

Maternal Mental Health Support

Sponsor: Representative Jen Dailey-Provost

Policy Purpose:

- Improve access to care and support for women experiencing mental health disorders during their childbearing years.
- Build capacity for consistent statewide response in order to prevent suicide for childbearing women and reduce adverse childhood experiences.
- Increase screening and support for mothers and children in underserved areas.

Itemized Budget:

State Contribution per year for 3 years	Federal Contribution	Timeframe	Description
\$100,000 (salary, benefits, current expenses)	n/a	July 1, 2019 - June 30, 2022	Increase referral resource network, coordination of services, including statewide perinatal mental health peer support
\$50,000 (salary plus benefits)	n/a	July 1, 2019 - June 30, 2022	Telehealth services, includes part-time mental health specialists to assess and evaluate high-needs cases and provide clinical support and training to Local Health Districts
\$100,000 (\$20,000 per health district for 5 districts)	\$500,000	July 1, 2019 - June 30, 2022	Local Health District support, assistance with technology, staff capacity

Proposed Performance Measures for the Department of Health:

1. At least 75% of women in the target population receive screening for perinatal depression/anxiety.
2. Of the women who screen positive for perinatal depression/anxiety, 100% receive patient education materials and are referred to mental health services as appropriate.
3. Attain 75% follow-up for women referred to mental health services 6-8 weeks post-screening.
4. Increase by 50% the number of visits to online referral network and resources.
5. Increase opportunities for cross-referral and intervention with home visiting programs that support children under the age of 6 where mother screens positive for perinatal depression/anxiety.