

Utah's Centers for Independent Living



Statewide Programs for Independent Living in Utah

Roads To Independence

Andy Curry, Director
 3355 Washington Blvd
 Ogden, UT 84401
 (801) 612-3215
 1-866-734-5678
www.RoadsToInd.org
 Serving: Morgan, Weber, and Davis Counties.

OPTIONS for Independence

Cheryl Atwood, Director
 106 East 1120 North
 Logan, UT 84341
 (435) 753-5353
 1-800-753-2344
www.optionsind.org
 Serving: Box Elder, Cache, and Rich Counties.

OPTIONS- Box Elder Satellite

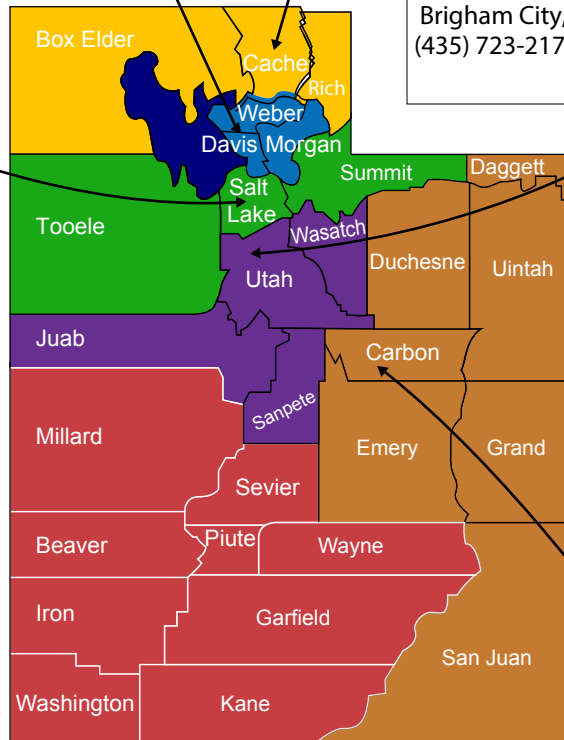
118 East 100 North
 Brigham City, UT 84302
 (435) 723-2171

Utah Independent Living Center (UILC)

Holly Mahoney, Director
 3445 South Main Street
 Salt Lake City, UT 84115 (801) 466-5565
 1-800-355-2195
www.uilc.org
 Serving: Salt Lake, Summit, and Tooele Counties.

UILC - Tooele Satellite

52 N Main St
 Tooele, UT 84074
 (435) 843-7353



Ability 1st Utah

Sandra Curcio, Director
 1455 W 820 N
 Provo, UT 84601
 (801) 373-5044 1-877-421-4500
www.Ability1stUtah.org
 Serving: Utah, Wasatch, Juab, and Sanpete Counties.

Ability 1st Utah- Ephraim Satellite

85 N. 100 W Ephraim, UT 84627
 (435) 283-4949

Active Re-Entry

Terri Yelonek, Director
 10 South Fairgrounds Road
 Price, UT 84501
 (435) 637-4950
www.arecil.org
 Serving: Daggett, Duchesne, Uintah, Carbon, Emery, Grand, and San Juan Counties.

Uintah Basin Satellite

330 South Aggie Blvd.
 Vernal, UT 84078
 (435) 789-4020

Moab Satellite

125 West 200 South,
 #103
 Moab, UT 84532
 (435) 719-1133

San Juan Satellite

544 North 100 East
 Blanding, UT 84511
 Phone: (435) 820-0900

RRCI

Rick McFadden, Director
 168 North 100 East, Suite 101
 St. George, UT 84770-4555
 (435) 673-7501
 1-800-649-2340
www.rrci.org
 Serving: Millard, Sevier, Beaver, Piute, Wayne, Iron, Garfield, Washington, and Kane Counties.

Iron County Satellite

987 N. Main St.
 Suite #2
 Cedar City, UT 84720
 (435) 704-4798

Beaver/Millard Satellite

110 N. Main
 Suite #8
 Fillmore, UT 84631
 (435) 236-9404

Sevier/Wayne/Piute/Garfield Satellite

635 N. Main St. Suite 685
 Richfield, UT 84701
 (435) 979-6416

Hurricane/Kane Satellite

83 S. 2600 W
 Suite #103 Unit B
 Hurricane, UT 84737
 (435) 359-7637

Centers for Independent living- \$735,000 request

CILs are consumer-controlled, community-based, non-residential private nonprofit organizations that are designed and operated within a local community by individuals with disabilities, and work with individuals with disabilities to assist them in becoming or maintaining their independence in the community.

- We work “with” all ages and types of people with disabilities
 - Permanent disabilities
 - Disabilities that are present from birth
 - Newly disabled or acquired disabilities
 - Could be short term disabilities
 - Seniors
 - Youth
 - Can be family members of a person with a disability
- No cost for services

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Core Services

- **Information and Referral** – Centers maintain comprehensive information files on availability in their communities of accessible housing; transportation; employment opportunities; rosters of persons available to serve as personal care attendants, interpreters for hearing impaired people, or readers for visually impaired people; and many other services.
- **Independent Living Skills Training** – Centers provide skills training to help people with disabilities gain skills that would enable them to live more independently; courses may include using various public transportation systems, adaptive cooking, managing a personal budget, and many others.
- **Peer Support** – Centers offer a service in which a person with a disability can work with other persons who have disabilities and who are living independently in the community. The objective is to explore options and to solve problems that sometimes occur for people with disabilities, for example, adjusting to a newly acquired disability, experiencing changes in living arrangements, or learning to use community services more effectively.
- **Advocacy** – Centers provide two kinds of advocacy: (1) consumer advocacy, which involves working with a person with a disability to obtain necessary individual support services and (2) community advocacy, which involves staff initiating activities to make changes in the community that make it easier for all persons with disabilities to live more independently.
- **Transition** – Nursing home transition and diversion and transitioning youth from school to adulthood.

Centers for Independent living- \$735,000 request

Additional Services and Supports

- **Assistive Technology-** Funding is made possible through the Department of Workforce Services (DWS), the Utah Assistive Technology Foundation (UTAF), and other funding sources to purchase assistive technology equipment for individuals with disabilities. An intake and assessment is conducted to identify the equipment required to increase the individual's independence at home and in the community. The Assistive Technology program is provided to individuals in need, who meet the financial eligibility criteria.
 - **Equipment Loan Bank Program-** Equipment Loan Bank Program consists of loaning a wide range of assistive technology devices to individuals on a temporary basis. The loan bank is made up of equipment that has been donated to the Center or purchased through grants. There is no fee. The loan bank items are loaned out on a case-by-case basis, depending on what items are available at the time. Items from the Loan Bank are often used by individuals as a temporary solution while they are healing from surgery or while they are waiting to receive funding to purchase equipment that is needed permanently. Some examples of the items available are wheelchairs, walkers, canes, knee scooters, shower benches, transfer benches, grab bars, toilet seat risers, and a limited number of low vision products.
- **Youth Services-** Enabling the youth to transition into adulthood. By providing classes and individual services and supports.
- **CIP or recreation/socialization services-**recreational and leisure activities available to the general public and promote the accessibility of community recreation and leisure options. Life is not over after having a disability

Centers for Independent living- \$735,000 request

- **CIL's provided from Oct. 1, 2021, to Sept. 30, 2022.**
 - **Intake and assessment with 10,141 individual with Disabilities (over 50% were new to CIL's).**
 - **2,176 were Youth (5-24) and received youth transition services and supports.**
 - **5,700 received equipment through Assistive Technology equipment loan program.**
 - **79,501 Independent Living Services were provided.**
 - **3,285 Youth classes were provided.**
 - **49 individuals were transitioned out of institutions a savings of over \$2.4 million according to the MDS 372.**
 - **365 individuals were diverted from going into an institution a savings of over \$20.5 million according to the MDS 372.**
 - **Costs for CIL serves were only about \$500 per person.**

Centers for Independent living- \$735,000 request

Current situation-issue areas: CILs are faced with unprecedented staffing and service issues.

- Staffing shortages/turnover- Overall CIL's have lost a total of 11.5 FTE's since last year.
 - 62% of staff currently employed at CILs are paid less than \$17 an hour.
 - Many of the existing staff are paid below the median range for equivalent private sector positions.
 - At least two (2) CILs have not had an Assistive Technology Coordinator in over nine (9) months
 - Rural satellite offices have been left unmanned/vacant or single staffed
- Increased Consumer demand and need- CIL's provided intake and assessment for a record number 10,236 individuals with disabilities.
 - Current caseloads on average are 149 per staff (20% increase in demand for services).
- Increase cost to overhead and the cost to provide services- inflationary pressures not seen in forty (40) years.

Centers for Independent living

This is having a devastating effect on People with Disabilities. With high demand and limited staff.

- Services are either delayed or not provided.
- By providing a limited number of Life and/or Independent Living skills classes and services, makes people more dependent on costly attendant programs like home health and Medicaid Waiver Services.
- We've seen an unprecedented amount of people get evicted or lose their housing, because of a number of factors, and have either end up homeless or enter costly institutions like Nursing Homes.
 - This not only cost taxpayers more money but has devastating effects on their health and well being of the individual.
- Less people we transition or divert from Costly institutional programs like nursing homes.
 - CIL's transitioned 49 individuals out of institutions back into the community. A Saving of over \$2.4 million according to the MDS 372. However, in previous years we were able to transition up to 79 individuals a difference of \$1.5 million

Centers for Independent living- \$735,000 request

This is having a devastating effect on People with Disabilities. With high demand and limited staff, (Cont.)

- Less people get Diverted from Costly institutional programs like nursing homes.
 - CIL's Diverted 365 individuals from going into institutions. A Saving of over \$20 million according to the MDS 372. However, in previous years we were able to Diver up to 679 individuals a difference of over \$17 million.

Collectively, these factors are negatively impacting consumers, consumer services, staff effectiveness, cost savings to taxpayers, and overall quality and quantity of work.

Not to mention the toll it takes on the individual and their family when they don't get the services they desperately need.

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The solution:

Centers for Independent Living (CILs) are requesting \$735,000 from the State General Funds be provided to the 6 CILs statewide to maintain and /or restore staff levels and services.

Funding will be used to:

- ✓ Targeted pay increases based on current wages and job responsibilities.
- ✓ This targeted approach would raise most low-wage positions by approximately \$3 an hour so that no position at CILs pay less than \$15 an hour.
 - ✓ Wages in the non-profit sector are always historically lower than similar for-profit analogs, however, inflationary pressures have made it particularly difficult for current skilled staff to maintain living standards while hyper-competitive labor market (where traditionally low-wage positions such as fast food and service are advertising \$14-\$17 an hour) makes retention of these employees, along with recruitment and hiring for these more skilled positions, extremely difficult.
- ✓ Provide a livable wage to staff as identified in [Living Wage Calculator](#).
- ✓ Restore and meet consumer demand. This would restore most of the positions lost.
 - ✓ CILs have had to consolidate positions. This would restore these lost positions and allow others to hire additional staff with competitive wages to better meet demand that has been placed upon the CILs.
- ✓ Increase the cost saving programs and services provide.
 - ✓ Institutional Transition and Diversion, Life and Independent Living Skills, Assistive Technology assistance, Youth Transition, and less dependence on State assistance programs.