

Adverse Childhood Experiences

Experiences

Traumatic events that can have negative, lasting effects on health and wellbeing



Abuse

- Emotional abuse
- Physical abuse
- Sexual abuse

Household Challenges

- Domestic violence
- Substance abuse
- Mental illness
- Parental separation / divorce
- Incarcerated parent



Neglect

- Emotional neglect
- Physical neglect



People with 6+ ACEs can die

20 yrs

earlier than those who have none



1/8 of the population have more than 4 ACEs

4 or more ACEs

3x the levels of lung disease and adult smoking



14x the number of suicide attempts

11x the level of intravenous drug abuse



4x as likely to have begun intercourse by age 15

4.5x more likely to develop depression



2x the level of liver disease



“ Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today ”

Dr. Robert Block, the former President of the American Academy of Pediatrics

67%

of the population have at least 1 ACE



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