

CAPSA is a domestic violence, sexual assault and rape recovery center serving Cache and Rich counties. CAPSA is requesting \$100,000 in one time funds.



FUNDING REQUEST

CAPSA is a nonprofit domestic violence, sexual assault, sex trafficking, and rape crisis and support center serving Cache and Rich Counties. CAPSA is requesting **\$100,000** in one time funds to build an addition to their existing building which will add five therapy office above a new children's center.

INCREASED NEEDS

The need in Utah for domestic violence, sexual assault, and rape support services continues to increase. Utah is above the national average for domestic violence, sexual assaults, and rape. CAPSA is continually expanding direct client services to address this increase.

In 2016 CAPSA increased its therapy program from one to four therapists and increase emphasis on children and teen programs. This increase requires the need for additional office space and a larger children's center.

A NEW THERAPY AND CHILDREN'S CENTER

CAPSA identified the need to build an addition to their current location adding five therapy offices above a new children's center to accommodate the increase in services. Additional expenses have been identified for overdue maintenance, needed repairs and necessary remodels at a total cost of \$390,450. CAPSA has raised \$284,200 from private foundations & donors leaving \$106,250.

IF ADDITIONAL FUNDS ARE AVAILABLE, WE ALSO HAVE IMMEDIATE NEED FOR...

Additional funds would be utilized for the following priorities:

- Replace outdated phone system – critical to maintain a 24-Hour Support Phone Line
- Furniture for therapy offices and children's center
- Update and increase security system to protect staff and clients
- Expand therapy hours to reduce waiting list – no one in trauma should have to wait for help

CAPSA needs your support to ensure there is always a safe place for those fleeing abuse. The above items would cost approximately \$100,000.

THE PROBLEM

UTAH DOMESTIC VIOLENCE STATS

1 in 3

1 in 3 women will experience intimate partner violence in her lifetime. ~ CDC

1 in 5

1 in 5 women will experience intimate partner violence this year. ~ CDC

42%

42% of all adult homicides are domestic violence related (since 2000). ~ VIPP

80

Approximately 80 children witness their mother murdered, almost killed, or find her post homicide, every year. ~DCFS

OUR RESPONSE

CAPSA SERVICES 2016

1069

Individuals Served
1,069



Shelter Nights Provided
5,351



Hot line Phone Calls
6,253



Client Services Hours
30,680



CAPSA is a nonprofit domestic violence, sexual assault, and rape recovery center serving Cache and Rich counties. Last year CAPSA sheltered 297 men, women, and children fleeing abuse and provide support services to 1,069 individuals.

All services are FREE and confidential! CAPSA provides:

A SAFE PLACE
Emergency Shelter

A LIGHT IN THE DARKNESS
24-Hour Support Line

A HAND TO HOLD
Advocacy and Support Services

LIFE SAVING SUPPORT
24-Hour Response Team

A PLACE TO HEAL
Therapy Services

A BRIGHTER FUTURE
Children Services



CAPSA PROVIDES...

Last winter Emma*, a young mother, and her two small children walked barefoot to our shelter in the snow. They were barefoot because dad controlled when they could, or could not, leave their home. When they put on their shoes, dad would know they were leaving. This time, it was not safe for dad to know.



A SAFE PLACE

Emma and her children found refuge in CAPSA's shelter. For Emma, this was the first time in years that she slept without fear. With a caseworker assisting her, she found a job and daycare for her two small children.



A WAY TO HEAL

During her stay in shelter, Emma and her older daughter started attending therapy. Last year, CAPSA expanded its therapy from 1 to 4 therapists including a full-time child and teen therapist.



A PLACE TO CALL HOME

In 2015, CAPSA completed a nine home neighborhood which was only possible because of local donors. This has given Emma a place to call home and to begin her life again.

**Names and stories are altered for the purpose of safety and confidentiality*

FUNDING REQUEST FOR CAPSA (Citizens Against Physical and Sexual Abuse)

For more information please contact Jill Anderson, Executive Director - 435-753-2500, 435-757-1476 cell

INCREASED NEEDS

Domestic Violence Shelters serving Utah are frequently forced to turn away individuals seeking shelter, therapy, and children's services because of limited space and funding. CAPSA (Citizens Against Physical and Sexual Abuse) is no different, in 2015 CAPSA turned away 170 individuals from shelter and consistently had a waiting list for therapy and children's services. In 2016, CAPSA sheltered 297 individuals for 5,351 nights of stay and provided case management, therapy, and children's services to an additional 772 individuals. Over 8,347 sessions of casework were provided, 1,355 therapy sessions, and over 6,253 calls for information and referral.

Last winter Emma*, a young mother and her two small children walked barefoot to our shelter in the snow and slush. They were barefoot because dad controlled when they could, or could not, leave their home. When they put on their shoes dad would know they were leaving. This time, it was not safe for dad to know.

FUNDING REQUEST

In response to the need CAPSA is requesting **\$100,000** in one-time funds to build an addition onto their existing building which will add five therapy offices above a new children's center. This project also includes identified overdue maintenance (differed to meet the immediate needs of victims), needed repairs and necessary remodels at a total cost of \$390,450. CAPSA has raised \$284,200 from private foundations and donors leaving \$106,250.

IF ADDITIONAL FUNDS ARE AVAILABLE, WE ALSO HAVE NEED FOR THE FOLLOWING

Additional funds would be utilized for the following priorities:

- Replace outdated phone system – critical to maintain a 24-hour live support line
- Furniture for the new therapy and children's center
- Update and increase security system to protect staff and clients
- Expand therapy hours to reduce waiting list – no one in trauma should have to wait for help

We need your help to make sure there is always an open door.

UTAH, HIGHER THAN THE NATIONAL AVERAGE IN DOMESTIC VIOLENCE, SEXUAL ASSAULT, AND RAPE

Domestic violence is a public health and human rights issue in Utah. It is urgent and necessary for Utah to support services and safety for victims to reduce the costly, intergenerational risk factors of domestic violence in Utah.

Based on the data of the Utah Department of Health and the National Violent Death Reporting System:

- Each month, at least 1 woman is murdered by her intimate partner in the Utah.
- There are at least 3 DV-related suicides per month in Utah.
- Every year, at least 80 of Utah's children witness their mother's murder or attempted murder by an intimate partner
- Less than 60% of those children received any counseling; they are 38% more likely to enter the criminal justice system as an adult.
- 63% of homeless women and 40% of homeless families in Utah are victims of domestic violence.
- In Utah, DV emergency shelters report approximately 3000 unmet requests for help each year due to limited capacity.
- 70% of IPV homicide victims were killed within the first 72 hours following departure from an abusive partner; 65% of those DV victims had open DCFS cases at the time of their murder.

Domestic violence is costly, intergenerational, and preventable. With state support and careful implementation of proven programs, we know we can improve Utah's rates and trends for a fraction of the cost of victimization.

Presenters:

Jill Anderson, Executive Director – 435-757-1476
Chuck Gay, Volunteer Board Member
Michael Guthrie, Vice President Lewiston State Bank
Brad Franke, Lieutenant Logan City Police Department

Detailed Budget:**Expenses:**

Addition Construction/differed maintenance/remodel
Total costs: \$390,450

Income:

Private Donations received: \$284,200

Remaining Amount Needed: \$106,250

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Performance Measures**Measurements and Outcomes:**

- A. Expand programs to serve survivors of domestic violence and their families reducing unmet needs (turn away from service due to capacity) and wait times for those in crisis to receive counseling and other services.
B. Outcomes will be based on the services provided including, but not limited to:

- a. Total clients served
- b. Reduction in number of individuals with unmet needs / wait lists / wait times (survivors in crisis need immediate response)
- c. Number of clients referred to program
- d. Number of clients engaged in counseling
- e. Number of clients that attend workshops/skills courses
- f. Coordination of services - Frequency of specialized victim advocacy to engage a victim in developing a plan and coordinated services and resources required to respond to the his/her needs including financial assistance, transportation, basic needs, employment and education supports, health care coverage and safe housing.
- g. Frequency of legal advocacy for victims (ie. assistance in petitioning for a protective order)

- C. Impact on clients:

- a. Assessing the level of survivor knowledge of community resources following the provision of victim supportive services.
- b. Assessing the level of a survivor's ability to improve their ability to plan for their safety following the provision of victim supportive services.
- c. Assessing the level of positive outcomes for survivors following trauma recovery treatment services.