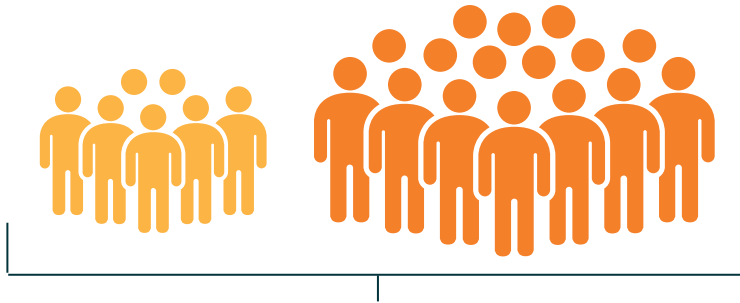


HOME-DELIVERED MEALS



Utah Association of Area Agencies on Aging

Commonly known as Meals on Wheels, the Home-Delivered Meals Program provides healthy meals, a quick safety check and vital human connection to homebound seniors while reducing food insecurity and isolation.

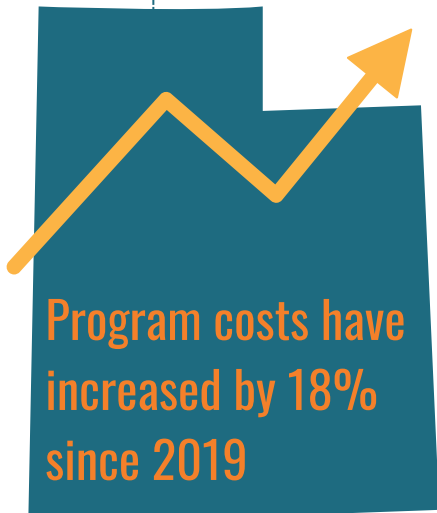


Utah Senior Population is projected to
DOUBLE
by 2060.

Legislative Funding Request - FY23 - \$2,178,460

Every meal delivered addresses the specific health conditions of the senior, provides a safety check and an assessment of changes that might impact future medical needs. This can mean the difference between independent living at home or transfer to a costly long-term nursing facility.

Continued increasing operational costs and extensive program growth statewide are detrimentally outpacing service need. Hunger and isolation not only jeopardize the health and well-being of Utah's older adults; they also place a significant strain on our state's healthcare system and economy.



Program costs have
increased by 18%
since 2019



58% of HDM recipients live alone, and for many of them, **the person delivering the meal is often the only person they will see that day.**

Average Cost for Elderly Assisted Living

Home-Delivered Meals:	Assisted Living:
\$173.50 a month	\$5,280 a month



Assisted Living Cost
96.8%

Home-Delivered Meals Cost
3.2%

The Home-Delivered Meal Program costs only 3.2% compared to placement in an assisted living facility.

Sources:

1. Kem Gardner Institute. *Utah Population Growth*. Available at <https://gardner.utah.edu/demographics/population-projections> (Accessed: 18 January 2023)
2. Consumer Price Index- all product increase from January 2019 - Nov 2022. Available at <https://www.bls.gov/cpi/>.
3. Meals on Wheels America. *What We Deliver*. Available at <https://www.mealsonwheelsamerica.org/learn-more/what-we-deliver>. (Accessed 18 January 2023)
4. Utah Department of Health and Human Services - *Medicaid for LTC waiver program costs*. Available at <https://medicaid.utah.gov/stplan/longtermcarehra/>. (Accessed 18 January 2023)