



UTAH DEPARTMENT OF  
**HEALTH**

**Social Services Appropriations  
Committee**

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# MISSION & VISION



The Utah Medical Association's mission states that Utahns will receive excellent public and individual healthcare services. UMA physicians will practice ethically in a collegial environment without undue regulatory and administrative restrictions and will receive appropriate remuneration.

The Utah Department of Health's mission is to protect the public's health through preventing avoidable illness, injury, disability, and premature death; assuring access to affordable, quality health care; and promoting healthy lifestyles.

Our vision is for Utah to be a place where *all* people can enjoy the best health possible, where *all* can live and thrive in healthy and safe communities.

# UDOH STRATEGIC PRIORITIES



**Healthiest People** – The people of Utah will be among the healthiest in the country.

**Optimize Medicaid** – Utah Medicaid will be a respected innovator in employing health care delivery and payment reforms that improve the health of Medicaid members and keep expenditure growth at a sustainable level.

**A Great Organization** – The UDOH will be recognized as a leader in government and public health for its excellent performance. The organization will continue to grow its ability to attract, retain, and value the best professionals and public servants.

# Executive Committee

## Steering Committee

Access to Treatment

Data and Evaluation

Harm Reduction

Public Safety

Provider Training

Public Awareness

Opioid Fatality Review Committee

Drug Monitoring Initiative

SBIRT – Behavioral Health

Pharmacological Treatments

Non-pharmacological Treatments

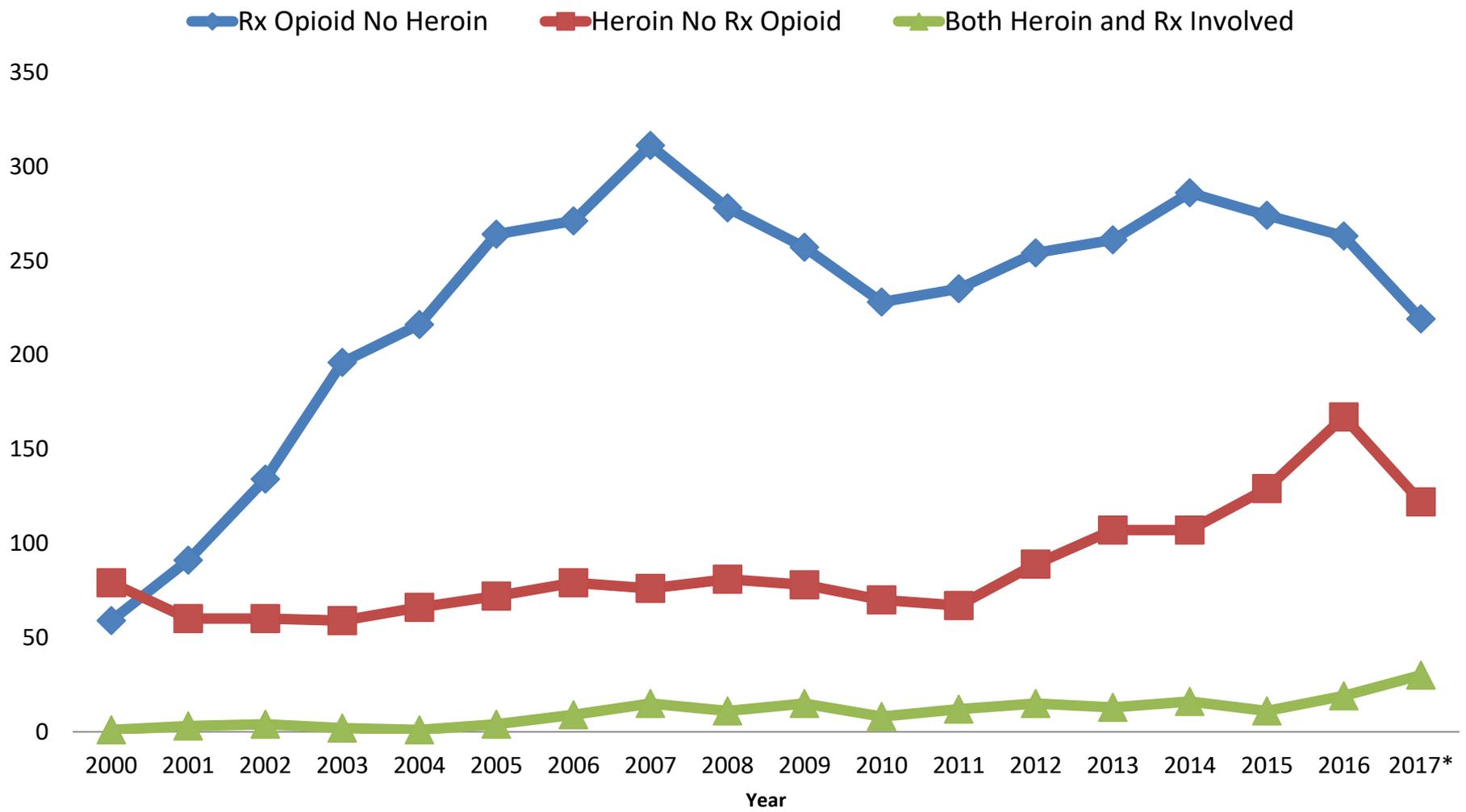
Stop the Opidemic

Use Only as Directed

### Mission Statement

Prevent and reduce opioid abuse, misuse, and overdose deaths in Utah through a coordinated response.

# Number Unintentional and Undetermined Opioid Overdose Deaths by Drug Type, Utah, 2000-2017



Source: Utah Office of the Medical Examiner. \*2017 data preliminary.

# Risk Assessment Tools



## **SOAPP-R®: Screener and Opioid Assessment for Patient with Pain-Revised**

SISAP: Screening Instrument for Substance Abuse Potential

DIRE: Diagnosis, Intractability, Risk, and Efficacy Score

PDUQ-p: Prescription Drug Use Questionnaire

## **COMM: Current Opioid Misuse Measure**

PMQ: Pain Medication Questionnaire

## **PADT: Pain Assessment and Documentation Tool**

ABC: Addiction Behavior Checklist

CAGE-AID: Cut Down, Annoyed, Guilty, Eye-Opener Tool, Adjusted to Include Drugs

RAFFT: Relax, Alone, Friends, Family, Trouble

## **DAST-10: Drug Use Questionnaire**

SBIRT: Screening, Brief Intervention, and Referral to Treatment

DUDIT-E: Drug Use Disorders Identification Test: Extended



**Inexpensive**

**Ease of Use**

**Accurate / Validated**

**Reimbursable**

- SBIRT trained providers
- Medicaid (UCA 26-18-22) / PEHP (UCA 49-20-416)

# Usual Approach to SBIRT



Payer	Code	Description
<b>Commercial Insurance</b>	CPT 99408	Alcohol and/or substance abuse structured screening and brief intervention services; 15 to 30 minutes
	CPT 99409	Alcohol and/or substance abuse structured screening and brief intervention services; greater than 30 minutes
<b>Medicare</b>	G0396	Alcohol and/or substance abuse structured screening and brief intervention services; 15 to 30 minutes
	G0397	Alcohol and/or substance abuse structured screening and brief intervention services; greater than 30 minutes
<b>Medicaid</b>	H0049	Alcohol and/or drug screening
	H0050	Alcohol and/or drug service, brief intervention, per 15 minutes

# Additional Resources



## CDC Guideline for Prescribing Opioids for Chronic Pain

[https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmmwr%2Fvolumes%2F65%2Frr%2Frr6501e1er.htm](https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fmmwr%2Fvolumes%2F65%2Frr%2Frr6501e1er.htm)

## SAMHSA-HRSA Screening Tools

<https://www.integration.samhsa.gov/clinical-practice/screening-tools>

## Screening, Brief Intervention, and Referral to Treatment – SBIRT

<https://www.samhsa.gov/sbirt>

**\*UMA and UDOH joint project on SBIRT education, modeled after UMA / UDOH joint effort on controlled substance prescriber education modules.**

## Utah Clinical Guidelines on Prescribing Opioids for Treatment of Pain

<http://www.health.utah.gov/vipp/pdf/RxDrugs/UtahClinicalGuidelinesOnPrescribing.pdf>

**\*UMA and UDOH joint project.**



# Thank you / Questions