

School Breakfast Legislative Presentation

Child Nutrition Programs

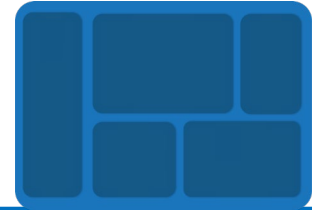




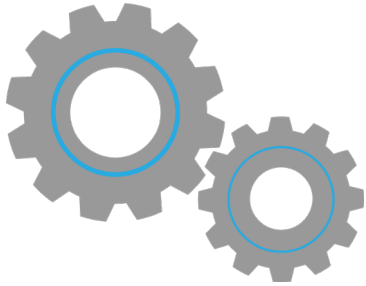
About **135,000**
children in Utah
are food
insecure.



39% of UT students
who are food
insecure participate
in School Breakfast



Nationally **57%**
of students who
are food insecure
participate in
School Breakfast



Utah public schools have the resources they need through school meal programs to operate a breakfast program



Not all schools are utilizing the breakfast program, resulting in students not having access to this resource



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Not only does school breakfast provide a meal to a student who may otherwise go hungry; research demonstrates that **children who eat a good breakfast tend to perform better in school, have better attendance and exhibit fewer behavior problems.** In addition, children who eat a good breakfast develop healthy eating habits, visit the school nurse less frequently, and are less likely to be obese. The School Breakfast Program offers kids a nutritious breakfast at school so they can start their day off right.

- NCSL Schools Meal Guide

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Requested school breakfast policy changes

1. Provide more flexibility with current revenue allowing more opportunities to help students and families who experience food insecurity.
2. Update **existing** reporting requirements to include specific information about challenges to offering school breakfast.

Changes are policy only and *not* a financial ask.



Questions:

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