuals.
- 37 (11) Every herb in the season thereof, and every fruit in the season thereof; all these to be
- 38 used with prudence and thanksgiving.
- 39 (12) Yea, flesh also of beasts and of the fowls of the air, nevertheless they are to be used
- 40 sparingly;
- 41 (13) And only in times of winter, or of cold, or famine.
- 42 (14) All grain is to be the staff of life, not only for individuals but for the beasts of the field,
- 43 and the fowls of heaven, and all wild animals that run or creep on the earth;
- 44 (15) And these to be used only in times of famine and excess of hunger.
- 45 (16) All grain is good for the food of individuals; as also the fruit of the vine; that which
- 46 yieldeth fruit, whether in the ground or above the ground.
- 47 (17) Nevertheless, wheat for individuals, and corn for the ox, and oats for the horse, and rye
- 48 for the fowls and for swine, and for all beasts of the field, and barley for all useful
- 49 animals, and for mild drinks, as also other grain.
- 50 (18) And all state residents who remember to keep and do these sayings, walking in
- 51 obedience to the commandments, shall receive health in their navel and marrow to their
- 52 bones;
- 53 (19) And shall find wisdom and great treasures of knowledge, even hidden treasures;
- 54 (20) And shall run and not be weary, and shall walk and not faint.

55 **Section 2. Effective Date.**

56 This bill takes effect on May 6, 2026.