



Presented by:
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What is CIT?

“Crisis Intervention Team (CIT)
is an innovative first-responder model of
police-based crisis intervention with
community, health care, and advocacy partnerships.”

~ Crisis Intervention Team Core Elements; The University of Memphis: Dupont, Cochran, Pillsbury; 2007 ~



What is CIT?

“CIT is a program that provides the foundation necessary to promote community and statewide solutions to assist individuals with a mental illness.”

~ Crisis Intervention Team Core Elements; The University of Memphis: Dupont, Cochran, Pillsbury; 2007 ~



CIT Utah Program History

1988 Memphis, TN developed program

2000 Steering Committee developed

2001 1st CIT Utah Academy

- Utah Division of Substance Abuse and Mental Health
- NAMI Utah

2004 1st Regional CIT Utah Academy

- Veteran's Administration
- Salt Lake City Police Department

2007 1st CIT Academy for Corrections

- Valley Mental Health
- University Medical Center

2008 CIT International, Inc. formed

- Persons with Lived Experience

2011 1st CIT for Youth Training

2015 CIT Utah, Inc., formed

2016 State contract awarded to CIT Utah, Inc.



Program is Regionally Partnered, Developed, and Conducted

Partnerships that develop effective crisis response systems!

- Providing Training
 - Law Enforcement Services
 - Emergency Communication Centers
 - Behavioral Health Services
 - Communities
- Developing Crisis Services
 - Crisis Line
 - MCOT
 - Receiving Center
- Advocating for Accessible Behavioral Health Services
 - Community Services (ACT Teams)
 - Post-arrest Programs (Mental Health Courts)



CIT Philosophy

“CIT, more than just training!”

~ Major Sam Cochran (Ret.), Memphis Police Department ~

