$250,000 for 12 local Area Agencies on Aging to provide respite care, information, and support activities to caregivers.

(Add to Base Budget of Aging & Adult Services – Human Services Department)

**Economic sense:**

Support provided to caregivers helps them continue to act in their role of meeting the long-term care needs of their loved ones, at home, reducing taxpayer expenses today and in the future.

365 million hours of care

Unpaid caregivers are meeting 90% of long-term care needs.

**Burden on caregivers:**

40% - 70% of caregivers have clinically significant symptoms of depression.

72% of caregivers said they do not go to the doctor because they put their family’s needs first. Half said they were too tired to take care of themselves.

The typical caregiver is a 46-year-old female providing more than 20 hours of care each week.

Local survey of caregiver needs:

- 65% had been a caregiver for 3-10 years.
- 53.7% listed respite care as the most needed service.
- 60.3% requested education and information on caregiving.
- 82.5% are caring for their spouse or parent.

Legislative funding requested:

For more information:

www.mountainland.org/aging/funding