



State of Utah

GARY R. HERBERT
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Lieutenant Governor

DEPARTMENT OF HUMAN SERVICES

ANN SILVERBERG WILLIAMSON
Executive Director

DIVISION OF AGING AND ADULT SERVICES

NELS HOLMGREN
Director

04 February 2019

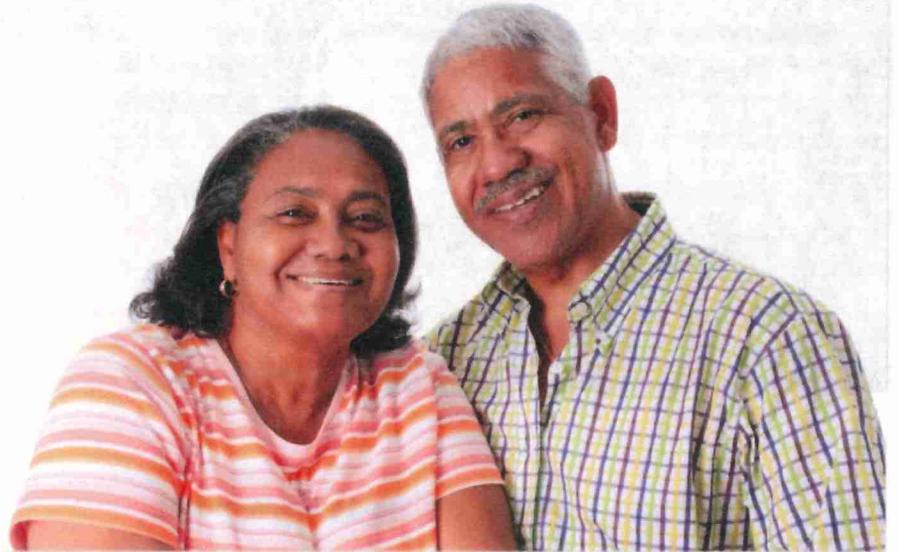
To: The Utah Association of Area Agencies on Aging
From: Nels Holmgren, Division Director, Utah Division of aging and Adult Services

The purpose of this memo is to report on clients served in the current fiscal year (FY19) for the programs listed below. Given that we are still in the fiscal year in question, we only have client data for the first half of the fiscal year. For comparison to the most recent full year of data, I have included the number of clients served during FY18 as well. Below are the numbers of clients served on each of the programs in question for the first half of FY19 (July through December, 2018) relative to FY18:

	FY19 YTD (07/18-12/18)	FY18 Full Year	% FY18 relative to FY19
Alternatives	621	672	92%
Caregiver	290	551	53%
Aging Waiver	439	569	77%
Long-term Care Ombudsman (Cases Closed)	645	1,251	55%

Please don't hesitate to contact me (nholmgren@utah.gov, 801-538-3921) with any additional questions you may have regarding this funding data.

Age happy.
Age healthy.
Age well.



If you are over 55:

Schedule your annual physical exam, if you have questions or concerns about your memory, bring them up during your exam.

If you are over 65:

Schedule your Medicare Annual Wellness Visit and request your free brain health check.

The brain health check is a non-invasive exam consisting of 3 simple steps designed to evaluate your memory.



What is the brain health check?

A cognitive/brain health check (which doctors call a "minicog") is a series of no more than three questions that help doctors evaluate your memory and ability to recall information. You may be asked questions such as the following:

It only takes 3 minutes, it's free with your annual check-up, and it's completely noninvasive.

FY 2019

\$250,000

An outline for the utilization of the one-time legislative funding appropriated to continue the implementation of Utah's State Plan for :

Alzheimer's Disease and Related Dementias



HEALTHIEST PEOPLE
OPTIMIZE MEDICAID
A GREAT ORGANIZATION

COMMUNITY CARE CONSULTATIONS

\$145,000



Statewide capacity will be built for people living with dementia and their caregivers. One-on-one education discussions, support groups and medical care practice visits will be conducted for caregivers and for dementia patients. This will build awareness of the prevalence of dementia and reduce the stigma surrounding an accurate and timely diagnosis within the community.

Funding has been awarded to University of Utah, Center for Alzheimer's Care, Imaging, and Research for patient consultations and Alzheimer's Association, Utah Chapter for Dementia support groups and physician education.

PUBLIC AWARENESS CAMPAIGN

\$45,000



The purpose of this public awareness campaign will be to encourage communication between adults age 55+ and their healthcare providers regarding their brain health, Alzheimer's Disease and Related Dementias. This campaign will also increase awareness of the cognitive screening exam during an Annual Wellness Visit.

Funding has been awarded to EKR Agency for multi-media campaign launching in January 2019.

PHYSICIAN EDUCATION

\$20,000



Trainings will be continue to be conducted to primary care physicians on the utilization of the Mini-Cog Assessment Tool with a concentration on the Annual Wellness Visit. Trainings will be conducted via two platforms: Project ECHO and in-person trainings. An *Alzheimer's Disease and Related Demetnias Resource Guide* will continue to be updated for primary care physicians and other healthcare professionals.

Funding has been awarded to HealthInsight for one-on-one physician education and implementation of Cognitive Care Conference annually.

BRFSS

\$15,000



Two modules will continue to be implemented in Utah: Cognitive Decline and Caregiving. These modules collect statewide data that affords comparisons with other states. Past use of the data can be instrumental in communicating the impact of cognitive problems and caregiving and facilitate understanding of their relationship with other chronic health conditions and health behaviors.

Funding has been utilized by the Utah Department of Health

DEMENTIA DIALOGUES

\$20,000



Dementia Dialogues is hosted throughout the state by certified Dementia Dialogue trainers. Dementia Dialogues is a 5-session training course designed to educate the community and individuals who care for persons who exhibit signs and symptoms associated with Alzheimer's disease or related dementias. Utah has 50 active trainers and has trained over 800 dementia specialists.

Funding has been utilized by the Utah Department of Health.

FY20- Legislative Funding Request

\$750,000 ongoing funding to provide opportunity for aging adults to thrive in Utah



Utah Association of Area Agencies on Aging

REMEMBER UTAH'S SENIORS



Alternatives Program - \$322,500

Serves as an alternative for low-income aging adults who are facing, or may soon face, placement in assisted living or long-term care facility, many of whom have multiple chronic diseases and live alone.

Fiscal Year	Federal Funding	State Funding	Total Funding*	Cost/Client	Total Served UT
FY2017	\$1,049,700	\$2,914,162	\$3,963,900	\$5,100	779
FY2018	\$1,049,700	\$2,869,942	\$3,919,700	\$5,200	765
FY2019*	\$1,049,700	\$3,260,200	\$4,309,900	\$5,600	621*

* YTD Jul-Dec 2018

* Some areas utilize other sources of funding to meet growing demand.



Caregiver Program - \$165,000

Provides education, community engagement, and limited in-home services for those caring for a loved one at home.

Fiscal Year	Federal Funding	State Funding	Total Funding	Cost/Client	Total Served UT
FY2017	\$935,655	\$555,815	\$1,491,500	\$3,000	551
FY2018	\$1,097,735	\$510,668	\$1,608,500	\$3,000	551
FY2019*	\$1,237,600	\$615,000	\$1,852,600	\$3,000	290*

* YTD Jul-Dec 2018



Aging Medicaid Waiver Program - \$97,500

Provides an additional \$320,000 in Federal Medicaid dollars to maintain independence at home for aging adults who already meet nursing home level of care.

Fiscal Year	Federal Funding	State Funding	Total Funding	Cost/Client	Total Served UT
FY2017	\$6,529,700	\$1,089,735	\$7,619,500	\$10,400	738
FY2018	\$4,640,600	\$1,076,392	\$5,717,000	\$10,300	556
FY2019*	\$5,003,400	\$1,057,100	\$6,060,500	\$12,200	439*

*YTD Jul-Dec 2018



Ombudsman Program - \$165,000

Provides an independent representative to advocate for residents of Long-Term Care Facilities through coordination with residents, facility administration, and families.

Fiscal Year	Federal Funding	State Funding	Total Funding*	Cost/Bed	# of Beds
FY2017	\$168,562	\$256,536	\$425,100	\$400	18,408
FY2018	\$167,901	\$279,410	\$447,400	\$500	18,861
FY2019*	\$173,800	\$529,200	\$703,000	\$600	19,047

* est.

* Some areas utilize other sources of funding to meet growing demand.

Services Provided:

- Homemaking
- Personal care
- Adult day services
- Transportation
- Chore services
- Home safety
- Education

These services are critical to supporting the social determinants of health, assuring healthcare consumers overcome obstacles by providing greater engagement and effective health management at home.

Services Provided:

- Advocacy
- Education
- Consultations
- Problem solving
- Health and safety

Program serves residents of skilled nursing and assisted living facilities and works to ensure the care and quality of life for residents regardless of age.

Legislative Special Session Presentation

- **Historical View of Utah State Plan for Alzheimer's and Related Dementia** **Ronnie Daniel**
Executive Director, Alzheimer's Association
 - 2011—National Alzheimer's Project Act (NAPA)
 - 2012—Utah Legislature adopts five-year State Alzheimer's Plan
 - 2014—Federal Alzheimer's Accountability Act
 - 2015—Utah State Legislature approves HB 175
 - 2016—UDOH hires Utah State Alzheimer's Plan Specialist
 - 2017—Alzheimer's Coordinating Council works on plan implementation
 - 2018—Utah State Legislature approves \$1 million one-time appropriation to fund Alzheimer's State Plan initiatives
 - 2018—Alzheimer's Coordinating Council created an updated five-year State Alzheimer's Plan with revised goals and objectives
 - 2019—Utah State Legislature presented with following legislative requests:
 - Move 2018 \$1 million appropriation from one-time funding to ongoing funding
 - Silver Alert Bill—provide higher quality state-wide alert system for seniors who wander with any type of cognitive impairment

- **Utah Demographics on Aging** **Laura Summers**
Senior Healthcare Analyst, Kem C. Gardner Policy Institute, University of Utah
 - 65+ adults to grow from 250,198 in 2010 to 1.2 million in 2065
 - Number of 65+ adults with Alzheimer's or another dementia to grow from 23,000 in 2010 to 121,000 in 2065
 - Number of caregiver for people with Alzheimer's or another dementia to grow from 109,708 in 2010 to 579,665 in 2065
 - Medicaid spending in Utah for people living with Alzheimer's in 2017 was \$160 million, by 2025 that number will be \$231 million. By 2065 it could be over \$581 million

- **Impact of \$750,000 Appropriation to the Division of Aging and Adult Services** **Kristy Cottrell**
Director of Family Health and Senior Services, Davis County Health Department

- **Impact of \$250,000 Appropriation to the Utah Department of Health** **Dr. Joseph Miner**
Executive Director, Utah Department of Health

- **2019 Social Services Appropriation Committee Request** **Ronnie Daniel**
Executive Director, Alzheimer's Association
 - Division of Aging and Adult Services Funding—**\$750,000 ongoing funding**
 - Medicaid Aging Waiver (\$97,500)
 - Alternatives Program (\$322,500)
 - Caregiver Respite Services (\$165,000)
 - Ombudsman Services (\$165,000)