Utah Coalition for Opioid Overdose Prevention

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The Utah Department of Health’s mission is to protect the public’s health through preventing avoidable illness, injury, disability, and premature death; assuring access to affordable, quality health care; and promoting healthy lifestyles.

Our vision is for Utah to be a place where all people can enjoy the best health possible, where all can live and thrive in healthy and safe communities.
HEALTHIEST PEOPLE – The people of Utah will be among the healthiest in the country.

OPTIMIZE MEDICAID – Utah Medicaid will be a respected innovator in employing health care delivery and payment reforms that improve the health of Medicaid members and keep expenditure growth at a sustainable level.

A GREAT ORGANIZATION – The UDOH will be recognized as a leader in government and public health for its excellent performance. The organization will continue to grow its ability to attract, retain, and value the best professionals and public servants.
Unintentional and Undetermined Opioid Deaths per 100,000 Population, Age-adjusted Rates, Utah and U.S., 1999-2016
Executive Committee

Steering Committee

- Access to Treatment
  - Opioid Fatality Review Committee
  - Drug Monitoring Initiative
- Data and Evaluation
- Harm Reduction
- Public Safety
- Provider Training
  - SBIRT – Behavioral Health
    - Pharmacological Treatments
    - Non-pharmacological Treatments
- Public Awareness
  - Stop the Opiodemic
  - Use Only as Directed

Mission Statement
Prevent and reduce opioid abuse, misuse, and overdose deaths in Utah through a coordinated response.
## UCO-OP Goals

### Decrease high risk prescribing by 20% from 2015 to 2019

1. Rate of opioid prescriptions dispensed per 1,000 population
2. Percent of opioid prescriptions with a daily MME > 90
3. Percent of overlapping opioid / benzo prescriptions

<table>
<thead>
<tr>
<th>Goal</th>
<th>Measures</th>
<th>2015 Baseline</th>
<th>2016</th>
<th>2017</th>
<th>2019 Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decrease high risk prescribing by 20% from 2015 to 2019</td>
<td>1. Rate of opioid prescriptions dispensed per 1,000 population</td>
<td>798.2</td>
<td>736.8</td>
<td>655.9</td>
<td>637.5</td>
</tr>
<tr>
<td></td>
<td>2. Percent of opioid prescriptions with a daily MME &gt; 90</td>
<td>12.1%</td>
<td>10.3%</td>
<td>12.1%</td>
<td>9.6%</td>
</tr>
<tr>
<td></td>
<td>3. Percent of overlapping opioid / benzo prescriptions</td>
<td>13.8%</td>
<td>14.1%</td>
<td>19.6%</td>
<td>11.1%</td>
</tr>
</tbody>
</table>

### Decrease opioid overdoses by 10% from 2015 to 2019.

1. Rate of undetermined / unintentional prescription opioid deaths per 100,000 population
2. Rate of undetermined / unintentional heroin deaths per 100,000 population

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<td>Decrease opioid overdoses by 10% from 2015 to 2019</td>
<td>1. Rate of undetermined / unintentional prescription opioid deaths per 100,000 population</td>
<td>9.2</td>
<td>8.3</td>
<td>--</td>
<td>8.2</td>
</tr>
<tr>
<td></td>
<td>2. Rate of undetermined / unintentional heroin deaths per 100,000 population</td>
<td>4.3</td>
<td>5.3</td>
<td>--</td>
<td>3.9</td>
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## UCO-OP Goals

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<td><strong>Increase access to naloxone by 50% from 2015 to 2019.</strong></td>
<td>1. Percent of pharmacies participating in Utah’s Statewide Standing Order.</td>
<td>0</td>
<td>17.6%</td>
<td>33.4%</td>
<td>50.0%</td>
</tr>
<tr>
<td></td>
<td>2. Number of naloxone doses dispensed through Utah’s Statewide Standing Order and enrolled Overdose Outreach Providers.</td>
<td>0</td>
<td>2,346</td>
<td>7,044</td>
<td>10,000</td>
</tr>
<tr>
<td><strong>Increase linkages to treatment and recovery services by 10% from 2015 to 2019.</strong></td>
<td>1. Number of individuals served in substance abuse disorder treatment for opioid use disorder.</td>
<td>15,049</td>
<td>14,729</td>
<td>--</td>
<td>16,550</td>
</tr>
<tr>
<td></td>
<td>2. Number of individuals using substance abuse navigation services.</td>
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<td>--</td>
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</table>
UCO-OP Successes

  • Gabepentin
  • Hot Spots
  • Recent Release
• Naloxone Open Application [https://naloxone.utah.gov/narcan-request](https://naloxone.utah.gov/narcan-request)
• Provider / Insurer Round Table [https://ucoop.utah.gov/healthcare/healthcare-resources/](https://ucoop.utah.gov/healthcare/healthcare-resources/)
• Controlled Substance Database Patient Dashboard
  • Governor’s Award
  • National Innovative Initiative Finalist
Upcoming UCO-OP Initiatives

- Controlled Substance Database Prescriber Dashboard
- Internal and Public Indicator Dashboard
- Provider / Insurer Round Table Follow up / Summit
- Prescriber Campaign / Harm Reduction Campaign
- Substance Abuse Navigation
Needed Support

- Increasing access to medication assisted treatment (rural and frontier areas)
- Educating healthcare professionals that opioid addiction is a medical illness
- Developing substance abuse navigation systems for families and individuals and increase linkages to treatment and recovery
- Rapidly identifying drug overdose outbreaks and implementing community responses
- Leveraging poison control center for overdose education including naloxone and centralized administration data
- Targeting naloxone access in correctional settings, individuals using harm reduction services and to persons at risk for opioid-related overdose including friends family members
- Supporting and reimbursing physical therapy, occupational therapy, acupuncture, massage therapy, and chiropractic care
- Exploring and promoting ways to increase economic opportunities in rural areas
- Destigmatizing help-seeking behaviors and increasing strategies that emphasize empathy, respectful treatment, and patient-centeredness