# Utah Master Plan for Aging



Briefing for Legislative Committees

Updated January 23, 2023

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Independence

Food Insecurity

Social Isolation

Ageism

Abuse & Fraud

**Emergency Preparedness** 

Fitness Falls Prevention

Affordable Health & Long-Term Care

Caregiving

Mobility

Financial Adequacy

Housing & Aging In Place

Mental Acuity

End of Life

# Elements for Success

### State Leadership

Rational Data-Driven

Comprehensive Issues

Stakeholder Inclusiveness

**Measurable Outcomes** 

## Master Plan Core Issues

Ageism and Social Isolation

**Age-Friendly Communities** 

Financial Security

Health and Wellness

Caregiving and Care Coordination

Advance Care Planning

Technology and Innovation



Public Policy

Research & Academia

### Communications

Website - Podcast - Social Media Empowered Public

**Community Resources** 

### **UCOA Navigation** Hotline

888-985-6866 (2022)

**UCOA Virtual Resource Center** www.utahaging.org Innovative Virtual Practices & Resource **Initiatives** Center Event & Inform Policy **Utah Master** Volunteer & Support Plan on Aging Management Research Public Convene / Access & Support **Partners** Awareness Channel

#### **UCOA Facebook**

https://www.facebook.co m/utahaging/

## **UCOA YouTube**

https://www.youtube.com/ch annel/UCfSJREf73GpswhCGhF eHZCg/videos