

The Four Corners Community Behavioral Health Opioid Use Disorder

Strategic Plan

FCCBH has developed a strategic plan to combat the opioid epidemic which creates specific, localized interventions aimed at; Primary, Secondary and Tertiary Prevention, SUD Treatment, and Recovery Support interventions.

The FCCBH strategic plan blends funding from a variety of resources, engages private and public partnerships within the local communities, increases investment in the local community coalitions and opens up resources and services to all community members regardless of funding source (or lack thereof).

Primary Prevention Efforts: In an effort to clearly prevent OUD, the FCCBH strategic plan engages the services of two Medical Doctors who are addiction psychiatrists to provide local prescriber education. This will be aimed at managing prescriptive practice to reduce initial addiction, assistance with developing data bank review procedures, detox protocols as well as transitioning patients into MAT resources and clinics when medically necessary. Primary Prevention efforts of this strategic plan also include the creation of opioid take-back boxes at local pharmacies.

Secondary Prevention Efforts: To prevent the progression of OUD disease and to catch and treat as early as possible, the FCCBH strategic plan sought avenues for funding for MAT services which are accessible to all community members in need.

Tertiary Prevention Efforts: To prevent the tragic end stage of OUD disease, overdose deaths, a widespread community Naloxone training, education and kit distribution effort has been implemented.

1. What is your organization doing to address the provider/supply side of opioids? What suggestions does your organization have (if any) to address the supply side of opioids?

Four Corners has engaged the services of two Medical Doctors, specializing in addiction psychiatry who are providing local prescriber education on a regular basis. This effort is to guide local prescriptive practice including:

- a. Reducing initial over- prescribing that may lead to addiction
- b. Developing data bank review procedures
- c. Developing and utilizing effective outpatient and inpatient detox protocols
- d. Transitioning patients into local MAT resources and clinics (when medically necessary).
- e. Effectively managing pregnant women with opioid use disorder
- f. Training local prescribers in screening for substance use disorders and make appropriate referrals into effective SUD treatment.
- g. Bringing the University Of Utah School Of Medicine's ECHO project to Eastern Utah for all prescribers who are managing chronic pain and patients with opioid use.
- h. Identifying current gaps in the continuum of care (such as when a person leaves Jail or a hospital)
- i. Helping the local community understand Harm Reduction
- j. Assistance with the development of a multifaceted approach to the opioid epidemic creating a continuum of interventions from prevention to treatment to harm reduction.

Four Corners is also working to increase availability of opioid take-back boxes at local pharmacies.