

DIGITAL RESPONS- ABILITY4



IN-CLASS INSTRUCTION

- Elementary and Secondary Curriculum
- Classroom based instruction
- Cater to needs and concerns of each class.
- Customizable by school

VIRTUAL CLASSES

- Our same modules taught virtually
- Great for online schools, or schools with a large virtual student population



PARENT NIGHTS

- Built around the 3Ms of Digital Parenting
- Around 90 min long with a Q&A
- Can be conducted in person or virtually

ONE-ON-ONE CONSULTATIONS

- One-on-one consultations for parents
- Create a customized digital plan
- Over the phone, with flexible scheduling



CONTACT@RESPONS-ABILITY.NET

385-313-0575

DIGITAL RESPONSABILITY

EDUCATE · INFORM · EMPOWER

UTAH'S ONLY STATE SPONSORED ONLINE SAFETY PROVIDER

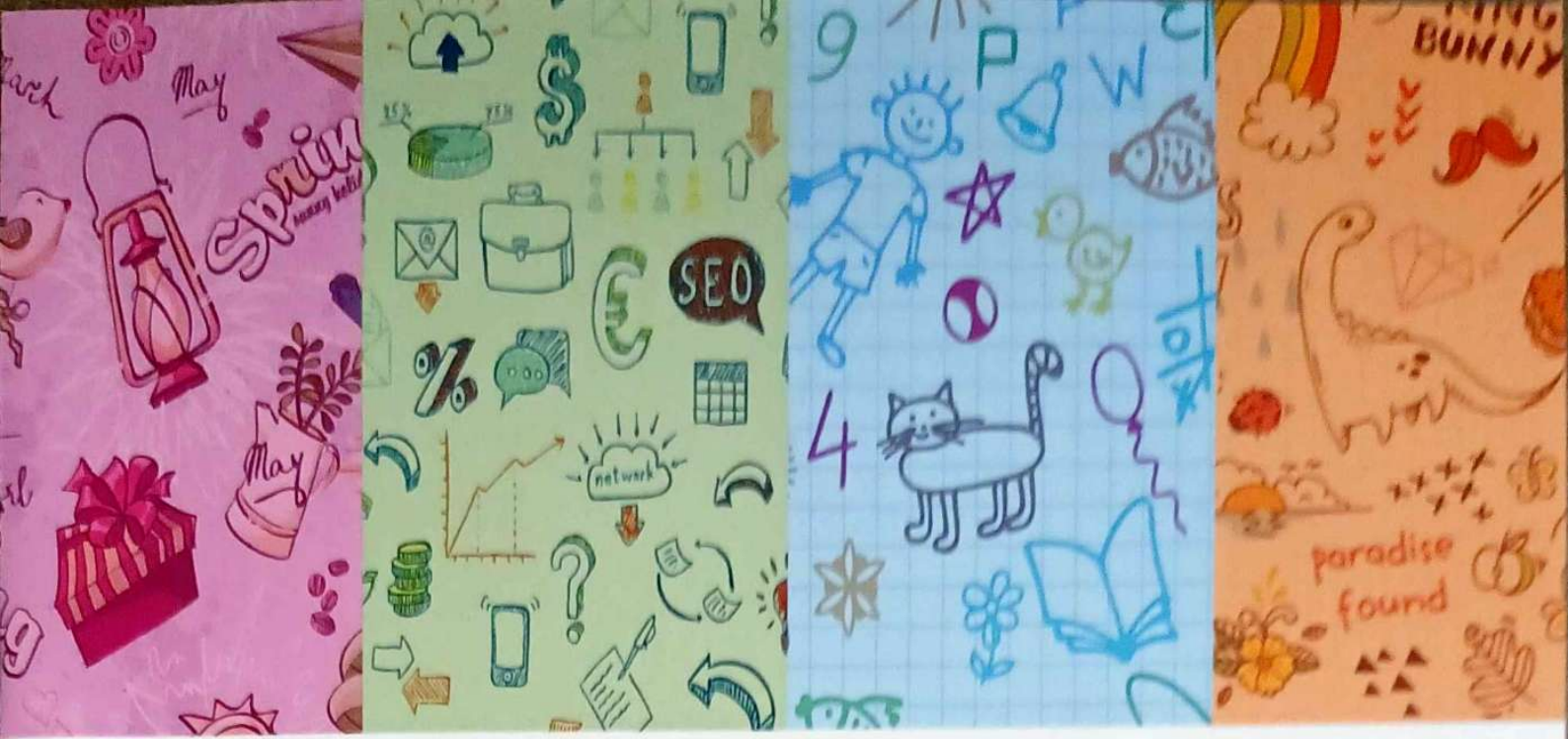
All of our programs are sponsored by the state, so there is **no cost** to schools or organizations in Utah

We teach the core principles of Digital Citizenship including:

Digital Wellness, Media Literacy, Online Safety, Digital Empathy, and much more!



respons-ability.net
digital-parenting.com



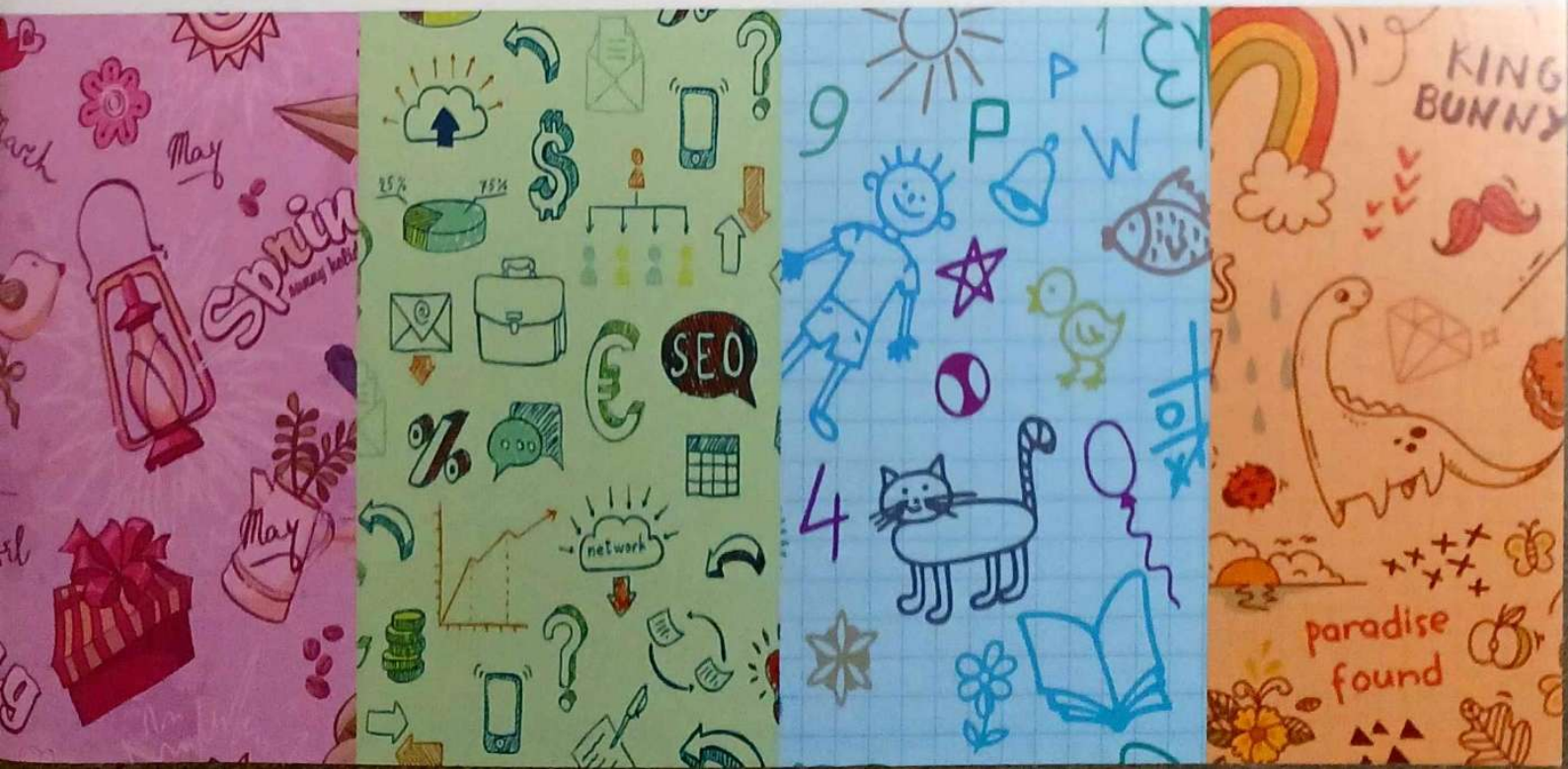
DISTRACTION


JOURNAL

This is a book for fidgeting, wiggling, rocking, sketching, squirming, fiddling, twitching, jiggling, twiddling and learning.



DIGITAL
RESPONS-
ABILITY





DOODLE ANYWAY !!!

Did you know?

DOODLING CAN INCREASE YOUR
COMPREHENSION BY ABOUT 29%
ACCORDING TO A STUDY IN APPLIED
COGNITIVE SCIENCE

- DOODLING CAN:
1. REDUCE STRESS
 2. HELP MEMORY
 3. INCREASE COMPREHENSION
 4. KEEP YOU FOCUSED



WHATS REAL AND WHATS FAKE?

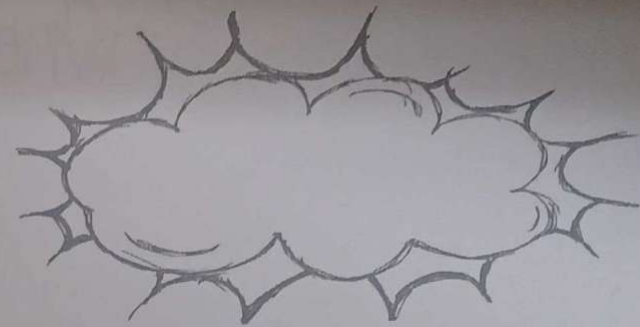
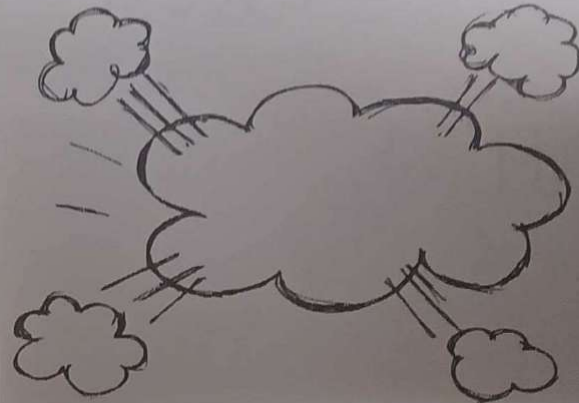
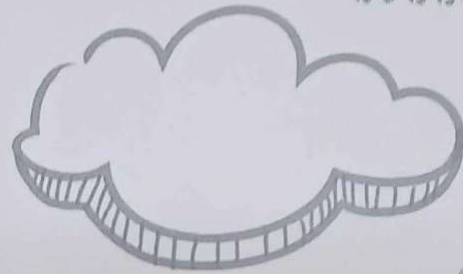
PLAY TWO TRUTHS AND A LIE

TRUTH

TRUTH

LIE

WE ALL LIVE IN BUBBLES OF
INFORMATION. WHAT ARE YOUR
BUBBLES?



ARE YOU AN OVERSHARER?
WHERE DOES THE INFO GO?

Listening

is the

grades!

form

of

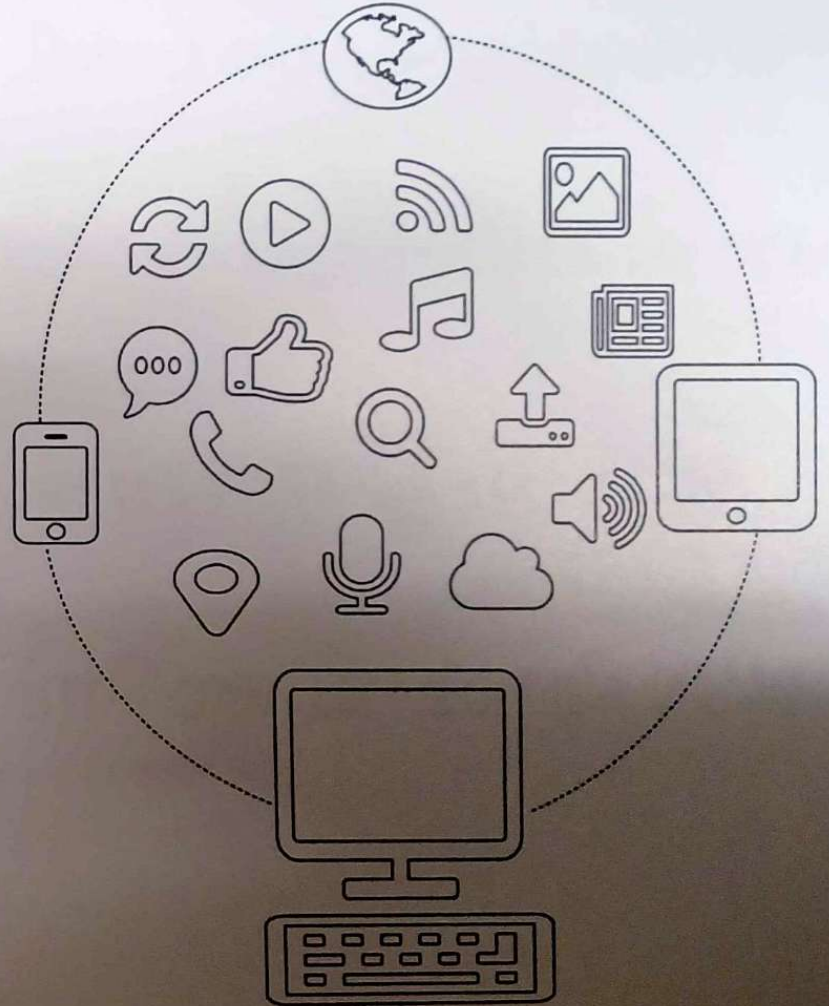
kindness

HOW ARE YOU FEELING? WRITE IT
DOWN. THEN RIP THIS PAGE OUT AND
THROW IT AWAY

HOW ARE YOU FEELING?

HOW ARE YOU FEELING?

COLORING PAGE



What's your favorite food?

Where would you love to visit?

What's your least favorite subject in school?

What's your favorite song?

What's the year you were born?

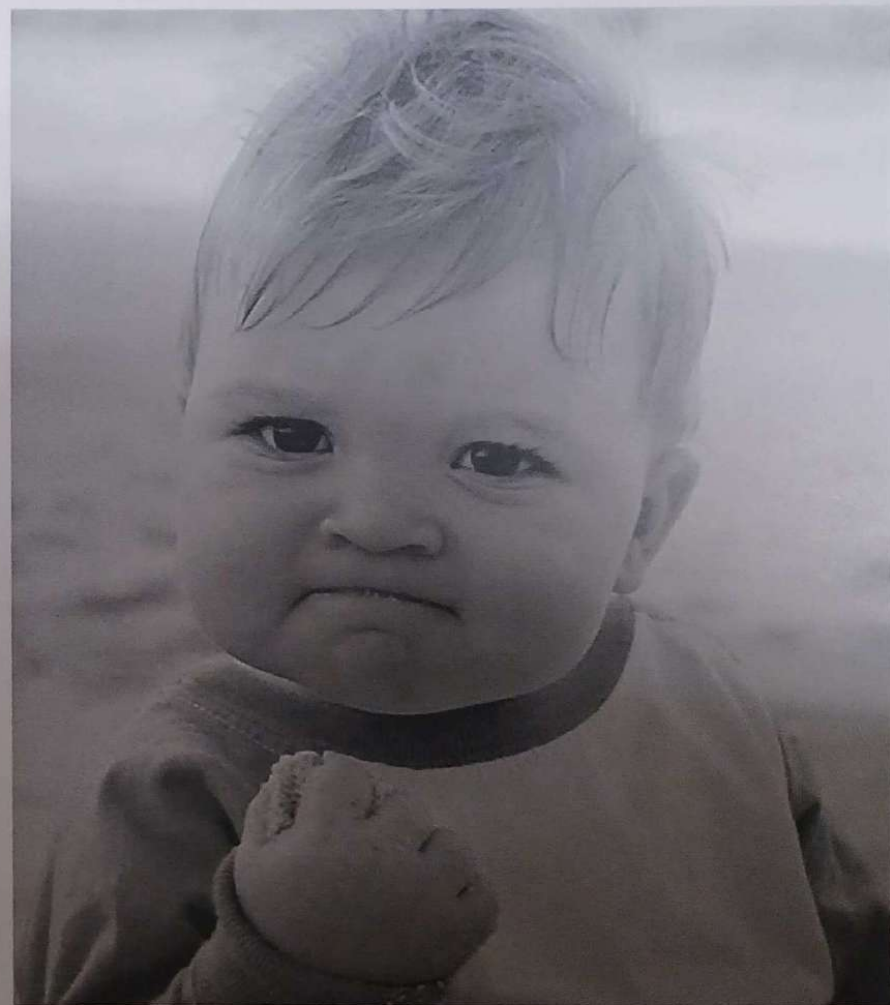
Combine them together for your unique new password!

START WITH THE DOT AND MAKE SOME CIRCLES. TAKE SOME DEEP BREATHS. YOU FEEL BETTER?



WRITE YOUR NAME WITH YOUR
NON-DOMINANT HAND.
WHAT ELSE CAN YOU WRITE?

CAPTION THIS



CAPTION THIS

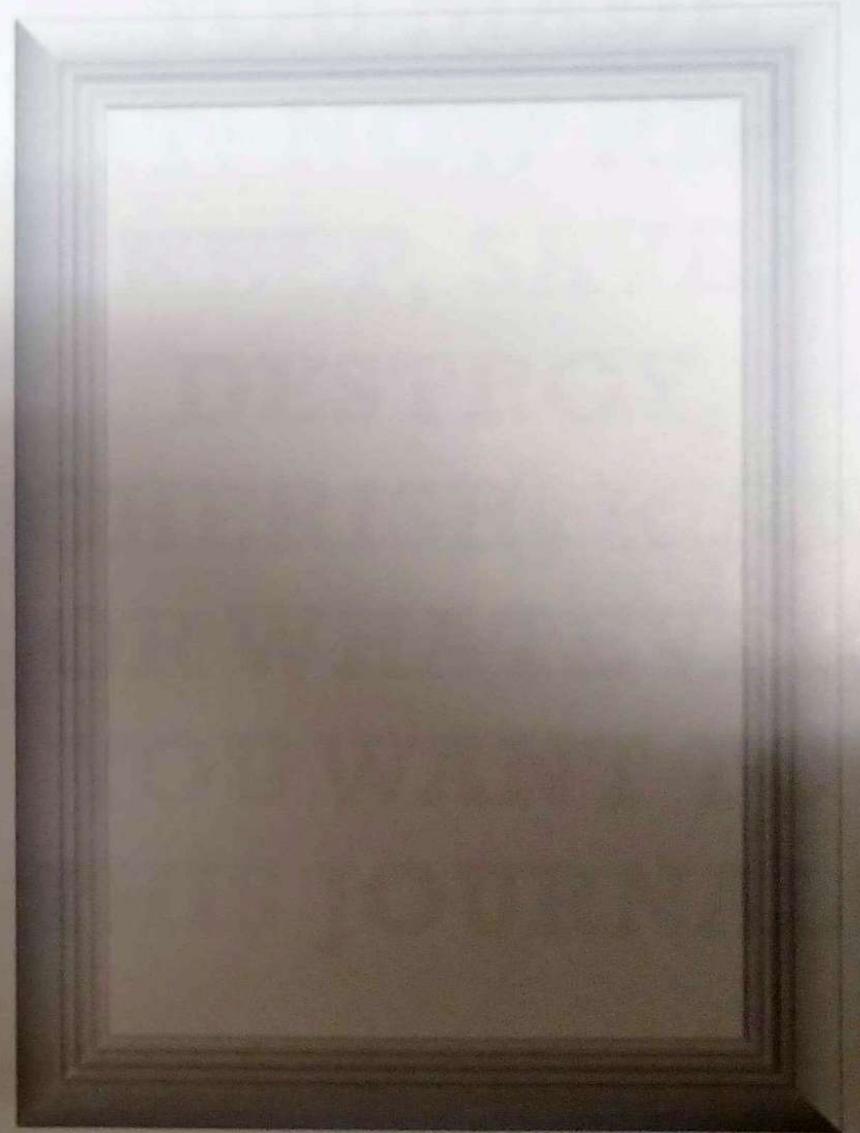



IF YOU HAD A MILLION DOLLARS, WHAT
WOULD YOU BUY? DRAW A PICTURE

COLORING PAGE



DRAW A SELF-PORTRAIT OF WHO YOU WANT TO BE ONLINE





WHERE DO YOU SEE YOURSELF IN 5
YEARS? 10 YEARS? DRAW A PICTURE

**YOU MADE
IT! NOW RIP,
KEEP, SAVE,
DESTROY,
CHERISH, RUIN
OR WHATEVER
YOU WANT TO
THIS JOURNAL!**