



Utah Association of Area Agencies on Aging

LEGISLATIVE REQUEST FOR SENIOR NUTRITION PROGRAMS – FY16

Request

\$500,000 added to the base budget of the Division of Aging & Adult Services for Meals-on-Wheels and Senior Center Meals.

The FY15 Budget includes \$300,000 of one-time funding for meals.

How the Funds will be Spent

71,428 Meals for 476 Seniors.

150 meals per senior, per year, approximately 3 meals per week at \$7.00 ea.

The average number of meals a senior receives each year is lower than might be expected because:

- Seniors and family members are expected to provide for themselves as much as possible. The number of meals that a senior receives correlates with their need.
- Many seniors receive Meals-on-Wheels when they return home from a hospital stay and go off the meal program as their health improves.
- Most seniors participating in the meal program at senior centers do not attend every day.

Why

- Keep seniors healthier, which allows them to remain at home, where they want to be, as they age.
- Help reduce future costs by reducing the need for taxpayer supported institutional care.
- Losing \$300,000 of one-time funding that we currently have reduces the number of meals being served by 43,000 to 285 seniors.

AREA AGENCIES ON AGING

Bear River Area Agency on Aging
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Uintah Basin Area Agency on Aging
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