

**Department of Human Services
Division of Substance Abuse and Mental Health
Report on HB 393 Implementation**

These strategies and associated funds require the Division of Substance Abuse and Mental Health (DSAMH) under HB 393, Suicide Prevention Amendments, from the 2019 General Session to ensure resources for the purposes of loss support, physician training, and a psychiatric consultation program.

Loss Survivor:

These funds were allocated for the provision of bereavement services following a suicide death and the option for the clean-up of property affected or damaged by an individual's suicide, as reimbursement for the costs incurred for the cleanup. We have continued to have challenges in implementing the cleanup portion of this and have only received two applications for this service. Below is a description of bereavement services provided with these funds (which is also supplemented with other funds).

Brief description of services for Sharing Place:

The Sharing Place provides grief support programs for children, teens, and families in a virtual or in-person format to those who have experienced the death of a parent or sibling to suicide; including partnering with local school districts when child, youth and families are unable to travel to on-site locations. To further support this effort, all staff will annually be trained in suicide prevention and grief support. Though the contract was only completed 8/23/2021, all grief support coordinators have been trained in QPR (Question, Persuade, Refer) and three grief support groups for survivors of suicide have been established.

Brief summary of Caring Connections services in FY21:

- The University of Utah, College of Nursing provides bereavement support and training for survivors of suicide, long term covid effects and grief.
- Creation of Suicide Grief Facilitator Manual, and the creation of the Suicide Grief Participant Manual, both in English and Spanish. This includes the development of Tier 1 and Tier 2 training both in-person and virtually. Training has included staff of both Latino Behavioral Health Services, Multicultural Counseling Center and the Urban Indian Center.
- Sudden Death Grief presentations have been made at Generations and the Utah Suicide Prevention Coalition's Faith Summit.
- Loss survivor support has been provided at the Utah Valley University Suicide Conference and the National Alliance on Mental Illness (NAMI) Utah Conference.
- Additional grief and suicide training provided to school districts: Granite, Alpine, Salt Lake City, Nebo, Sevier and Sanpete.
- Training provided to the Utah Navajo Health Services mental health team, nursing director and tribal leader.
- "Grief and Family Care for Death Investigation Teams" training provided to death investigators through the Office of the Medical Examiner

Full Annual Report Here:

https://docs.google.com/document/d/1lpG6N3yooy1TZlh5cFI4KT2fg-jqRb_X/edit?usp=sharing&oid=106218584403101077954&rtpof=true&sd=true

With additional SAMHSA Emergency Mental Health and Substance Use COVID funds beginning in October 2021, DSAMH contracted with the University of Utah College of nursing to provide grief and bereavement for survivors of COVID-19, as well as to those experiencing long term effects of COVID-19. Additionally, support has been provided to the Pacific Islanders and Latinx communities.

Physician Training:

DSAMH and the Division of Occupational and Professional Licensing (DOPL) partnered with the support in Intermountain Healthcare to produce four training videos that physicians can choose from to review to meet the requirement of the bill for licence renewal. The four topics are:

- Supporting Patients Through Care Transitions
- Collaborative Safety Planning: A brief intervention for managing suicide risk
- Suicide Prevention Through Lethal Means Reduction
- Counseling on Access to Lethal Means

There were 74,551 visits to the Medical Doctor, Doctors of Osteopathic Medicine, and Nursing landing page where the link to the videos reside in SFY21. A link was used from these pages (of which suicide prevention videos is a subset) 59,060 times in SFY21. In SFY21 there were 33,501 licenses renewed where viewing one of the suicide prevention videos is a requirement.

Psychiatric Consultation:

Huntsman Mental Health Institute's Consultation Access Link Line to Utah Psychiatry (CALL-UP) program provides Psychiatric consultation on diagnostic clarification, medication guidance, treatment planning, treatment resources, and GATE (Giving Access to Everyone) consultations, when necessary. This program supports primary care providers in meeting the treatment needs for their 0-24 age patients' mental health. The goals of the program are to: 1. Optimize primary care providers' ability and confidence to diagnose and treat mild to moderate mental health issues; 2. Improve quality of care and health outcomes for patients by affording early interventions; 3. Promote and improve mental health and physical health integration; and 4. Ensure appropriate referrals for individuals with serious behavioral health concerns.

Services provided in FY21 include:

- Increased the number of consultations from 76 in the first half to 119, a 51% growth in the number of consultations provided.
- Staffed psychiatric consultations shifts for 4.5 hours M-F
- Created and held monthly webinars designed to provide education about treatment for mental health disorders and a forum for providers to speak directly with a psychiatrist. Webinars offer 1.0 Continuing Medical Education credit per webinar attendance.

- Continued marketing outreach through relationship building with stakeholders; subsidized by more traditional marketing such mailers and email communication.
- Continual optimization of our website, to make it easier for providers to access educational materials and consultations.– uofuhealth.org/call-up
- Presented at conferences including Utah Zero Suicide Summit and Critical Issues Facing Children and Adolescents

Other notable accomplishments:

- Collaborating with Intermountain Healthcare's Assessment, Referral, and Consultation team for resources.
- Building and maintaining relationships with community stakeholders including Association for Utah Community Health, Intermountain Healthcare, Department of Health (CSHCN), Utah Hospital Association, and Utah Academy of Family Physicians (UAFP).
- A provider was not able to get a prescription filled for a patient without a psychiatric evaluation, but after calling CALL-UP the insurance company was able to approve the prescription.
- Participated in a Utah Chapter of the American Academy of Pediatrics Podcast with Utah provider Paul Wirkus from Willow Creek Pediatrics.

Full semi-annual reports:

- July 1, 2020 - December 31, 2020:
<https://drive.google.com/file/d/1MCwDKn5rQQPggeSahUHNnn0Zja9XX5R4/view?usp=sharing>
- January 1, 2021 - June 30, 2021:
<https://drive.google.com/file/d/1z9tbLk44mT-2bj3EidLkQMP5KSyZE9sP/view?usp=sharing>