

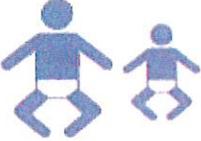
Alcohol use during pregnancy can lead to lifelong effects.

Up to **1 in 20** US school children may have FASDs.



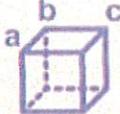
People with FASDs can experience a mix of the following problems:

Physical issues

- low birth weight and growth 
- problems with heart, kidneys, and other organs 
- damage to parts of the brain 

Which leads to...

Behavioral and intellectual disabilities

- learning disabilities and low IQ 
- hyperactivity 
- difficulty with attention
- poor ability to communicate in social situations
- poor reasoning and judgment skills 

These can lead to...

Lifelong issues with

- school and social skills 
- living independently
- mental health
- substance use
- keeping a job 
- trouble with the law

Drinking while pregnant costs the US **\$5.5 billion** (2010).



SOURCES: CDC Vital Signs, February 2016. American Journal of Preventive Medicine, November 2015.