Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation
Version 4.9

This is an addendum to Utah Leads Together 2.0. The Governor’s Office of Management and Budget and the Utah Department of Health, with assistance from Leavitt Partners, have developed recommendations to support the roadmap for reactivation of the Utah economy while stabilizing public health.

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1 https://coronavirus.utah.gov/utah-leads-together/
## Overview of Guidelines for the General Public

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overview of Guidelines for General Public</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>General public and employers take extreme precautions</td>
<td>General public and employers take extreme precautions</td>
<td>General public and employers take reasonable precautions</td>
<td>General public follows current federal and local public health precautions</td>
</tr>
<tr>
<td>Face coverings worn in public settings where other physical distancing measures are difficult to maintain</td>
<td>Face coverings worn in public settings where other physical distancing measures are difficult to maintain</td>
<td>Face coverings worn in public settings where physical distancing measures are difficult to maintain</td>
<td>Use of face coverings in business and social settings is encouraged when physical distancing is not feasible</td>
</tr>
<tr>
<td>Follow strict hygiene standards, including:</td>
<td>Follow strict hygiene standards, including:</td>
<td>Follow strict hygiene standards, including:</td>
<td>All businesses are operating and encouraged to follow General Guidelines for Employers on page 23</td>
</tr>
<tr>
<td>- Wash hands frequently with soap and water for at least 20 seconds</td>
<td>- Wash hands frequently with soap and water for at least 20 seconds</td>
<td>- Wash hands frequently with soap and water for at least 20 seconds</td>
<td>-</td>
</tr>
</tbody>
</table>
### Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

<table>
<thead>
<tr>
<th>Phased Risk Level</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employers evaluate workforce strategy, concerns, and enact strategies to minimize economic impact</td>
<td>Employees and volunteers of businesses operate remotely, unless not possible</td>
<td>Employers exercise discretion with remote work and returning to onsite work</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Encourage high-contact businesses not to operate</td>
<td>Employers evaluate workforce strategy, concerns, and enact strategies to minimize economic impact</td>
<td>Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible</td>
<td>High-contact businesses can operate under strict protocols</td>
<td>Design workspaces to maintain 6-foot distance between individuals. If impossible to do so, a partition must be installed for separation or a face covering must be worn</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Design spaces to maintain 6-foot distance between individuals</td>
<td>Restaurants are open for dine-in services with strict requirements</td>
<td>Reconsider any nonessential travel into areas with widespread community transmission of COVID-19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Limit travel to essential travel only, quarantine 14 days upon return from high-risk areas (this quarantine protocol does not apply to an individual who travels out of state pursuant to the individual’s regular and ordinary duties as an employee of a transportation business or entity)</td>
<td>Symptom checking in public and business interactions (checklist or verbal), including temperature checks when feasible</td>
<td>In the state of Utah, adhere to guidelines of geographic area currently in</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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2 Essential travel means: safely relocate by an individual whose home or residence is unsafe, including individuals who have suffered or are at risk of domestic violence, or for whom the safety, sanitation or essential operations of the home or residence cannot be maintained; care for a family member or friend in the same household or another household, including transporting family members or friends; transport a child according to existing parenting time schedules or other visitation schedules pertaining to a child in need of protective services; care for pets, including travel to a veterinarian; seek emergency services; obtain medications and medical services; donate blood; obtain food, including delivery or carry-out services, beverages (alcoholic and non-alcoholic), and other grocery items, gasoline, supplies required to work from home, and products needed to maintain the safety, sanitation, and essential operation of homes and residences, businesses, and personally owned vehicles, including automobiles and bicycles; perform work if you cannot telework; transport/deliver essential goods; engage in recreational and outdoor activities; laundromats and dry cleaners; return to a home or place of residence

Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

### Tiered Guidelines for Individuals at Higher-Risk

Individuals at increased risk of severe illness from COVID-19 are people of any age with underlying medical conditions such as: chronic kidney disease; COPD (chronic obstructive pulmonary disease); immunocompromised state (weakened immune system) from solid organ transplant; obesity (body mass index of 30 or higher); serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies; sickle cell disease; type 2 diabetes mellitus.

Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children.

Risk increases with age; to see if your age puts you at higher risk, visit [this link](#) for additional details.

Risk increases with certain underlying medical conditions, visit [this link](#) for additional details.

#### High Risk
- Face coverings worn at all times in public setting
- Limit travel to only essential travel, as defined on page 3; if telework is not possible, limit travel to work-related travel only
- Limit visiting friends or family without urgent need
- Limit physical interactions with other higher-risk individuals, except for members of your household or residence
- Limit attending gatherings of any number of people outside your household or residence
- Do not visit hospitals, nursing homes, or other residential care facilities
- Targeted testing for those working with higher-risk individuals

#### Moderate Risk
- Face coverings worn at all times in public setting
- Limit travel to only essential travel, as defined on page 3; if telework is not possible, limit travel to work-related travel only
- Limit visiting friends or family without urgent need
- Limit physical interactions with other higher-risk individuals, except for members of your household or residence
- Limit attending gatherings of any number of people outside your household or residence
- Do not visit hospitals, nursing homes, or other residential care facilities
- Targeted testing for those working with higher-risk individuals

#### Low Risk
- Face coverings worn in settings where other physical distancing measures are difficult to maintain
- For any travel, use appropriate precautions; avoid high-risk areas
- Telework if possible, if not, maintain 6-foot distance
- When visiting friends or family, wear face coverings when within a 6-foot distance
- Limit physical interactions with other higher-risk individuals, except for members of your household or residence
- Social interactions in groups of 20 or fewer people outside your household or residence
- Limit visits to hospitals, nursing homes, or other residential care facilities
- Targeted testing for those working with higher-risk individuals

#### New Normal Risk
- Individuals not experiencing symptoms consistent with COVID-19 take extra precautions and follow strict hygiene standards when interacting with higher-risk groups
- Do not interact with symptomatic individuals
- Limit visits to hospitals
- No visits to nursing homes and other residential care facilities
- Targeted testing for those working with higher-risk individuals
- Symptomatic individuals, or close contacts of those who have tested positive for COVID-19 in the last 14 days, should not interact with higher-risk individuals
- Follow the principles of physical distancing, enhanced hygiene practices including wearing a face covering, and symptom monitoring
- Follow facility guidance when visiting hospitals, nursing homes, or other residential care facilities

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**Risk Factors:**
- Age 65 or older
- Inability to move or walk
- Long-term health conditions such as diabetes, high blood pressure, or heart disease
- Pregnancy
- Immunosuppression
- Obesity
- Chronic lung disease or smoke-related lung disease
- Chronic kidney disease
- Liver disease
- Cancer treatment

---

**Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation**

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**High Risk**
- **Actions by Higher-risk Individuals**
  - Face coverings worn at all times in public setting
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  - Limit attending gatherings of any number of people outside your household or residence
  - Do not visit hospitals, nursing homes, or other residential care facilities
  - Targeted testing for those working with higher-risk individuals

- **Interactions with Higher-risk Individuals**
  - Avoid physical interactions with higher-risk individuals as much as possible
  - No visits to hospitals, nursing homes, and other residential care facilities
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**Low Risk**
- **Actions by Higher-risk Individuals**
  - Face coverings worn in settings where other physical distancing measures are difficult to maintain
  - For any travel, use appropriate precautions; avoid high-risk areas
  - Telework if possible, if not, maintain 6-foot distance
  - When visiting friends or family, wear face coverings when within a 6-foot distance
  - Limit physical interactions with other higher-risk individuals, except for members of your household or residence
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**Risk Factors:**
- Age 65 or older
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- Long-term health conditions such as diabetes, high blood pressure, or heart disease
- Pregnancy
- Immunosuppression
- Obesity
- Chronic lung disease or smoke-related lung disease
- Chronic kidney disease
- Liver disease
- Cancer treatment

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  - Limit physical interactions with other higher-risk individuals, except for members of your household or residence
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  - Avoid physical interactions with higher-risk individuals as much as possible
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  - Social interactions in groups of 20 or fewer people outside your household or residence
  - Limit visits to hospitals, nursing homes, or other residential care facilities
  - Targeted testing for those working with higher-risk individuals

- **Interactions with Higher-risk Individuals**
  - Avoid physical interactions with higher-risk individuals as much as possible
  - No visits to hospitals, nursing homes, and other residential care facilities
  - Targeted testing for those working with higher-risk individuals
## High Risk
- For those living with a higher-risk individual, household members should conduct themselves as if they are a significant risk to the higher-risk individual
- Wash hands before interacting with higher-risk household members, including before feeding or providing care
- Provide a protected space for higher-risk household members including separate bathroom accommodations if possible; ensure high-touch surfaces and objects are cleaned regularly
- Those who are, or work with, vulnerable populations should undergo daily screening/symptom monitoring and should be tested if they develop COVID-19 symptoms
- Consider providing additional protections or more intensive care for higher-risk household member; additional CDC guidance for higher-risk populations can be found [here](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/what-you-can-do.html)
# Tiered Guidelines for the General Public

<table>
<thead>
<tr>
<th>Social Guidelines</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• General public takes extreme precautions</td>
<td>• General public takes extreme precautions</td>
<td>• General public takes reasonable precautions</td>
<td>As restrictions are lifted in the New Normal phase, the likelihood of COVID-19 spread is increased. Because of this, the following are strongly encouraged for all individuals:</td>
<td></td>
</tr>
<tr>
<td>• Stay 6 feet away from others when outside the home unless not possible</td>
<td>• Stay 6 feet away from others when outside the home unless not possible</td>
<td>• Physical distance whenever feasible; face coverings are to be worn when physical distancing is not feasible</td>
<td>• General public follows current federal and local public health precautions</td>
<td></td>
</tr>
<tr>
<td>• Face coverings worn in settings where other physical distancing measures are difficult to maintain</td>
<td>• Face coverings worn in settings where other physical distancing measures are difficult to maintain</td>
<td>• Private, social interactions are allowable in groups of 50 or fewer, or according to event guidelines from page 16; this may be increased incrementally based on data &amp; milestone trends</td>
<td>• Symptomatic individuals should not attend social gatherings</td>
<td></td>
</tr>
<tr>
<td>• In-person interactions limited to individual households; increase virtual interactions</td>
<td>• In-person interactions limited to individual households and those who have been following recommended distancing/hygiene guidelines; increase use of virtual interactions</td>
<td>• Face coverings worn in settings where other physical distancing measures are difficult to maintain</td>
<td>• Hygiene measures, physical distancing, face coverings, and symptom monitoring are encouraged for all group gatherings</td>
<td></td>
</tr>
<tr>
<td>• Essential travel only. Leave home infrequently</td>
<td>• Leave home infrequently</td>
<td>• Private, social interactions that occur without oversight by a formal organization are allowable in groups of 20 or fewer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Social interactions in groups of 10 or fewer</td>
<td>• Individual should stay 6 feet away from others even when wearing a face covering</td>
<td>• Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Use of Face Coverings**

<table>
<thead>
<tr>
<th>Use of Face Coverings</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Face coverings (e.g., mask, scarf, gaiter, bandana) worn in public settings where other physical distancing measures are difficult to maintain</td>
<td>• Face coverings (e.g., mask, scarf, gaiter, bandana) worn in public settings where other physical distancing measures are difficult to maintain</td>
<td>• Face coverings (e.g., mask, scarf, gaiter, bandana) worn in public settings where other physical distancing measures are difficult to maintain</td>
<td>As restrictions are lifted in the New Normal phase, the likelihood of COVID-19 spread is increased. Because of this, the following are strongly encouraged for all individuals:</td>
<td></td>
</tr>
<tr>
<td>• Change or launder cloth face coverings routinely</td>
<td>• Change or launder cloth face coverings routinely</td>
<td>• Change or launder cloth face coverings after each day’s use</td>
<td>• Face coverings are encouraged to be worn as a means to slow the spread of COVID-19</td>
<td></td>
</tr>
<tr>
<td>• Individuals should stay 6 feet away from others even when wearing a face covering</td>
<td>• Individuals should stay 6 feet away from others even when wearing a face covering</td>
<td>• Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td>• Face coverings should be worn to protect those who are higher-risk</td>
<td></td>
</tr>
<tr>
<td>• Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td>• Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td>• Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance</td>
<td>• Face coverings are encouraged to be worn when physical distancing is not feasible</td>
<td></td>
</tr>
</tbody>
</table>

**Children, including Playgrounds**

<table>
<thead>
<tr>
<th>Children, including Playgrounds</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Follow all social guidelines outlined on page 6</td>
<td>• Follow all social guidelines outlined on page 6</td>
<td>• Follow all social guidelines outlined on page 6</td>
<td>As restrictions are lifted in the New Normal phase, the likelihood of COVID-19 spread is increased. Because of this, the following are strongly encouraged for all individuals:</td>
<td></td>
</tr>
<tr>
<td>• Do not arrange or participate in in-person playdates or similar activities</td>
<td>• Do not arrange or participate in in-person playdates or similar activities</td>
<td>• Increased cleaning and hygiene regimen</td>
<td>• Face coverings are encouraged to be worn as a means to slow the spread of COVID-19</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Face coverings should be worn to protect those who are higher-risk</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>• Face coverings are encouraged to be worn when physical distancing is not feasible</td>
</tr>
</tbody>
</table>
### Roads specifically on Range and Driver’s Education

- Not in operation

### K-12 Schools

- Follow all guidelines outlined on page 6 & page 12
- Do not allow children on public playground
- Do not attend page 23
- Do not allow children on public playground
- Schools may send home food

#### High Risk
- Limit child interaction with other children in
  public spaces (e.g. playground equipment)

#### Moderate Risk
- Follow all guidelines outlined on page 6 & page 12
- Schools may open with some level of in-person instruction
- Local education agencies (school districts and charter schools also known as LEAs) will develop plans for reopening schools for in-person instruction
- Plans must be approved by the local school board or charter school governing board
- Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document
- If an LEA elects for soft school closure, schools may send home food
- Refer to Appendix C for details regarding exceptions to face coverings during school-sponsored activities

#### Low Risk
- Public schools are open
- Local education agencies (school districts and charter schools also known as LEAs) will develop plans for reopening schools for in-person instruction
- Plans must be approved by the local school board or charter school governing board
- Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document
- Refer to Appendix C for details regarding exceptions to face coverings during school-sponsored activities

#### New Normal Risk
- Public schools are open
- Local education agencies (school districts and charter schools also known as LEAs) will develop plans for reopening schools for in-person instruction
- Plans must be approved by the local school board or charter school governing board
- Plans must address the elements and minimum requirements contained in the Utah State Board of Education’s Planning Requirements and Recommendations for K-12 School Openings document
- Refer to Appendix C for details regarding exceptions to face coverings during school-sponsored activities

### Driver’s Education, specifically on Range and Roads

- Follow all guidelines outlined on page 6 & page 12
- Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible
- Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible
- Wash or sanitize hands before entering the vehicle and after leaving the vehicle
- Appointments scheduled with enough time allowed to disinfect all surfaces between students
- Both students and instructors wear face coverings
- Maximum 2 students and 1 instructor per vehicle

#### High Risk
- Follow all guidelines outlined on page 6 & page 12
- Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible
- Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible
- Wash or sanitize hands before entering the vehicle and after leaving the vehicle
- Appointments scheduled with enough time allowed to disinfect all surfaces between students
- Both students and instructors wear face coverings
- Maximum 3 students and 1 instructor per vehicle

#### Moderate Risk
- Follow all guidelines outlined on page 6 & page 12
- Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible
- Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible
- Wash or sanitize hands before entering the vehicle and after leaving the vehicle
- Appointments scheduled with enough time allowed to disinfect all surfaces between students
- Both students and instructors wear face coverings
- Maximum 3 students and 1 instructor per vehicle

#### Low Risk
- Follow all guidelines outlined on page 6 & page 12
- Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible
- Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible
- Wash or sanitize hands before entering the vehicle and after leaving the vehicle
- Appointments scheduled with enough time allowed to disinfect all surfaces between students
- Both students and instructors wear face coverings
- Maximum 3 students and 1 instructor per vehicle

#### New Normal Risk
- Follow all guidelines outlined on page 6 & page 12
- Symptom checking of all staff at the beginning of each shift (checklist or verbal), including temperature checks when feasible
- Symptom checking of participants prior to entering the vehicle (checklist or verbal), including temperature checks when feasible
- Wash or sanitize hands before entering the vehicle and after leaving the vehicle
- Appointments scheduled with enough time allowed to disinfect all surfaces between students
- Both students and instructors wear face coverings
- Maximum 3 students and 1 instructor per vehicle
## Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

### Higher Education Institutions

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
</table>
| • Follow all guidelines outlined on page 6 & page 12  
• Classes limited to distance learning  
• Follow state and local guidelines for activities and environments (i.e. events, food services, childcare and other defined categories)  
| • Follow all guidelines outlined on page 6 & page 12  
• Campuses may open with some level of in-person instruction  
• All symptomatic employees and students should stay off campus, or self-isolate or quarantine if residing on campus  
• Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)  
• Limit campus visitors (between living units, from other dorm halls, and from off campus)  
• Campus visitors are notified of COVID-19 prevention guidelines  
For residential campuses:  
  o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests and include accommodations (e.g. food delivery, distance learning resources, etc.)  
  o Common areas in dorm rooms are closed  
• Encourage enhanced symptom monitoring, methods for cohort identification and proper utilization of testing in consultation with public health officials  
| • No food or drinks in the vehicle  
• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times  
• Share student and parent documents electronically; avoid handling and sharing paperwork  
• Higher-risk instructors and students follow recommendations for higher-risk individuals  
| • No food or drinks in the vehicle  
• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times  
• Share student and parent documents electronically; avoid handling and sharing paperwork  
• Higher-risk instructors and students follow recommendations for higher-risk individuals  
| • No food or drinks in the vehicle  
• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times  
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• Higher-risk instructors and students follow recommendations for higher-risk individuals  
| • No food or drinks in the vehicle  
• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes student and family waiting areas and between scheduled drive times  
• Share student and parent documents electronically; avoid handling and sharing paperwork  
• Higher-risk instructors and students follow recommendations for higher-risk individuals  
• Follow all guidelines outlined on page 6 & page 12  
• Campuses may be open for in-person students and faculty with increased cleaning and hygiene regimen  
• In cooperation with the Utah System of Higher Education, each institution will develop individualized plans for repopulating campuses, monitoring for incidences, containing outbreaks, and reclosing if necessary  
• Monitor employees and students for symptoms  
• Employees and students encouraged to use Healthy Together mobile app to help contain the spread of COVID-19  
| • Classes limited to distance learning  
• Follow state and local guidelines for activities and environments (i.e. events, food services, childcare and other defined categories)  
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<table>
<thead>
<tr>
<th>Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>High Risk</strong></td>
</tr>
<tr>
<td>coverings and institutions record attendance and seating location to support contact tracing</td>
</tr>
<tr>
<td>• Follow state and local guidelines for activities and environments (i.e. events, food services, travel, childcare and other defined categories)</td>
</tr>
<tr>
<td>• Campus visitors are notified of COVID-19 prevention guidelines</td>
</tr>
<tr>
<td>• For residential campuses:</td>
</tr>
<tr>
<td>o Provide isolation or quarantine facilities for students showing symptoms or students with positive tests; provide for appropriate accommodations (e.g. food delivery, distance learning resources, etc.)</td>
</tr>
<tr>
<td>o Common areas in dorm rooms may be open but should be cleaned and disinfected frequently</td>
</tr>
<tr>
<td>• Encourage enhanced symptom monitoring, methods for cohort identification and proper utilization of testing in consultation with public health officials</td>
</tr>
<tr>
<td><strong>Outdoor Recreation, Youth Outdoor Sports, including Parks, Playgrounds, Pavilions</strong></td>
</tr>
<tr>
<td>• Follow all guidelines outlined on page 6 &amp; page 12</td>
</tr>
<tr>
<td>• Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.)</td>
</tr>
<tr>
<td>• Do not touch high-touch surfaces, including handrails, trail signs, maps</td>
</tr>
<tr>
<td>• Do not congregate at trailheads, parks, or other outdoor spaces</td>
</tr>
<tr>
<td>• Do not engage in close-contact or team sports</td>
</tr>
<tr>
<td>• Do not travel to, or participate in activities at, any of the following locations:</td>
</tr>
<tr>
<td>o places of public amusement or public activity</td>
</tr>
<tr>
<td>o public swimming pools</td>
</tr>
<tr>
<td>o gyms, and fitness centers</td>
</tr>
<tr>
<td>• Do not go to or engage in activities at a state park located outside the county in which you</td>
</tr>
<tr>
<td>• Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.)</td>
</tr>
<tr>
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</tr>
<tr>
<td>• Do not congregate at trailheads, parks, or other outdoor spaces</td>
</tr>
<tr>
<td>• Do not engage in sporting activities requiring teammates or opponents to be closer than 10' from one another</td>
</tr>
<tr>
<td>• Skills development and conditioning activities are allowable under physical distancing guidelines</td>
</tr>
<tr>
<td>• Staff must disinfect all equipment after each use</td>
</tr>
<tr>
<td>• Follow guidelines for state and national parks</td>
</tr>
<tr>
<td><strong>Outdoor Recreation, Youth Outdoor Sports, including Parks, Playgrounds, Pavilions</strong></td>
</tr>
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<td>• Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.)</td>
</tr>
<tr>
<td>• Avoid contact with high-touch surfaces, including handrails, trail signs, maps</td>
</tr>
<tr>
<td>• Do not congregate at trailheads, parks, or other outdoor spaces</td>
</tr>
<tr>
<td>• Distribution of promotional items, candy, food items, etc. during spectator events must be distributed in a manner that does not promote congregating</td>
</tr>
<tr>
<td>• Participants (e.g., players, performers, actors) should have their symptoms checked prior to each competition or practice; those who are symptomatic cannot participate and should self-quarantine</td>
</tr>
<tr>
<td><strong>Spectators</strong></td>
</tr>
<tr>
<td>• Encouraged to maintain physical distancing between household groups and wear face coverings when physical distancing guidelines are difficult to maintain</td>
</tr>
<tr>
<td>High Risk</td>
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<tr>
<td>reside (the availability of national parks will be determined in consultation with the National Park Service and the county in which the park is located)</td>
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</tbody>
</table>

**Pools, Water Parks, Spas**

- Follow all guidelines outlined on page 6 & page 12
- Pools are closed

**Moderate Risk**

- Follow all guidelines outlined on page 6 & page 12
- Pools are limited to lap swim only, one swimmer per lane; no congregating on pool decks
- Swim team is allowed as long as physical distancing is allowed on pool deck
- Symptom screening
- Maintain signage that encourages physical distancing guidelines to be met at all times

- Open plunge operates at a reduced capacity that enables appropriate physical distancing to be maintained between household groups on pool deck
- Face coverings are worn by individuals on the pool deck when physical distancing is not feasible
- Lap swimming resumes to normal capacity
- Swim team and swim lessons are allowed as long as physical distancing is followed on pool deck
- Lifeguard training is allowable; safeguards encouraged as much as possible during training including symptom checking of employees

**Low Risk**

- Follow all guidelines outlined on page 6 & page 12
- Resume full operation; pools are encouraged to follow General Guidelines for Employers on page 23
### Religious Services

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Follow all social guidelines outlined on page 6</td>
<td>• Seating arrangements should be made such that a 6-foot distance is maintained between each household group</td>
<td>• Places of worship are encouraged to consider all social guidelines outlined on page 6 and principles outlined in General Guidelines for Employers on page 23</td>
</tr>
<tr>
<td></td>
<td>• Recommend streamed services to households</td>
<td>• Seating arrangements should be made such that a 6-foot distance is maintained between each household group</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Limit the number of people in a confined area to enable adequate 6-foot distancing at all times between each household group.</td>
<td>• Limit the number of people in a confined area to enable adequate 6-foot distancing at all times between each household group.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• See Appendix B for additional considerations.</td>
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<tr>
<td></td>
<td></td>
<td>• Places of worship consider filling each seat or standing space as long as:</td>
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<tr>
<td></td>
<td></td>
<td>o physical distancing is still promoted and maintained wherever feasible at the venue</td>
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<tr>
<td></td>
<td></td>
<td>o face coverings are worn by individuals when physical distancing is not feasible</td>
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<td>o attendance is tracked and seating assignments, or designated sitting/standing areas, are utilized to assist with contact tracing efforts</td>
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<td>o extra hygiene and sanitization practices in place, for example:</td>
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<tr>
<td></td>
<td></td>
<td>• Dedicated individuals for sanitizing high-touch areas</td>
<td></td>
</tr>
</tbody>
</table>
## Tiered Recommendations for Businesses and Employees

### General Employer Guidelines

**Intended for Use in All Industries**

- Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD
- Employers encourage flexible working arrangements (rotating shifts, remote work, etc.). Comply with distancing guidelines. Increased cleaning regimen of high-touch areas. Monitor employees for symptoms and well-being.

### High Risk

- Employers exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate onsite work should monitor workforce for symptoms and well-being.

  - Employees take extreme precautions
  - Provide accommodations to higher-risk employees
  - Employees and volunteers operate remotely, unless not possible
  - Symptom\(^5\) checking in business interactions
  - Face coverings worn in settings where other physical distancing measures are difficult to maintain; ensure that face coverings are available
  - Make every possible effort to enable working from home as a first option; where not possible, workplaces comply with distancing and hygiene guidelines
  - Minimize face-to-face interactions, including with customers (e.g. utilize drive-thru, install partitions)
  - Where distancing and hygiene guidelines cannot be followed in full, businesses should consider whether that activity needs to continue for the business to operate
  - Eliminate unnecessary travel and cancel or postpone in-person meetings, conferences, workshops, and training sessions
  - Require employees to self-quarantine when returning from high-risk\(^6\) areas

### Moderate Risk

- Employers exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate onsite work should monitor workforce for symptoms and well-being.

  - Employers take extreme precautions
  - Provide accommodations to higher-risk employees
  - Employees and volunteers operate remotely, unless not possible
  - Symptom\(^5\) checking in business interactions
  - Face coverings worn in settings where other physical distancing measures are difficult to maintain; ensure that face coverings are available
  - Make every possible effort to enable working from home as a first option; where not possible, workplaces comply with distancing and hygiene guidelines
  - Minimize face-to-face interactions, including with customers (e.g. utilize drive-thru, install partitions)
  - Where distancing and hygiene guidelines cannot be followed in full, businesses should consider whether that activity needs to continue for the business to operate
  - Eliminate unnecessary travel and cancel or postpone in-person meetings, conferences, workshops, and training sessions
  - Require employees to self-quarantine when returning from high-risk\(^6\) areas

### Low Risk

- Employers encourage flexible working arrangements (rotating shifts, remote work, etc.). Comply with distancing guidelines. Increased cleaning regimen of high-touch areas. Monitor employees for symptoms and well-being.

  - All businesses operational if they can meet and adhere to all guidelines
  - Employers take reasonable precautions
  - Provide accommodations to higher-risk employees; minimize face-to-face contact, assign tasks that allow these individuals to maintain a 6-foot distance from other employees or customers, implement flexible work hours or staggered shifts, allow higher-risk individuals to work remotely
  - Symptom\(^5\) checking in business interactions
  - Face coverings worn in settings where other physical distancing measures are difficult to maintain; ensure that face coverings are available
  - Encourage remote work when possible; employers exercise discretion with returning to onsite work
  - Workplaces comply with distancing and hygiene guidelines
  - Limit unnecessary travel
  - Require employees to self-quarantine when returning from high-risk\(^6\) areas
  - Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact
  - Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD

### New Normal Risk

- All businesses are open and operating under enhanced hygiene and cleaning regimen. Monitoring health of workforce and customers. Businesses refer to General Guidelines for Employers on page 23

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\(^5\) Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains refer to CDC symptoms list for updated details


### Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

<table>
<thead>
<tr>
<th>Restaurants, Food Service Establishments, Bars, Food Trucks, Convenience Stores</th>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
</table>
| **Takeout, curbside pickup or delivery only. Extreme caution taken in food preparation. Physical distancing maintained. Contactless payment encouraged. Create safe environment for staff** | • Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact  
• Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD | • Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact  
• Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD | • Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact  
• Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD | **For takeout services:**  
• Staff wear face coverings  
• Staff must sanitize hands between handling payment options and food/containers  
• When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned  
• Employers provide required personal protection equipment; see Appendix A  
• Customers voluntarily provide contact information to assist with contact tracing efforts |
| **Follow all employer guidelines outlined on page 12** | • Takeout only. This includes delivery, curbside pickup, third-party delivery (e.g., DoorDash, Grubhub, Uber Eats)  
• Symptom checking of employees (checklist or verbal), including temperature checks when feasible  
• Stagger workstations so workers can maintain a 6-foot distance and do not face one another  
• Encourage contactless payment; if not possible, disinfect transaction terminal between customers  
• Staff must sanitize hands between handling payment options and food/containers  
• When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned  
• Employers provide required personal protection equipment; see Appendix A  
• Customers voluntarily provide contact information to assist with contact tracing efforts | • Follow all employer guidelines outlined on page 12  
• For dine-in services:  
  - Dine-in services, including buffets and bars, may be open under the following requirements outlined in Appendix A  
  - Symptom checking of employees (checklist or verbal), including temperature checks when feasible  
  - Staff wear face coverings when 6-foot distance is difficult to maintain  
  - Staff must sanitize hands between handling payment options and food/containers  
  - When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned  
  - Employers provide required personal protection equipment; see Appendix A  
  - Customers voluntarily provide contact information to assist with contact tracing efforts | **For takeout services:**  
• Staff wear face coverings  
• Staff must sanitize hands between handling payment options and food/containers  
• When delivering food, drivers use hand sanitizer before passing delivery to customers and use disposable containers/packaging that do not need to be returned  
• Employers provide required personal protection equipment; see Appendix A  
• Customers voluntarily provide contact information to assist with contact tracing efforts | Refer to General Guidelines for Employers on page 23 |

2 Dine-in services not recommended during moderate risk conditions. However, if dine-in services are opened, the following precautions should be taken.
<table>
<thead>
<tr>
<th>Retail, including Grocery Stores, Pharmacy, Convenience Stores, Libraries</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Essential retail (e.g., grocery, hardware, etc.) create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor patrons and employees for symptoms. Customers and employees wear face coverings.</td>
<td>Retail establishments create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor employees for symptoms. Customers and employees wear face coverings.</td>
<td>Retail establishments exercise discernment, establishing principles for safe environment and public trust. Monitor employees for symptoms and encourage face coverings for any interactions taking place within 6 feet.</td>
<td>Refer to General Guidelines for Employers on page 23</td>
</tr>
<tr>
<td>- Follow all employer guidelines outlined on page 12</td>
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</tr>
<tr>
<td>- Both customers and employees wear face coverings</td>
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<td>- Face coverings are worn for interactions that take place within a 6-foot distance</td>
</tr>
<tr>
<td>- Maintain signage to remind and help individuals stand at least 6 feet apart, including outside when in line, and in store check-out lines</td>
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</tr>
<tr>
<td>- Assign an employee to disinfect carts and baskets after each use</td>
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</tr>
<tr>
<td>- Maximum number of patrons must be such that a 6-foot distance between patrons and employees can be easily maintained (1 person per 100 square feet)</td>
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</tr>
<tr>
<td>- Make hand sanitizer readily available to customers and employees (e.g. at checkout counters and entrances, etc.)</td>
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</tr>
<tr>
<td>- Limit purchase quantities on certain goods selling out quickly; this will help maintain ability to meet needs of patrons and limit crowds and lines</td>
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</tr>
<tr>
<td>- Set an established window of time for higher-risk individuals to come in without pressure from crowds</td>
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</tr>
<tr>
<td>- Staff may only come closer than 6 feet to other staff and customers when accepting payment or delivering goods or services if wearing face covering</td>
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<tr>
<td>- One-way aisles to support physical distancing</td>
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</tbody>
</table>

\* Face coverings are extremely important in the retail setting, as customers are passing one another with high frequency.
<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discourage bringing kids or strollers into stores when possible to allow as much space as possible in aisles</td>
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<td>Gravity-fed bulk bins are permitted. Self-serve food items including bulk bins or self-service cases where food is exposed or unprotected are not permitted. Individually packaged bulk items are encouraged; otherwise, personnel to monitor and sanitize touch points of bulk items at a set frequency based on utilization</td>
<td></td>
</tr>
<tr>
<td>Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance</td>
<td>Consider installing a clear plastic partition between cashier and customer where it is not possible to maintain 6 feet of distance</td>
<td>Allow individuals to bring their own reusable bags</td>
<td></td>
</tr>
<tr>
<td>Deliver products through curbside pick-up or delivery</td>
<td>Deliver products through curbside pick-up or delivery</td>
<td>If possible, waive prescription delivery fees for higher-risk individuals</td>
<td></td>
</tr>
<tr>
<td>Make regular announcements to remind customers to follow physical distancing guidelines</td>
<td>Make regular announcements to remind customers to follow physical distancing guidelines</td>
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<td></td>
</tr>
<tr>
<td><strong>Specific Guidance for Grocery &amp; Pharmacy</strong></td>
<td><strong>Specific Guidance for Grocery &amp; Pharmacy</strong></td>
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</tr>
<tr>
<td>Separate order and delivery areas to keep customers from waiting too long in confined areas together</td>
<td>Separate order and delivery areas to keep customers from waiting too long in confined areas together</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prevent people from self-serving any food items that are ready to eat and are not prepackaged; does not include fresh produce</td>
<td>Prevent people from self-serving any food items that are ready to eat and are not prepackaged; does not include fresh produce</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Only make bulk items available if they are individually packaged</td>
<td>Only make bulk items available if they are individually packaged</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do not allow individuals to bring their own bags, mugs, or other reusable items from home</td>
<td>Do not allow individuals to bring their own bags, mugs, or other reusable items from home</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If possible, waive prescription delivery fees</td>
<td>If possible, waive prescription delivery fees</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Hospitality, Tourism &amp; Accommodations</strong></td>
<td><strong>Hotels and other accommodations take extreme safety precautions for both staff and guests</strong></td>
<td><strong>Precautions taken with shared spaces; additional caution is taken with extra sanitation of all areas of the property</strong></td>
<td><strong>Refer to General Guidelines for Employers on page 23</strong></td>
</tr>
<tr>
<td>Limited operations of this industry. Hotels and other accommodations take extreme safety precautions for both staff and guests</td>
<td>Follow all employer guidelines outlined on page 12</td>
<td>Follow all employer guidelines outlined on page 12</td>
<td></td>
</tr>
<tr>
<td>Follow all employer guidelines outlined on page 12</td>
<td>Staff and guests wear face coverings</td>
<td>Face coverings worn in settings where other physical distancing measures are difficult to maintain</td>
<td></td>
</tr>
<tr>
<td>Staff and guests wear face coverings</td>
<td>Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas</td>
<td>Maintain signage to remind groups to follow physical distancing guidelines and avoid congregating in common areas</td>
<td></td>
</tr>
<tr>
<td>Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas</td>
<td>Physical distancing maintained in all common areas or meeting rooms</td>
<td>Digital check-in and checkout encouraged</td>
<td></td>
</tr>
<tr>
<td>Gift shops continue to sell food, medicine, or other essential items</td>
<td>Digital check-in and checkout encouraged</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Digital check-in and checkout encouraged</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

### High Risk

<table>
<thead>
<tr>
<th>Events, Cultural Arts &amp; Entertainment (including Sporting Events, Concerts, Rodeos, Parades, Convention Centers, Theatres, Museums, Zoos, Aquariums, Aviaries, Botanical Gardens, Indoor)</th>
<th>In-person operation of this industry is allowable under increased cleaning regimen and operational protocols in place to ensure safe distancing restrictions are met</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Follow all employer guidelines outlined on page 12</td>
<td></td>
</tr>
<tr>
<td>• Spectators encouraged to attend remotely</td>
<td></td>
</tr>
<tr>
<td>• A 10-foot distance must be maintained between household groups at all times including while seated</td>
<td></td>
</tr>
<tr>
<td>• For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats</td>
<td></td>
</tr>
</tbody>
</table>

### Moderate Risk

<table>
<thead>
<tr>
<th>Events, Cultural Arts &amp; Entertainment (including Sporting Events, Concerts, Rodeos, Parades, Convention Centers, Theatres, Museums, Zoos, Aquariums, Aviaries, Botanical Gardens, Indoor)</th>
<th>In-person operation of this industry is allowable under increased cleaning regimen and operational protocols in place to ensure safe distancing restrictions are met</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Follow all employer guidelines outlined on page 12</td>
<td></td>
</tr>
<tr>
<td>• Controlled entrance and exit points that enable physical distancing guidelines to be maintained</td>
<td></td>
</tr>
<tr>
<td>• Ability to track attendance</td>
<td></td>
</tr>
<tr>
<td>• No temporary mass gatherings as defined in Rule R392-400</td>
<td></td>
</tr>
</tbody>
</table>

### Low Risk

<table>
<thead>
<tr>
<th>Events, Cultural Arts &amp; Entertainment (including Sporting Events, Concerts, Rodeos, Parades, Convention Centers, Theatres, Museums, Zoos, Aquariums, Aviaries, Botanical Gardens, Indoor)</th>
<th>In-person operation of this industry is allowable under increased cleaning regimen</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Follow all employer guidelines outlined on page 12</td>
<td></td>
</tr>
<tr>
<td>• No temporary mass gatherings at a site or sites for a purpose different from the designed use and usual type of occupancy as defined in Rule R392-400 allowed</td>
<td></td>
</tr>
<tr>
<td>• Event size can exceed 50 individuals if organizational oversight can be provided that ensures guidelines are followed. Formal organizations will complete event management</td>
<td></td>
</tr>
</tbody>
</table>

### New Normal Risk

<table>
<thead>
<tr>
<th>Events, Cultural Arts &amp; Entertainment (including Sporting Events, Concerts, Rodeos, Parades, Convention Centers, Theatres, Museums, Zoos, Aquariums, Aviaries, Botanical Gardens, Indoor)</th>
<th>In-person operation of this industry is allowable under increased cleaning regimen</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Symptomatic guests should stay in their room and wear a face covering anytime they leave the room</td>
<td></td>
</tr>
<tr>
<td>• Consider designating one staff member to attend to sick guests</td>
<td></td>
</tr>
<tr>
<td>• Launder all exposed linens and cleaning supplies separately</td>
<td></td>
</tr>
<tr>
<td>• Pools follow guidelines on page 10</td>
<td></td>
</tr>
<tr>
<td>• Fitness centers follow guidelines on page 19</td>
<td></td>
</tr>
<tr>
<td>• Restaurants follow guidelines on page 13</td>
<td></td>
</tr>
</tbody>
</table>

Refer to General Guidelines for Employers on page 23
### Venues

- **Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation**

### Arenas, Wedding Venues

<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>(demonstrated on digital seat map) to ensure safe radius</td>
<td>Event size can exceed 20 individuals if organizational oversight can be provided that ensures guidelines are followed</td>
<td>Face coverings are worn by individuals at the event when physical distancing is not feasible and a required record of seating assignments and contact information for each party is kept for 21 days following the event</td>
<td>Event does not exceed 6,000 individuals for outdoor events and 3,000 individuals for indoor events; this may be increased based on data and milestone trends</td>
</tr>
<tr>
<td>- Set an established window time for higher-risk groups to come in without pressure from crowds and/or separate entrances and queues</td>
<td>- A 6-foot distance must be maintained between household groups at all times including while seated</td>
<td>- Physical distancing is still promoted and maintained wherever feasible at the event</td>
<td>- Organizations are encouraged to utilize the Healthy Together mobile app to help contain the spread of COVID-19 among its employees and patrons</td>
</tr>
<tr>
<td>- Limit the number of people in a confined area to enable adequate distancing at all times</td>
<td>- For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats (demonstrated on digital seat map) to ensure safe radius</td>
<td>- Face coverings are worn by individuals at the event when physical distancing is not feasible</td>
<td>- Set an established window time for higher-risk groups to come in without pressure from crowds and/or separate entrances and queues</td>
</tr>
<tr>
<td>- Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens)</td>
<td>- Set an established window time for higher-risk groups to come in without pressure from crowds and/or separate entrances and queues</td>
<td>- At non-seated events, collection of event attendee contact information is encouraged to help identify and use a direct approach to contact potential exposures</td>
<td>- Event organizational oversight must ensure:</td>
</tr>
<tr>
<td>- Congregating at any point is not allowed</td>
<td>- Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens)</td>
<td>- Event venues with seating will be allowed to fill each seat as long as:</td>
<td></td>
</tr>
</tbody>
</table>
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
| - Encourage contactless payment; disinfect between transactions and comply with other retail recommendations | - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |  
  - A direct approach to help contain the spread of COVID-19 among its employees and patrons  
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
| - Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible | - Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible. Those who are symptomatic cannot participate and should self-quarantine |  
  - A direct approach to help contain the spread of COVID-19 among its employees and patrons  
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
| - Electronic tickets and playbills encouraged in place of paper | - If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they should be excluded from participation for at least 14 days from their last exposure |  
  - A direct approach to help contain the spread of COVID-19 among its employees and patrons  
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
| **Concessions:** | **Concessions:** |  
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
| - Serving and seating protocols consistent with restaurant guidance | - Maintain 6-foot distancing for all lines |  
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
| - Maintain 6-foot distancing for all lines | |  
  - Dedicated staff for sanitizing high-touch areas  
  - Encourage contactless payment; disinfect between transactions at facility stores/gift shops and comply with other retail recommendations |
## Personal Services (including barbers, cosmetologists, body artists, nail technicians, massage therapists, tanning, etc.)

**Extreme limitations of this industry**
- Follow all employer guidelines outlined on page 12
- Business that rely on close human interaction encouraged not to stay open
- Symptom checking (checklist or verbal), including temperature checks when feasible in all interactions
- Face coverings worn by both service provider and client

**Industry open under strict hygiene protocols.**
- Service provider and customer wear face coverings.
- Meticulous monitoring of symptoms
  - Follow all employer guidelines outlined on page 12
  - Both service provider and client wear face coverings. Exception given for clients when mask interferes with service
  - Symptom checking (checklist or verbal), including temperature checks when feasible, of all staff at the beginning of each shift, with a log that can be made available for inspection by health department
  - Customers must have their symptoms checked before services are rendered

**Refer to General Guidelines for Employers on page 23**

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<table>
<thead>
<tr>
<th>High Risk</th>
<th>Moderate Risk</th>
<th>Low Risk</th>
<th>New Normal Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation</strong></td>
<td><strong>Encourage contactless payment</strong>&lt;br&gt;<strong>To the extent reasonable, serve grab-and-go food items</strong>&lt;br&gt;<strong>Any concessions/restaurant seating is compliant with restaurant dine-in recommendations</strong></td>
<td><strong>Maintain signage to remind and help individuals stand at least 6 feet apart when in common areas or while visiting exhibits (e.g. museums, zoos, aquariums, aviaries, botanical gardens)</strong>&lt;br&gt;<strong>Participants (e.g., players, performers, actors) in events should have their symptoms checked (checklist or verbal), including temperature checks when feasible. Those who are symptomatic cannot participate and should self-quarantine</strong>&lt;br&gt;<strong>If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they should be excluded from participation for at least 14 days from their last exposure</strong>&lt;br&gt;<strong>Concessions:</strong>&lt;br&gt;• Serving and seating protocols consistent with restaurant guidance&lt;br&gt;• Maintain 6-foot distancing for all lines&lt;br&gt;• Encourage contactless payment&lt;br&gt;• To the extent reasonable, serve grab-and-go food items&lt;br&gt;• Any concessions/restaurant seating is compliant with restaurant dine-in recommendations</td>
<td><strong>Refer to General Guidelines for Employers on page 23</strong></td>
</tr>
<tr>
<td>Risk Level</td>
<td>Guideline Details</td>
<td></td>
<td></td>
</tr>
<tr>
<td>----------------------</td>
<td>-----------------------------------------------------------------------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>High Risk</strong></td>
<td>• Appointments scheduled with enough time allowed to disinfect all procedure surfaces between services&lt;br&gt;• Service provider maintains log of appointments with customer contact information to assist with contact tracing efforts&lt;br&gt;• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes waiting areas and between clients at all times&lt;br&gt;• Contactless payment encouraged; financial equipment disinfected after each transaction</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Moderate Risk</strong></td>
<td>• Procedure/service area surfaces are disinfected between each client&lt;br&gt;• Appointments scheduled with enough time allowed to disinfect all procedure surfaces between services&lt;br&gt;• Service provider maintains log of appointments with customer contact information to assist with contact tracing efforts&lt;br&gt;• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes in waiting areas and between clients at all times&lt;br&gt;• Contactless payment encouraged; financial equipment disinfected after each transaction</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Low Risk</strong></td>
<td>• Appointments/service area surfaces are disinfected between each client&lt;br&gt;• When services are not being directly provided, 6 feet of physical distance must be maintained. This includes in waiting areas and between clients at all times&lt;br&gt;• Contactless payment encouraged; financial equipment disinfected after each transaction</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>New Normal Risk</strong></td>
<td>Refer to General Guidelines for Employers on page 23</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Home Repair**

- Operates under the General Guidelines for Employers. Strict hygiene
  - Follow all employer guidelines outlined on page 12
  - Inquire if homes have symptomatic individuals and exercise caution
  - Monitor symptoms of employees
  - Wash or sanitize hands before and after leaving a home
  - Wear face coverings and disinfect hands between each site
  - Disinfect tools after each site
  - Share estimates, invoices, and other documentation electronically

**Gyms & Fitness Centers (including indoor recreation centers, yoga studios, dance, tumbling, indoor sports, etc.)**

- Fitness centers and gyms are closed
  - Refer to General Guidelines for Employers on page 23

- Recommended closure of fitness centers and gyms; if open, fitness centers and gyms should follow strict distancing and cleaning guidance
  - Follow all employer guidelines outlined on page 12
  - Employees must go through symptom checking before every shift (checklist or verbal), including temperature checks when feasible. Log must be kept and available for inspection by health department

- Fitness centers and gyms are open with some distancing and cleaning guidance
  - Follow all employer guidelines outlined on page 12
  - Employees must go through symptom checking before every shift (checklist or verbal), including temperature checks when feasible. Log must be kept and available for inspection by health department
  - Symptom checking of participants prior to each competition or practice (checklist or verbal), including temperature checks when feasible
  - Spectators encouraged to maintain physical distancing between household groups and wear face coverings and disinfect hands between each site
  - Disinfect tools after each site
  - Share estimates, invoices, and other documentation electronically

- Spectators encouraged to maintain physical distance between household groups and wear face coverings and disinfect hands between each site
  - Disinfect tools after each site
  - Share estimates, invoices, and other documentation electronically

- Symptom checking of participants prior to each competition or practice (checklist or verbal), including temperature checks when feasible
### Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

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<tr>
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</tr>
</thead>
</table>
| • Screen patrons upon entering the facility with a questionnaire asking about symptoms, travel, and any sicknesses in the home  
• Employees must wear face coverings; patrons encouraged to wear face coverings whenever possible  
• Patrons of different households must maintain 10 feet of distance at all times (limit the number of patrons in the gym or class, space or close off equipment accordingly)  
• Do not engage in sporting activities requiring teammates or opponents to be closer than 10’ from one another  
• Skills development and conditioning activities are allowable under physical distancing guidelines  
• Staff must disinfect all equipment after each use  
• No sign-in sheets, touchpads, or touch surfaces required for entry  
• Higher-risk individuals discouraged from using facilities at this time  
• Follow pool guidance on page 10 | • Spectators wear face coverings when physical distancing guidelines are difficult to maintain  
• Employees working within 6 feet of patrons must wear face coverings  
• Patrons of different households must maintain 6 feet of distance when feasible; this may be increased based on data and milestone trends. Limit the number of patrons, space or close off equipment accordingly  
• Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible  
• Make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use  
• Follow pool guidance on page 10 | • Staff must disinfect all equipment after each use  
• No sign-in sheets, touchpads, or touch surfaces required for entry  
• Follow pool guidance on page 10 | • Spectators wear face coverings when physical distancing guidelines are difficult to maintain  
• Encouraged to make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use |

| Construction, General Contractors & Manufacturing | Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions  
• Follow all employer guidelines outlined on page 12  
• Ensure nobody with symptoms enters a job site  
• Provide additional hand washing stations; wash or sanitize hands before and after leaving a site  
• Wear face coverings and perform hand hygiene regularly  
• Clean and disinfect project sites, including high-touch surfaces and tools frequently  
• Share estimates, invoices, and other documentation electronically | Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions  
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• Ensure nobody with symptoms enters a job site  
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<tbody>
<tr>
<td><strong>Childcare</strong></td>
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</tr>
<tr>
<td>- Follow all employer guidelines outlined on page 12</td>
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<td>- Follow all employer guidelines outlined on page 12</td>
<td>- For facilities overseen by childcare licensing, follow childcare licensing instructions for ratios, group sizes, and approved capacity</td>
</tr>
<tr>
<td>- Enhanced cleaning and disinfecting</td>
<td>- Enhanced cleaning and disinfecting</td>
<td>- Enhanced cleaning and disinfecting</td>
<td></td>
</tr>
<tr>
<td>- Encourage children to be 6 feet apart as much as possible</td>
<td>- Encourage children to be 6 feet apart as much as possible</td>
<td>- Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</td>
<td></td>
</tr>
<tr>
<td>- Groups must be restricted to groups of 10 unless a wall can physically separate each group</td>
<td>- Groups must be restricted to groups of 20 unless a wall can physically separate each group</td>
<td>- Groups must be restricted to groups of 20 unless a wall can physically separate each group</td>
<td></td>
</tr>
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</tr>
<tr>
<td>- Curbside drop off and pick up</td>
<td>- Curbside drop off and pick up</td>
<td>- Curbside drop off and pick up</td>
<td></td>
</tr>
<tr>
<td>- All individuals must wash hands with soap and running water upon arrival</td>
<td>- All individuals must wash hands with soap and running water upon arrival</td>
<td>- All individuals must wash hands with soap and running water upon arrival</td>
<td></td>
</tr>
<tr>
<td>- Don't use toys that can't be washed and disinfected</td>
<td>- Don't use toys that can't be washed and disinfected</td>
<td>- Don't use toys that can't be washed and disinfected</td>
<td></td>
</tr>
<tr>
<td>- Children and staff should stay home if they're sick</td>
<td>- Children and staff should stay home if they're sick</td>
<td>- Children and staff should stay home if they're sick</td>
<td></td>
</tr>
<tr>
<td>- Children and staff are screened for symptoms (checklist or verbal), including temperature checks when feasible</td>
<td>- Children and staff are screened for symptoms (checklist or verbal), including temperature checks when feasible</td>
<td>- Children and staff are screened for symptoms (checklist or verbal), including temperature checks when feasible</td>
<td></td>
</tr>
<tr>
<td>- If there is a confirmed case, facility must be closed and alert local health department</td>
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<td>- If there is a confirmed case, facility must be closed and alert local health department</td>
<td></td>
</tr>
<tr>
<td>- All high-touch surfaces should be cleaned and disinfected after each use (e.g., toys, keyboards, desks, remote controls)</td>
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<td></td>
</tr>
<tr>
<td>- When handling food, follow guidelines in Appendix A</td>
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<td></td>
</tr>
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<td>- Don't use toys that can't be washed and disinfected</td>
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</tr>
<tr>
<td>- All high-touch surfaces should be cleaned and disinfected regularly</td>
<td>- All high-touch surfaces should be cleaned and disinfected regularly</td>
<td>- All high-touch surfaces should be cleaned and disinfected regularly</td>
<td></td>
</tr>
<tr>
<td>- The provider must restrict offsite activities to places or environments where social distance and proper cleaning practices can be controlled</td>
<td>- The provider must restrict offsite activities to places or environments where social distance and proper cleaning practices can be controlled</td>
<td>- The provider must restrict offsite activities to places or environments where social distance and proper cleaning practices can be controlled</td>
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# Healthcare-Specific Guidelines

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<tbody>
<tr>
<td><strong>Hospital Settings and Ambulatory Surgical Facilities</strong></td>
<td>Each hospital and ambulatory surgical center operating in Utah shall follow the protocols developed by the Utah Hospital Association in consultation with the Utah Department of Health, titled &quot;Utah Hospital Roadmap for Resuming Elective Procedures 2.0&quot;</td>
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<tr>
<td><strong>Non-hospital Setting, including Dentistry</strong></td>
<td>Adhere to all protocols set forth in the following state public health order: <a href="https://coronavirus-download.utah.gov/Health/state%20public%20health%20order_20.04.21.pdf">https://coronavirus-download.utah.gov/Health/state%20public%20health%20order_20.04.21.pdf</a></td>
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</table>
Phased Guidelines for the General Public and Businesses to Maximize Public Health and Economic Reactivation

Best Practices for Employers

- Those who are, or work with, higher-risk populations, should undergo daily screening/symptom\(^9\) monitoring, and be tested if they begin to experience COVID-19 symptoms
- Employers should work with higher-risk employees to make reasonable accommodations that enable the higher-risk individual to maintain employment in a safe manner
- Maintain physical distancing of 6 feet; face coverings recommended when physical distancing is not feasible
- Encourage the use of face coverings to protect those who are higher-risk and when physical distancing is not feasible
- Enhanced hygiene and sanitation practices
- Use online conferencing, email, or telephone in place of in-person meetings, even when people are in the same building or wear face coverings when physical distancing is not feasible
- Regularly remind employees and customers to follow distancing guidelines. Use floor markings to mark appropriate physical distance where appropriate
- Encourage digital files rather than paper formats (e.g. documentation, invoices, inspections, forms, agendas)
- Consider what reserve supplies may be necessary to obtain (e.g., cleaning supplies or other protective equipment)
- Establish and maintain open dialogue with local communities, including key vendors and suppliers, exploring contingencies and sharing appropriate decisions about foodservice, transportation, and other services
- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact in the workplace
- If relevant, update emergency communication plan with key contacts and backups, chain of communications, and processes for tracking and communicating; share the response plan with employees and communicate expectations
- Ensure every employee’s contact information and emergency contact details are up to date; ensure a plan is in place to reach employees quickly
- Educate workforce about the threats of the COVID-19 pandemic; what the business is doing, and what they should do to protect themselves and their families
- Prepare for absenteeism; create or maintain non-punitive leave policies so employees do not feel pressured to come to work if they are sick. Not only sick employees will stay home; others may need to care for the sick, quarantined individuals, or children; those employees should notify their supervisors
- Provide signage at each public entrance to inform all employees and customers that they should:
  - Avoid entering if they have a fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste, or feel generally unwell
  - Encourage 6-foot physical distancing and face coverings when physical distancing is not feasible
  - Sneeze/cough into cloth, tissue, elbow or sleeve (not hands)
  - Avoid hand shaking or unnecessary physical contact
  - Wash hands often, and for at least 20 seconds
- Train managers/leadership to recognize signs of COVID-19 and to be clear on relevant protocols
- Sick employees or close contacts of positive COVID-19 individuals should stay home
- Employers who become sick or who develop COVID-19 symptoms while at work should be separated from other employees/customers immediately and sent home; immediately clean and disinfect areas the sick employee visited. Encourage employees to report any illness to a manager, especially if sick with fever, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste
- If an employee is confirmed COVID-19 positive, employers should inform close contact employees while maintaining confidentiality; close contact employees should follow local health department guidance

Cleaning & Hygiene Guidelines for Employers

- Promote etiquette for coughing, sneezing, and regular handwashing. Encourage employees to avoid touching face, especially eyes, nose, and mouth; place signage that encourages hand and respiratory hygiene
- Encourage contactless pay options if possible; disinfect transaction equipment regularly
- When possible, discourage sharing of work tools and equipment or disinfect between use
- Make a list of high-touch surfaces requiring routine disinfecting and perform routine environmental cleaning (e.g., elevator buttons, workstations, countertops, handrails, doorknobs, breakrooms, bathrooms, common areas), either twice a day or after each use. Consider keeping a logbook of cleaning regimen. Those cleaning should:
  - Follow precautions listed on the disinfectant product label
  - Prior to disinfecting, clean surfaces with soap and water if soiled
  - Use EPA-approved disinfectant, industrial cleaner, diluted bleach, or alcohol solutions
- Provide disposable disinfecting wipes for employee use on high-touch surfaces; provide no-touch trash bins
- Make hand sanitizer, soap and water, or effective disinfectant readily available. Provide pop-up handwashing stations or facilities where necessary (e.g. open houses, construction sites)
- Personal Protection Equipment (PPE) should not be shared and should be disposed of properly
- Employees should be conscious of cross-contamination while using gloves and wash their hands after removal
- Laundry: use warmest appropriate water setting, dry items completely, do not shake dirty laundry, launder items
  - that encourage handwashing 19 and to be clear on relevant protocols
- Promote etiquette for coughing, sneezing, and regular handwashing. Encourage employees to avoid touching face, especially eyes, nose, and mouth; place signage that encourages hand and respiratory hygiene

Employers Monitoring Symptoms\(^9\)

- Symptom checking in business interactions
- Train managers/leadership to recognize signs of COVID-19 and to be clear on relevant protocols
- Sick employees or close contacts of positive COVID-19 individuals should stay home
- Employers who become sick or who develop COVID-19 symptoms while at work should be separated from other employees/customers immediately and sent home; immediately clean and disinfect areas the sick employee visited. Encourage employees to report any illness to a manager, especially if sick with fever, cough, trouble breathing, sore throat, muscle aches and pains, sudden changes in smell or taste
- If an employee is confirmed COVID-19 positive, employers should inform close contact employees while maintaining confidentiality; close contact employees should follow local health department guidance

\(^9\) Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains; refer to CDC symptoms list for updated details

Appendix A: Guidelines for Dine-in Restaurants Open in High, Moderate and Low Risk

Operational Practice

- Limit tables to groups of 10, preferably members of the same household
- Groups of patrons at a table must maintain a distance of 6 feet from patrons of other parties at all times. Either move tables or mark off tables not to be used
- In waiting areas, a 6-foot distance must be maintained between parties, whether indoor or outdoor
- Maintain signage to remind individuals from separate parties to stand at least 6 feet apart; waiting area has floor markers to indicate proper spacing
- Hosts preferably open doors for customers and guide them to their seats to prevent traffic or congregating; hand sanitizer available at door
- Recommendation that upon entry, hosts point guests to signage that includes the following information:
  - Outlines symptoms\(^\text{10}\) and encourages that if the patron, or someone they live with, has experienced COVID-19 symptoms, to please order takeout instead
  - Recommendation for higher-risk individuals\(^\text{11}\) to order takeout/delivery instead of dining in for the protection of that individual
- Manager checks each employee for symptoms before every shift and asks if any member of the employee’s household has tested positive for COVID-19 in the past 14 days. Log must be kept and available for inspection by the local health officer or designee
- Staff must wear face coverings at all times and perform hand hygiene between interactions with each table
- Cups, lids, napkins and straws must be handed directly to customers by staff
- Do not place utensils on table until patron is seated
- Encourage contactless and non‐signature payment; when not possible, card and payment stations must be sanitized after each use. Staff must sanitize hands between handling payment options and food/containers
- Staff avoid touching items that have been placed on the table (menus, plates, utensils, pens, cups, etc.). The table will be cleared by a dedicated staff member once all guests have left
- Staff member sanitizes the area occupied by customers upon departure including tables, menus, pens, salt and pepper shakers, etc. and conducts sanitization of high-touch surfaces throughout the day as needed
- Consider use of disposable items if possible
- The restaurant may not operate if PPE, EPA‐approved disinfectants and sanitizers, soap, and other necessary cleaning supplies are not available; sanitizer is effective against COVID-19
- Hand sanitizer must be available immediately adjacent to bathrooms
- Close restaurant for cleaning and disinfecting if the restaurant operates 24 hours per day, close restaurant for cleaning and disinfecting each morning and evening. Cleaning and disinfecting includes all tables, chairs, door handles, floors, bathrooms, and any high-touch surfaces
- Buffet and self‐serve restaurants will hand utensils, cups, plates and other service items directly to patrons. None of these items will be set out for patrons to self-serve. Buffet restaurants will either provide staff who serve meals from the food bars, or patrons may self-serve from food bars if hand sanitizer is used by each patron each time they enter a different food bar line. Where patrons are allowed to self-serve, serving utensils are replaced with clean serving utensils every 30 minutes. Face coverings must be worn by patrons in food serving areas
- Stagger workstations so employees are not facing one another and are 6 feet apart unless barriers are used, or face coverings are worn
- To-go boxes, pizza boxes, paper cups, and any other paper product that touches food must be treated as food
- Staff are only required to use gloves when handling ready-to-eat foods (including ice). Gloves are not required when handling foods that have yet to be cooked
- Indoor playgrounds in restaurants remain closed

\(^{10}\) Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains; refer to CDC symptoms list for updated details.[4](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)

\(^{11}\) Higher-risk individuals are defined as those of any age with underlying medical conditions such as: chronic kidney disease; COPD (chronic obstructive pulmonary disease); immunocompromised state (weakened immune system) from organ transplant; obesity (body mass index of 30 or higher); serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies; sickle cell disease; type 2 diabetes mellitus. Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease are at higher risk for severe illness from COVID-19 than other children.
Appendix B: Considerations for Faith Groups Returning to In-Person Religious Services in High, Moderate and Low Risk

Governor Herbert recognizes the importance of faith groups during these difficult times. Under the Orange (Moderate Risk) and Yellow (Low Risk) Utah COVID-19 Health Risk Status Phased Guidelines, faith groups are able to hold in-person religious services of any size as long as a distance of at least six feet is maintained between household groups. This six-foot distance requirement is the only limit imposed by the Phased Guidelines on the number of people permitted to participate in an in-person religious service.

The following are provided as considerations for faith groups and individuals returning to in-person religious services. These considerations were prepared in consultation with a working group of faith leaders representing the rich diversity of faiths in Utah. These considerations are also consistent with ongoing messaging from the Utah Department of Health and are consistent with the best available medical science.

These considerations are not binding on any faith group and should not be construed as an attempt to regulate religious practices. They are provided as information so that individuals can make decisions to protect themselves and others from COVID-19. Each faith group will decide for itself when to resume in-person religious services.

• Consideration for higher-risk individuals:
  o Limit participation in any in-person gatherings, including religious services, of any number of people outside your household group.
  o Higher-risk individuals include:
    • Older adults as defined by the Centers for Disease Control and Prevention [here](#)
    • People of any age with the following conditions are at increased risk of severe illness from COVID-19:
      ▪ Chronic kidney disease
      ▪ COPD (chronic obstructive pulmonary disease)
      ▪ Immunocompromised state (weakened immune system) from solid organ transplant
      ▪ Obesity (body mass index [BMI] of 30 or higher)
      ▪ Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
      ▪ Sickle cell disease
      ▪ Type 2 diabetes mellitus
      ▪ Children who are medically complex, who have neurologic, genetic, metabolic conditions, or who have congenital heart disease

• Considerations for all individuals participating in an in-person religious service:
  o Wear a face covering when you cannot maintain a distance of six feet from other individuals from a different household.
  o Do not shake hands with, or otherwise touch, an individual who is not a member of your household group.
  o Avoid high-touch surfaces.
  o Disinfect high-touch surfaces frequently.
  o Wash your hands frequently.
  o Wear a face mask and perform hand hygiene when preparing food to be consumed by individuals from a different household.
  o Avoid group meals that are not part of the religious service.

• Considerations for faith group leaders organizing an in-person religious service:
  o Implement measures to prevent individuals from congregating in lobbies or meeting areas where a 6-foot distance between household groups is difficult to maintain.
  o Post signage to remind individuals to maintain physical distancing when in common areas.
  o Set an established window of time or provide separate entrances for higher-risk individuals to enter and exit without pressure from crowds.
  o Provide multiple meeting schedules to accommodate smaller gatherings where physical distancing guidelines can be followed.
  o Provide streamed services to households that prefer to participate virtually.
Appendix C: Face Covering Exceptions in K-12

In accordance with the public health order issued on July 17, 2020 by the Utah Department of Health and in consideration of students’ physical, social and mental wellbeing, students are exempt from wearing a face covering when actively engaging in:

- Outdoor recess in elementary schools
  - Cohorting, physical distancing and hand hygiene before and after recess is promoted
- A school-sponsored activity or physical education class if the individual cannot reasonably participate while wearing a face covering. Each individual participating in a school-sponsored activity must complete a symptom assessment, verbally confirm they are free of COVID-19 symptoms before participating in each event, and attest to the fact they have not been in close contact (within 6 feet for 15 minutes or more) with a COVID-positive case in the last 14 days prior to participation
  - Where possible, confirm participant temperature is below 100.4 degrees Fahrenheit

Institutions shall identify school-sponsored activities that are higher-risk and consider not holding the activities or introduce additional mitigating strategies. See the Utah State Board of Education School Reopening Planning Handbook for descriptions of higher-risk activities and tools and resources. The Handbook is located at [https://schools.utah.gov/file/5997f53e-85ca-4186-83fe-932385ea760a](https://schools.utah.gov/file/5997f53e-85ca-4186-83fe-932385ea760a).

Institutions may also reference the Utah High School Activities Association’s Return to Play guidelines for considerations to mitigate the risk of virus spread in school-sponsored activities. The guidelines are located at [https://uhsaa.org/SportsMed/UHSAA%20Return-to-Play%20Guidelines.pdf](https://uhsaa.org/SportsMed/UHSAA%20Return-to-Play%20Guidelines.pdf).

Spectators at school-sponsored activities or events should follow the guidelines from Events, Cultural Arts & Entertainment on page 16 of this document.

This guidance may be modified based on data and milestone trends.