



Utah Association of Area Agencies on Aging

LEGISLATIVE REQUEST FOR SENIOR NUTRITION PROGRAMS – FY17

\$500,000 added to the base budget of the Division of Aging & Adult Services for Meals-on-Wheels and Senior Center Meals.

The FY16 budget included \$300,000 one time funding from the general and \$150,000 from reserves. \$300,000 one-time funding was allocated in FY15.

How the funds will be expended

61,881 Meals for 412 Seniors. (Direct costs associated with meal preparation and delivery, no administrative costs.)

Why we should fund senior meals

- ✓ Meals help seniors remain healthier and maintain their independence at home, where they want to be.
- ✓ Help reduce future costs by reducing the need for taxpayer supported institutional care.
- ✓ Prevent waiting lists for meals being established throughout the state as the senior population continues to grow.

Performance indicators

- Meals on Wheels recipients in Utah report:
 - 83% said the meal helped them to continue to live at home.
 - 72% said the meal was their primary meal of the day.
 - 82% said that knowing someone will be delivering a meal helped them feel safe at home.
 - 55% said the driver or volunteer was the only person they saw most days.
- 50% of seniors eating at senior centers report that the meal provides one-half or more of their daily food intake.(OAA National profile 2011)
- National studies report:
 - States that invest more on Meals on Wheels have lower rates of “low-care” seniors in nursing homes. Utah is identified as one of 25 states in the country that would realize Medicaid savings. (Thomas and Mor, Brown University)
 - For every \$1 invested in Meals on Wheels, up to \$50 could be saved in Medicaid (Center for Effective Government)
 - Seniors can receive a meal five days per week for a year for the same cost as one day in the hospital or 6 days in a nursing home. (US Administration on Aging)

SENIOR NUTRITION PROGRAMS - FY2017 Funding Request - \$500,000

Utah Area Agencies on Aging (U4A)

LINE ITEM BUDGET

CATEGORY	Line Items	Total Cost
MEAL COST		
Purchased Meal Cost (contracted rate)	\$ 277,680.00	
Prepared Meal Cost:		
Food Cost	\$ 80,356.00	
Meal Preparation	\$ 7,100.00	
		\$ 365,136.00
MEAL PRODUCTS		
Paper Products (trays, utensils, plates, etc.)	\$ 16,572.00	
Other Supplies	\$ 1,200.00	
		\$ 17,772.00
MEAL DELIVERY COST		
Delivery Staff (salary and fringe)	\$ 48,920.00	
Other	\$ 1,200.00	
Volunteer Expenses (mileage, training, etc.)	\$ 11,800.00	
Gasoline	\$ 7,672.00	
Vehicle Maintenance	\$ 9,800.00	
		\$ 79,392.00
PERSONNEL		
Meal Program Staff (salary and fringe)	\$ 37,700.00	
		\$ 37,700.00
TOTAL LEGISLATIVE REQUEST		\$500,000