

# Why Fund Adaptive Recreation for Utahns with Disabilities?



## The Reality

47% of Utah adults with disabilities have been diagnosed with depression; 30% higher than adults without a disability.

More than 50% of Utahns with disabilities are inactive or insufficiently active

Among Utah adults\*, 61% of people with disabilities make less than \$50,000 per year

\*older than age 25

## Following Participation in WAS Programs

97% report improved mental health

96% report improve physical health

70% have low to moderate incomes; 96% of experiences are provided on scholarship.

## WAS Baseline

- 705 students served a year
- Avg. 6 experiences per year per participant

- 89% local to Utah
- 96% of experiences on scholarship

- 96% improvement in mental health
- 97% physical health
- 97% quality of life

## Performance Measure

Track new participant involvement to 15% growth

Track residence, income, scholarship need\*

Post participation evaluation of physical, mental, social improvements & testimonials

\* Among other demographic info

# How Impact Is Measured





