

The Four Corners Community Behavioral Health Opioid Use Disorder

Strategic Plan

FCCBH has developed a strategic plan to combat the opioid epidemic which creates specific, localized interventions aimed at; Primary, Secondary and Tertiary Prevention, SUD Treatment, and Recovery Support interventions.

The FCCBH strategic plan blends funding from a variety of resources, engages private and public partnerships within the local communities, increases investment in the local community coalitions and opens up resources and services to all community members regardless of funding source (or lack thereof).

Primary Prevention Efforts: In an effort to clearly prevent OUD, the FCCBH strategic plan engages the services of two Medical Doctors who are addiction psychiatrists to provide local prescriber education. This will be aimed at managing prescriptive practice to reduce initial addiction, assistance with developing data bank review procedures, detox protocols as well as transitioning patients into MAT resources and clinics when medically necessary. Primary Prevention efforts of this strategic plan also include the creation of opioid take-back boxes at local pharmacies.

Secondary Prevention Efforts: To prevent the progression of OUD disease and to catch and treat as early as possible, the FCCBH strategic plan sought avenues for funding for MAT services which are accessible to all community members in need.

Tertiary Prevention Efforts: To prevent the tragic end stage of OUD disease, overdose deaths, a widespread community Naloxone training, education and kit distribution effort has been implemented.

2. What is your organization doing to address the demand/user side of opioids? What suggestions does your organization have (if any) to address the user side of opioids?

Four Corners provides, or contracts to provide, all ASAM levels of substance use disorder treatment depending on medical need. A zero based sliding scale fee along with many grants are utilized to make services affordable. Peer Support services are offered to those struggling with opiate addiction to help in the navigation of resources and assist with building recovery capital.

With Federal STR funding, in April of 2018, Four Corners was able to open an Opioid Treatment Program (OTP). Medication along with treatment is offered. Medications include Methadone, Vivitrol, Naltrexone and Suboxone. Treatments are all evidence based therapeutic clinical interventions. At present, 40 individuals are being treated with 3-4 new intakes weekly. Because there is no public transportation a van service has been set up for folks living in remote areas without means of transportation. Utah legislature HB 3 MAT funds will allow us to serve an additional 34 individuals in Medication Assisted Treatment (MAT) for an entire year. The same legislative allocation from HB 3 funded a full time clinical coordinator to manage the MAT program, bridge folks from jail to the clinic, coordinate care with the local hospital, crisis services, physicians and the community in general. The goals are to vastly reduce overdose deaths and helps community members stabilize, learn skills, build recovery capital and become functioning members of society. A Naltrexone observation project in Carbon and Emery Counties serves around 50 individuals daily.

A widespread community Naloxone training, education and kit distribution effort has been implemented. Several grant have been written to provide local training and to give out free Naloxone kits. Naloxone Kits are given out to anyone who requests one.

Transitional Housing is being developed in Carbon County to assist for those in SUD recovery, including single adults as well as families with dependent children.

A local group entitled 'The Rural Opioid Healthcare Consortium' has recently been established. This group is tasked with planning, identifying gaps and creating a plan of action for combating the local opioid epidemic.

Ideas/Suggestions:

- Messaging to reduce the stigma of getting SUD help in the first place- so folks will seek help earlier on in their addiction.
- A local facility to hold recovery meetings.
- Something for adolescents to do (besides party) for kids to do- Build Carbon County a rec center!
- Splash Pad for young families and babies to 'build community' locally.
- Give funds to provide resiliency skills to elementary school kids and provide jobs for their parents!
- IGP- Help us tackle this problem with job training and JOBS
- Help us diversify- from extraction to diverse businesses
- Funding- NOT just one year funding things to promote --long term change
- Neonatal Syndrome-Help with this problem- these are the next generation
- Help financially sustaining the OTP in the long term
- Daycare assistance for parents to attend treatment
- Support for grandparents raising grandkids
- Medicaid expansion so folks have an insurance benefit to pay for care.
- Funding to create and provide sober living.
- Parenting mentors
- Resources for Families to raise resilient youth
- Transportation –give us a bus or two or three to help folks get to treatment
- A 'Treatment Navigator' to help families of those addicted and persons addicted
- Emergency interventions help at the moment they request help.
- Jobs/ employment opportunities for those in long term recovery. Local Industry development- more diverse industry resources in Carbon County
- Tax credits for incentives for employers to hire folks in recovery