

HB195: Auricular Detoxification Amendments

Allows trained **mental health** and other **healthcare practitioners** to provide the auricular detoxification (NADA) protocol to help our **veterans** and other patients with **PTSD** and **substance use disorder**.

- The NADA protocol involves placing 5 tiny, single use, sterile needles or beads in 5 specific points.
- Used in the Utah Veteran's Hospital and Odyssey House by limited number of providers to help patients reduce stress and improve response to treatment.
- 23 other states have passed similar legislation with no safety issues.

Safe, effective, and drug-free

- Combined with counseling, education, and medical care, it decreases trauma symptoms and improves drug rehab outcomes.
- Patients in treatment benefit from receiving it regularly and directly from healthcare, addiction, and mental health experts they are already working with.

Why do we want to increase access to the NADA Protocol?

- Currently cost-prohibitive for addiction treatment centers.
- There are not enough trained providers in Utah to offer the NADA protocol in an affordable way to vulnerable patients.
- There is a great need in Utah especially in rural areas given the current opioid epidemic.

