

# Utah Master Plan for Aging

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Health and Human Services  
Interim Committee  
October 19, 2022



**UCCOA**  
Utah Commission on Aging

**with Utah Stakeholders  
in Aging Services,  
Lifelong Learning,  
Research, Academia,  
and Policy**

# Navigating Forward



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Everyone ages

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More diverse

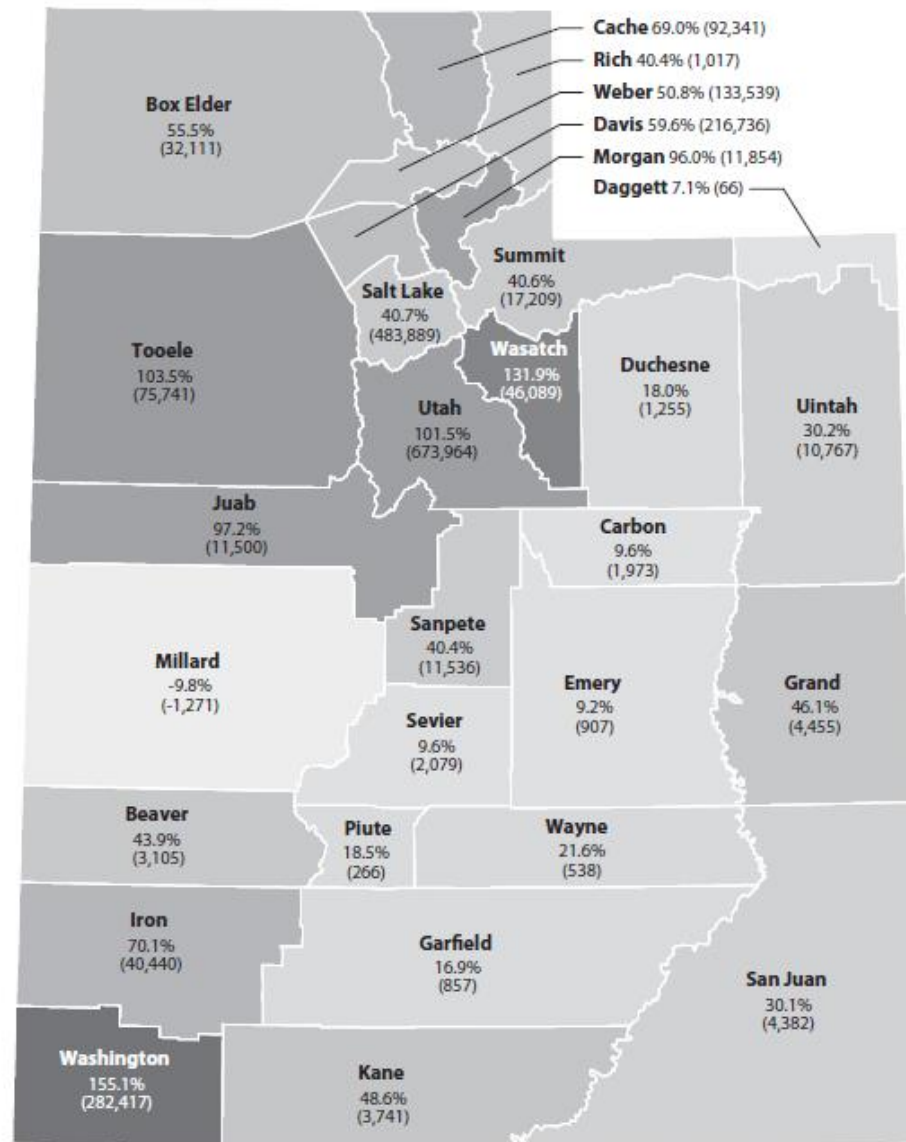
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Approaching 1 in 5 65+

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Live in a post pandemic  
paradigm

# Utah Projected County Population Absolute and Percent Change, 2020 to 2060



**Independence**

Food Insecurity

Social Isolation

**Ageism**

Abuse & Fraud

Emergency Preparedness

Fitness

Falls Prevention

Affordable Health & Long-Term Care

Caregiving

**Mobility**

Financial Adequacy

Housing &  
Aging In Place

Mental Acuity

End of Life

- **Social Isolation**
- **Food Insufficiency**
- **Financial Adequacy**
- **Affordable Housing**

**Society at Risk**

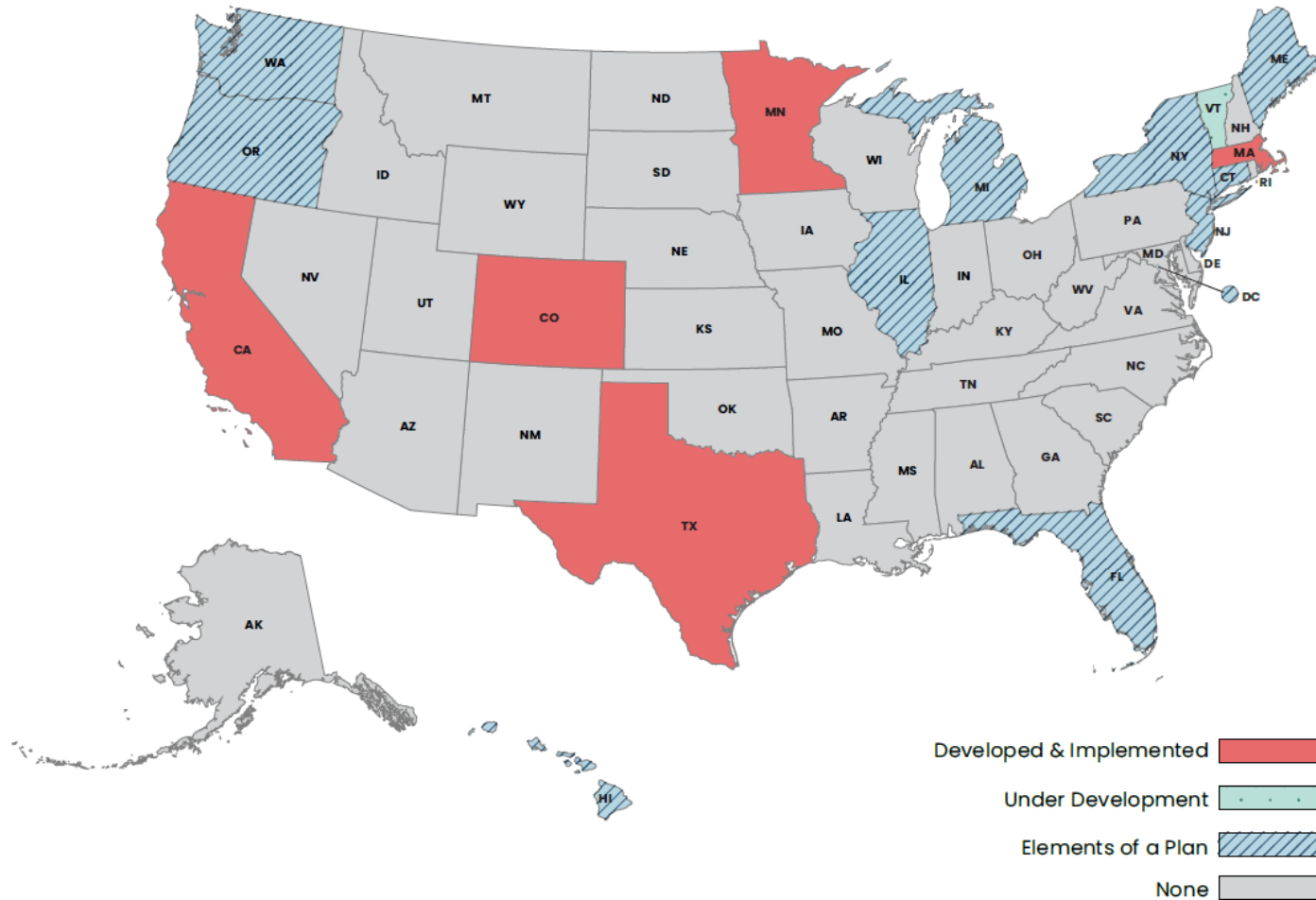
**X**

**COVID =**

**Compounded**

**Risk**

# Master Plan for Aging Activity Across States



# Master Plan on Aging Elements

## FIVE ELEMENTS FOR PLAN SUCCESS



**DECISIVE LEADERSHIP**  
Governor and legislators are invested



**RATIONAL**  
Priorities are ranked and data-driven



**COMPREHENSIVE**  
Includes services, financing, workforce, caregiver support, housing, transportation, and more



**STAKEHOLDER INVOLVEMENT**  
Consumers, providers, and policymakers work together



**ACCOUNTABILITY**  
Reporting timelines are clear, with measurable outcomes

# Master Plan Blueprint

- 10 or more years
- Supported by governor and other executive and legislative leaders
- Guides the restructuring of policy, programs, and funding
- Focuses on aging well in the community.
- Connects the public, private, and independent sectors touching all major areas of the aging life experience
- Brings visibility to population aging priorities using data and stakeholder input
- Establishes measurable outcomes to address priorities
- Addresses differences across urban and rural localities
- Equitable and inclusive
- Is iterative, to be reviewed and updated over time





# Driving Collective Impact

**UCOA Navigation  
Hotline**

**888-985-6866 (2022)**

**UCOA Facebook**

<https://www.facebook.com/utahaging/>

**UCOA Virtual  
Resource Center**

[www.utahaging.org](http://www.utahaging.org)

**UCOA YouTube  
Channel**

<https://www.youtube.com/channel/UCfSJREf73GpswhCGhFeHZCg/videos>

