Maternal Mental Health Support
Sponsor: Representative Jen Dailey-Provost

Policy Purpose:
- Improve access to care and support for women experiencing mental health disorders during their childbearing years.
- Build capacity for consistent statewide response in order to prevent suicide for childbearing women and reduce adverse childhood experiences.
- Increase screening and support for mothers and children in underserved areas.

Itemized Budget:

<table>
<thead>
<tr>
<th>State Contribution per year for 3 years</th>
<th>Federal Contribution</th>
<th>Timeframe</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>$100,000 (salary, benefits, current expenses)</td>
<td>n/a</td>
<td>July 1, 2019 - June 30, 2022</td>
<td>Increase referral resource network, coordination of services, including statewide perinatal mental health peer support</td>
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<tr>
<td>$50,000 (salary plus benefits)</td>
<td>n/a</td>
<td>July 1, 2019 - June 30, 2022</td>
<td>Telehealth services, includes part-time mental health specialists to assess and evaluate high-needs cases and provide clinical support and training to Local Health Districts</td>
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<tr>
<td>$100,000 ($20,000 per health district for 5 districts)</td>
<td>$500,000</td>
<td>July 1, 2019 - June 30, 2022</td>
<td>Local Health District support, assistance with technology, staff capacity</td>
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</tbody>
</table>

Proposed Performance Measures for the Department of Health:
1. At least 75% of women in the target population receive screening for perinatal depression/anxiety.
2. Of the women who screen positive for perinatal depression/anxiety, 100% receive patient education materials and are referred to mental health services as appropriate.
3. Attain 75% follow-up for women referred to mental health services 6-8 weeks post-screening.
4. Increase by 50% the number of visits to online referral network and resources.
5. Increase opportunities for cross-referral and intervention with home visiting programs that support children under the age of 6 where mother screens positive for perinatal depression/anxiety.