



Prescription Drug Deaths:

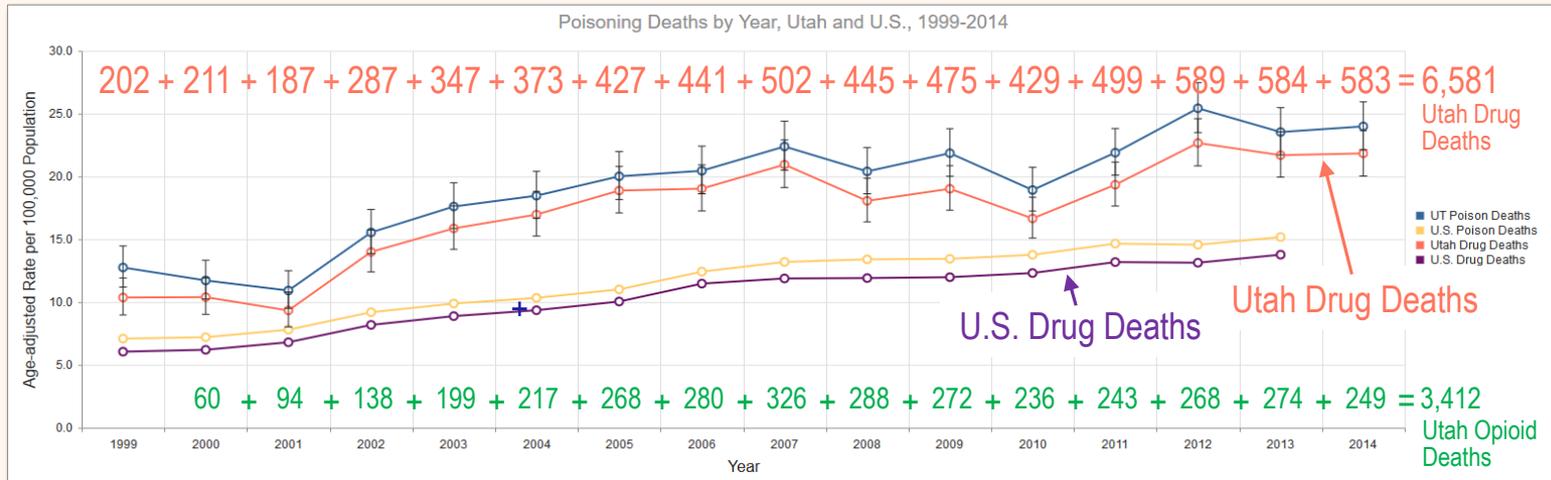
Diagnosing the problem, prescribing solutions

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Symptoms



Source: Utah Department of Health

- Drug deaths have increased dramatically
- Utah rate higher than U.S.
- Opioids account for large percentage of deaths

Causes – Opioids

- **Prescribers**

- Increasing prescriptions, amount per prescription, days supply, cumulative dose, and morphine equivalent
- Prescribing more than needed
- Lack of education/awareness
- Pill mills

- **Patients**

- Drug seeking
- Sharing

Response Options

(not comprehensive)

- **Prescribers**
 - Education
 - Use of controlled substance database
 - E-prescribing
 - Prescribing guidelines
- **Patients**
 - Education – use, disposal
 - Treatment
- **Insurers**
 - Utilization review
 - Incentives
 - Lock-in

Response Options

(not comprehensive)

- **Controlled substance database**
 - Accessibility
 - Integration
 - Real-time
 - Interstate
 - Analytics
 - Alerts – automatic and customized
 - Serialized prescription forms

2016 Legislation

A. Opiate overdose response

1. Standing orders for naloxone (HB 240, Eliason)
2. DOH grants for naloxone or training (HB 192, McKell)
3. Furnish naloxone & train by outreach (HB 238, Moss)
4. Education for disease testing & substance use treatment; needle exchange (HB 308, Eliason)
5. Urge DOH, DHS, & DPS to direct appropriate resources to reduce overdose deaths (HCR 4, Moss)

2016 Legislation

B. Controlled substance database (CSD)

6. Opioid data from CSD to prescriber and dispenser EHR systems (HB 239, McKell)
7. Urge CMS to allow reporting of methadone Rx info for opioid treatment to CSD (HCR 9, Redd)
8. Probation and parole officer access to CSD without warrant (SB 54, Weiler)
9. Add ED overdose and convictions for CS DUI, possession, use, etc. to CS (HB 114, Ward)

2016 Legislation

(continued)

10. DOPL notify 3rd party of CS dispensing at patient's consent request (HB 150, Daw)

11. Medical Examiner notify DOPL of prescribed CS deaths (HB 149, Daw)

2016 Legislation

C. Other

12. Insurers may audit substance use treatment providers for fraud; illegal to pay premium of another for personal benefit (HB 259, Hutchings)
13. Urge rescheduling of marijuana from Schedule I to Schedule II (SCR 11, Shiozawa)

2016 Legislation

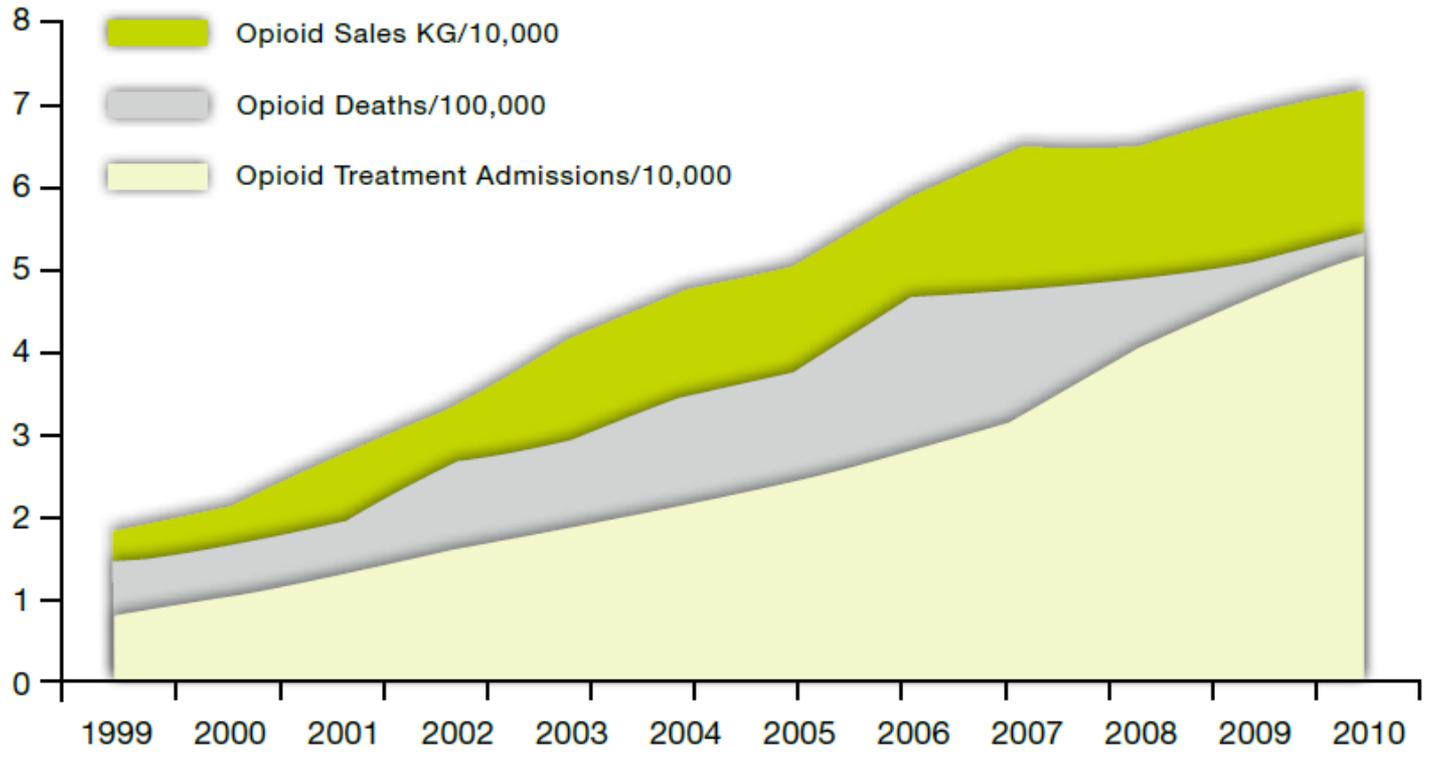
D. Requests (not numbered)

- **Rescue Medication in Schools** (Urquhart)
- **Methadone Treatment Amendments** (Redd)
- **Prescription Take-back Amendments** (Shiozawa)
- **Joint Resolution on Outdated Prescription Repository** (Snow)
- **Prescription Drug Abuse Amendments**
(L. Christensen)
- **Drug Screening Amendments** (Spendlove)



Supplementary information from the Department of Health

RATES OF OPIOID OVERDOSE DEATHS, SALES AND TREATMENT ADMISSIONS, US 1999 - 2010



Source: Utah Department of Health

STATES WITH THE LARGEST SALES OF OPIOID PAINKILLERS ALSO HAVE THE HIGHEST MORTALITY RATES

1 in 25 adults receive treatment of chronic pain with opioid pain relievers.

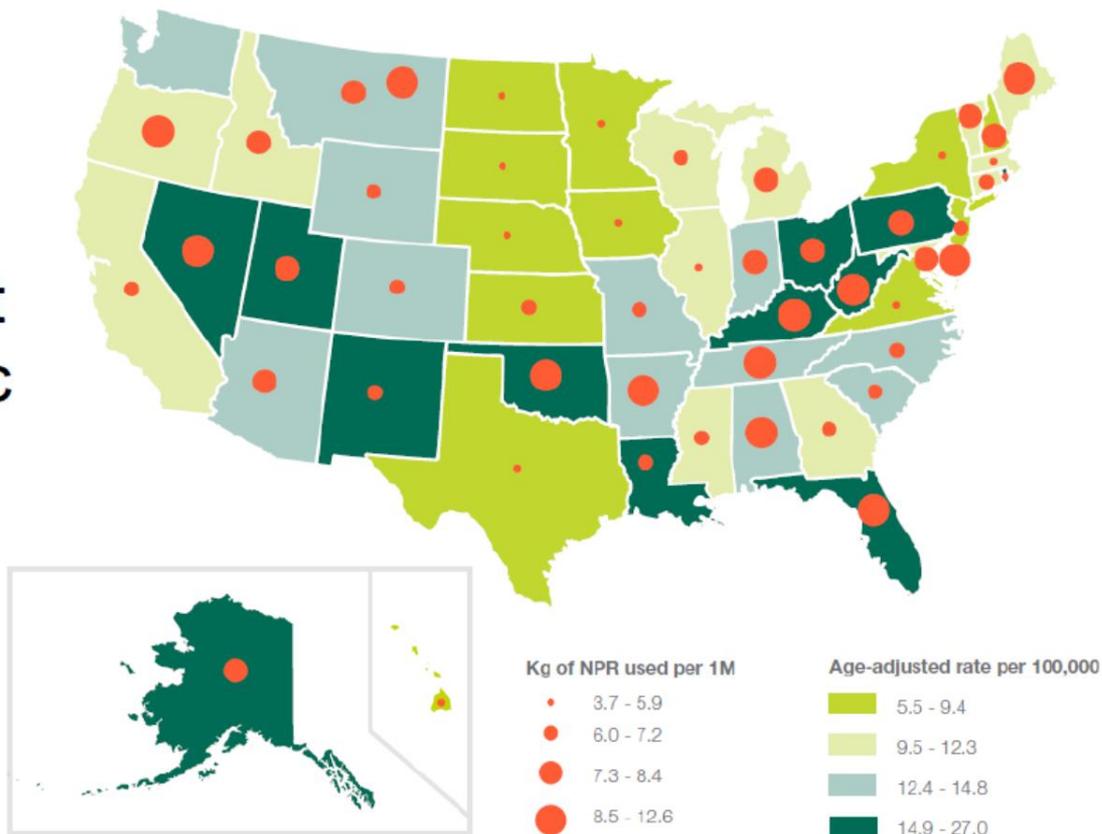
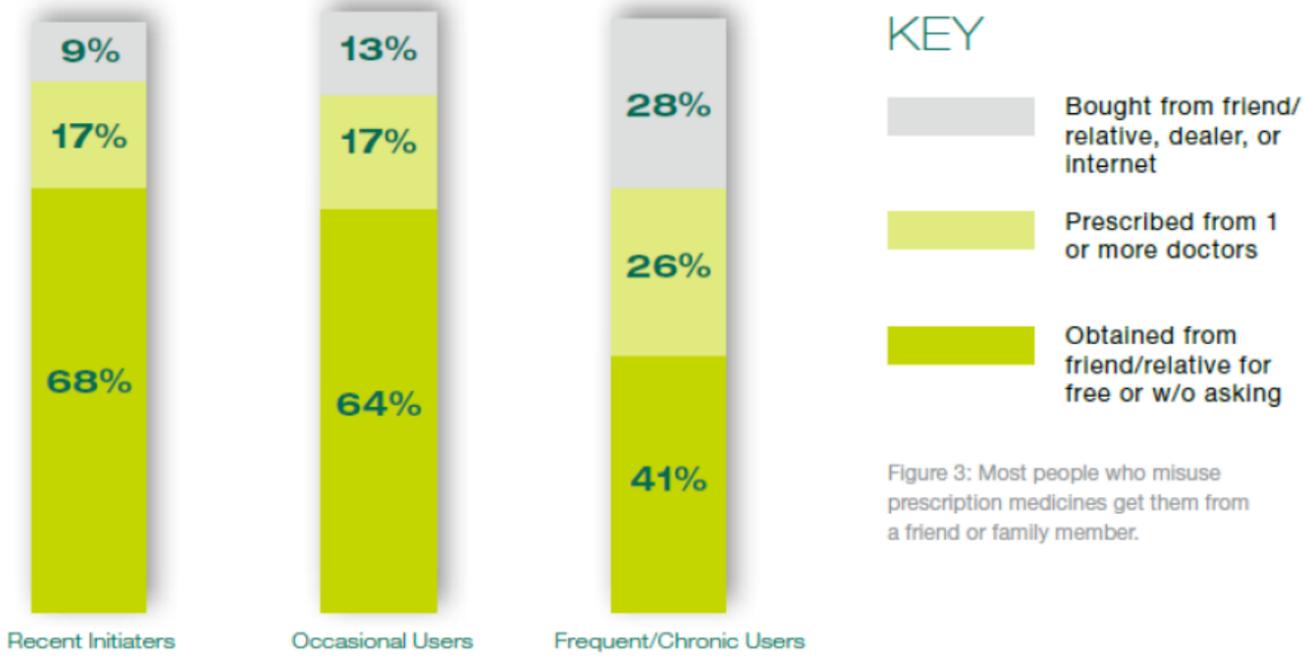


Figure 1: States with highest rates of drug overdose fatalities also reported higher sales of opioid pain relievers.

Source: Utah Department of Health

HOW DIFFERENT MISUSERS OF PAIN RELIEVERS GET THEIR DRUGS

Methods and sources for obtaining pain relievers



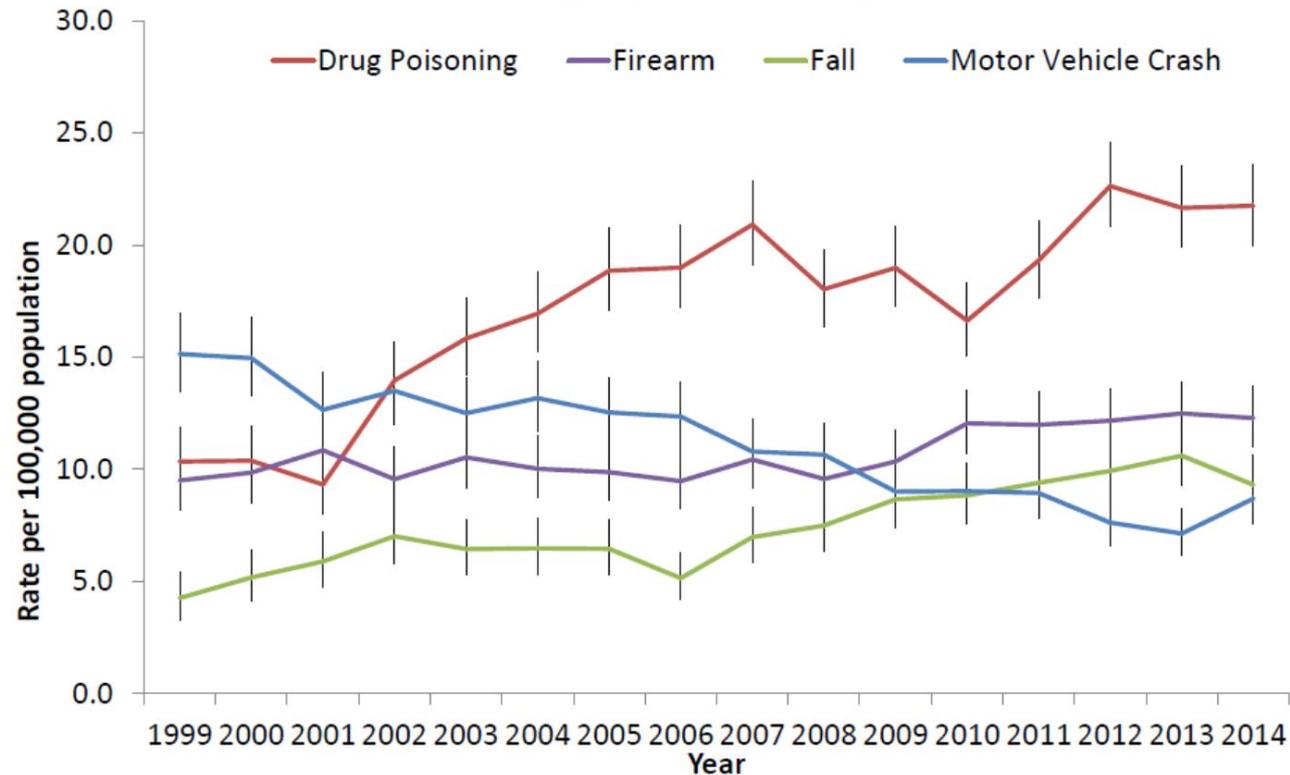
KEY

- Bought from friend/relative, dealer, or internet
- Prescribed from 1 or more doctors
- Obtained from friend/relative for free or w/o asking

Figure 3: Most people who misuse prescription medicines get them from a friend or family member.

Source: Utah Department of Health

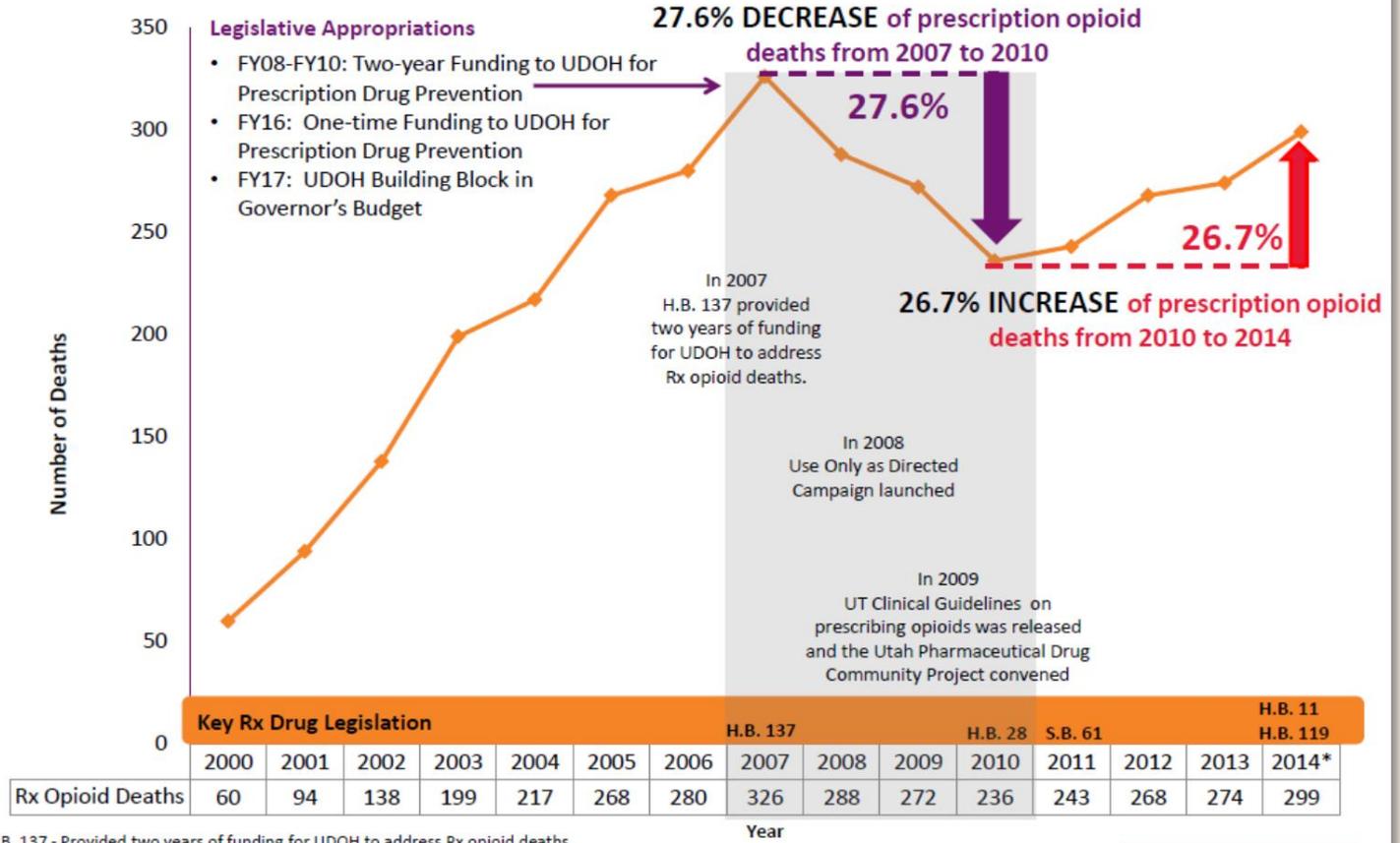
Rate of leading causes of injury deaths by year, Utah 2000-2014



Drug poisoning is the **leading cause** of injury deaths in Utah

Source: Utah Department of Health

Number of occurrent prescription opioid deaths by year, Utah, 2000-2014



H.B. 137 - Provided two years of funding for UDOH to address Rx opioid deaths.
 H.B. 28 - Required controlled substance prescribers to register to use the controlled substance database.
 S.B. 61 - Required prescribers renewing or applying for a controlled substance license to take controlled substance prescribing classes.
 H.B. 11 - Enabled bystanders to report an overdose without fear of criminal prosecution for illegal possession of a controlled substance or illicit drug.
 H.B. 119 - Permitted physicians to prescribe naloxone to third parties. Permitted individuals to administer naloxone without legal liability.

*2014 data is preliminary.
 Data Source: Utah Violent Death Reporting System

Source: Utah Department of Health



Questions or Comments?

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