



# UTAH STATE PLAN FOR ALZHEIMER'S DISEASE AND RELATED DEMENTIAS

**Legislative Funding Request—\$1,959,500**

*Fiscal Year 2019*

## State Plan Fulfillment (Division of Aging) — through RFP by the Area Agencies on Aging (\$1,159,500)

### 1. In-home services (Medicaid Aging Waiver) [GOAL #2] .....\$150,000

- Assists **Medicaid-eligible** seniors at-risk of nursing home placement to remain at home, reducing the taxpayer burden.
  - Medicaid pays 100% of skilled nursing home costs for individuals on Medicaid residing in nursing homes. (Federal share 70% - State share 30%)
  - Individuals must be on Medicaid or be eligible to obtain Medicaid and must meet nursing home level of care requirements.
  - An array of non-medical support services such as homemaking, personal care, adult day care, emergency response systems, and case management provided.
  - \$150,000 plus the federal match of \$450,000 would increase the Aging Waiver budget by \$600,000, allowing an additional 61 seniors to be served, reducing the current waiting list of 140 by 79 individuals.
  - 764—Participants served in FY17
    - Seniors assisted represents 1 out of every 403 seniors (65+) in Utah
    - The annual cost of an Aging Waiver client is \$9,800 versus the \$70,000+ cost of a Medicaid skilled nursing home resident.
    - 140—Individuals are waiting for assistance.
  - \$7,480,400 – Medicaid Aging Waiver Program Budget FY17
    - State                   \$2,041,754                   27.3%
    - Federal               \$5,437,646                   72.7%
    - Local                   \$ 1,000                       00.01%

### 2. In-home services (Alternatives Program) [GOAL #2] .....\$503,000

- Assists **Non-Medicaid-Eligible** seniors at risk of assisted living placement. Prevents or delays premature institutional care serving individuals 18 and older (approximately 95% of participants are seniors 60+) who are: at risk of nursing home placement; meet federal poverty income guidelines (\$1,508 per month); and have limited assets (\$6,000).
- \$503,000 would serve an additional 80 individuals, reducing the current waiting list of 588 by 14%.
- Services provided are non-medical services and include assistance such as: personal care; homemaker services; transportation; chore services; and emergency response systems.
- 802 – Participants served in FY2016
  - Seniors assisted represents 1 out of every 549 seniors (60+) in Utah
  - \$6,292- approximate average annual cost per participant versus the \$65,000- \$70,000 annual cost of skilled nursing home care in Utah

- 588 – Individuals are on the state-wide waiting list (5/31/2017)
- \$5,046,237 – Alternatives Program Budget FY17
  - State \$2,925,188 58.0%
  - Federal \$1,047,381 (SSBG) 20.8%
  - Local \$1,073,668 21.2%

### 3. Caregiver Services [GOAL #3].....\$251,500

- Respite care and other caregiver support services provided for caregivers to help caregivers continue to act in their role of meeting the long-term care needs of their loved ones, at home, reducing taxpayer expenses today and in the future.
- The program provides short-term assistance that provides immediate relief for the caregiver; provides information to the caregiver to help them access other resources; provides education; and enhances their caregiving skills which allow them to be in a better position to fulfill their role as caregiver with less taxpayer support in the future.
  - Caregivers can receive up to \$1,500 of services or be on the program for one year, whichever comes first.
  - \$251, 500 would not increase level of service but rather allow AAA's to maintain 168 caregiver slots that would otherwise be lost because they have been funded with one-time monies.
  - 802- Participants served in FFY16
    - Seniors assisted represents 1 out of every 549 seniors (60+) in Utah
    - \$2,229- approximate average annual cost per caregiver
    - 180 – Individuals are on the state-wide waiting list (5/31/2017)
  - \$1,787,702 – Caregiver Program Budget FY17
    - State \$ 568,527 31.8%
    - Federal \$1,160,063 (SSBG) 64.9%
    - Local \$ 59,112 3.3%

### 4. Ombudsman Services [GOAL #2].....\$255,000

- Provides advocacy and complaint resolution on behalf of all residents residing in skilled nursing facilities and assisted living facilities.
  - Federal law recently changed requiring this service to be provided to all residents. Previously, only covered residents 60 years of age and older.
  - Generally speaking, younger residents require more time to resolve issues.
- This service is a requirement to receive federal funding for our core senior programs such as: meals on wheels; senior center meals and programs; caregiver support; in-home services; transportation; legal services, etc.
- \$255,000 of additional funding would increase local ombudsman positions in the state by 5.0 F.T.E.'s, from 9.5 to 14.5
  - In the last 2 years the number of facilities has increased from 300 to 347, a 15.6% increase and the number of beds has increased from 16,567 to 18,823, a 13.6% increase.
  - The numbers of facilities currently overseen by each ombudsman would reduce from 36 to 24 and the number of beds from 1944 to 1298, a 33 % reduction.
- \$636,328 – Ombudsman Program Budget FY17
  - State \$261,272 41.1%
  - Federal \$123,125 19.3%
  - Local \$251,931 39.6%

## State Plan Fulfillment—Provided directly by Utah Department of Health, State Alzheimer’s Plan Specialist (\$115,000)

- 5. Healthcare Provider Education [GOAL #4] ..... \$50,000**
  - CME quality training on diagnosis methods, critical conversations with patients, and related research in partnership with HealthInsight.
  
- 6. Caregiver Training [GOAL #3] ..... \$50,000**
  - Increase Dementia Dialogs training programs currently offered to caregivers, with increased focus on rural communities
  
- 7. BRFSS Survey [GOAL #5] ..... \$15,000**
  - Inclusion annually of Cognitive and Caregiver modules in BRFSS to capture statewide data

## State Plan Fulfillment—Contracted through the UDOH Division of State Purchasing (\$300,000)

- 8. Community Care Consultation [GOALS #2 & 3] .....\$200,000**
  - \$153,600 to hire 3 community outreach specialists @ \$40,000 each plus benefits
  - \$46,400 in additional materials and program supplies
  
- 9. Alzheimer’s Public Awareness [GOAL #1].....\$100,000**
  - To be used for state-wide public awareness campaign focused on three key issues:
    - Raise awareness of the growing prevalence of Alzheimer’s disease and related dementia and to break down stigma associated with the disease
    - Promote cognitive assessments to seniors as part of their annual wellness visit while simultaneously educating healthcare professionals about available assessment tools
    - Create awareness of community resources available (i.e. Alzheimer’s Association Helpline and website, Area Agencies on Aging, Public Health Offices, etc.)
  - Promote other community partners to contribute a match to enhance the campaign. Partners include:
    - Media companies (Provide matches to nonprofit partners)
    - Healthcare systems
    - Insurance companies
    - Other health related companies
    - Municipalities
  - Campaign will consist of:
    - Social/digital
    - Print ads in major news outlets
    - Billboard/bus signage
    - Radio
    - Television

## State Plan Fulfillment— Contracted through the UDOH Division of State Purchasing (\$385,000)

### 10. Alzheimer’s Research [GOAL #5].....\$385,000

- The National Institutes of Health have approximately \$1.8 billion for Alzheimer’s based research. These state funds of \$385,000 will be specified for Utah based research entities focused on Alzheimer’s disease and related dementia. They will be used for start-up research programs with the aim to qualify these entities for larger NIH grants, which will be a stimulus for Utah economic development and job growth.

### APPROPRIATION REQUEST BREAKDOWN:

- \$1,159,500 to the Utah Department of Human Services, Division of Aging
- \$800,000 to the Utah Department of Health, State Alzheimer’s Plan Specialist