

# Request for Appropriation Budget Template

3-Year Budget

<b>Request Title:</b>	Opioid Abuse Prevention Youth Support Program
<b>Sponsor:</b>	Sen. Scott Sandall

Step 1. Revenue			
Funding Source			
<b>Amount Requested</b>	\$ 3,000,000.00	Opioid Settlement Fund	
<b>Other Revenue Sources</b>			
<b>Total Revenues:</b>	\$ 3,000,000.00		
Difference between Revenue & Expenditures			\$ -
Step 2. Expenditures			
Amounts		Details	
Personnel	\$ 2,403,500.00	Number of personnel supported:	Equivalent of 21 Fulltime Staff (FT and PT youth development professionals and other program staff) supported for three years to manage and implement programs
Travel	\$ 151,750.00	Nature of travel:	Program transportation for youth. Staff Travel to monitor program compliance; staff travel between program sites and to training opportunities
Equipment/Supplies	\$ 144,750.00	Types of equipment/supplies to be purchased:	Program curricula and supplies. Staff training costs. Equipment for staff (computers, peripherals, and office supplies, etc). Communication costs for staff to communicate with parents
Data Processing/Investments	\$ -	Description of data processing or database investments:	n/a

<i>Pass-through</i>	\$ -	<i>Recipient(s) of pass-through funds:</i>	Utah Alliance Boys & Girls Member Organizations are: Greater Salt Lake, Weber- Davis, Northern Utah, and Utah County
<i>Other</i>	\$ 300,000.00	<i>Description of other expenses</i>	10% Administrative Expenses to oversee grant management for the three year duration of the grant
<b>Total Expenditures:</b> \$ 3,000,000.00			

\$ -
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## **Opioid Abuse Prevention Programming for Utah's Most At-Risk Youth and Families**

The Utah Alliance of Boys & Girls Clubs, a statewide network of youth development community-based organizations with locations in over 20 communities, will provide targeted interventions to 1,950 (650 youth per year) of the state's low-income, most at-risk children and teens during out-of-school time hours. The Opioid Abuse Prevention Youth Support Program is designed to prevent opioid abuse through a holistic approach informed by research which indicates that the more developmental assets youth experience, the less likely they are to engage in substance abuse and risky behaviors (Search Institute, 2004). The requested funds will bolster all developmental assets of youth with a focus on developing the social and emotional skills and adult support that are most strongly correlated with decreased risky behaviors and substance abuse. The program will also provide youth with skills to resist risky behaviors including substance abuse.

### **The Need:**

- Overdose deaths from opioids have increased by 500% among 15-to-24-year-olds since 1999. As the opioid epidemic within our communities becomes more pervasive, youth increasingly are the unintended victims. The associated adverse experiences, such as childhood abuse and neglect, put young people at increased risk for substance use and other behaviors that lead to poor health outcomes (BGCA, 2022).
- The impact the opioid epidemic has had on youth is broad and alarming. According to the Centers for Disease Control (2019), "studies have demonstrated that prescription opioid misuse among youths is strongly linked with subsequent initiation and use of heroin and increased risk for injecting prescription opioids and developing
- an opioid use disorder."
- Research shows that youth abuse harmful substances in order to cope with other mental and emotional conditions including depression and anxiety, poor health, grief or trauma, feelings of isolation, and lack of engagement at school (Murray & Hampton, 2019).
- SHARP survey results show increased depressive symptoms among youth, 65% of Utah students indicate they have experienced moderate depressive symptoms. Feelings of social isolation increased by 5–10% across all ages surveyed. 35% of students surveyed said they felt sad, anxious, or hopeless (Utah County SHARP, 2021).
- Risk factors impacting the target population have been exacerbated by COVID-19. The number of children who have lost a parent to COVID-19 has disproportionately impacted minority families compared with the general population (Department of Education, 2021). These losses only deepen their risk for "traumatic grief, depression, [and] poor educational outcomes" (Brent et al, 2012).

### **The Response:**

The requested \$3,000,000 grant, to be divided equally with \$1M received each year over three years, will allow the Utah Alliance of Boys & Girls Clubs to provide targeted opioid abuse prevention programming and programs to build youth's developmental assets and adult support, to 1,950 of the state's low-income, most at-risk children and teens during afterschool and summer each year.

The goals of the program include:

- Provide evidence-based substance use disorder prevention programming to reduce risky behaviors, prevent opioid abuse, and promote making healthy decisions among youth.
- Improve youth social-emotional skills and sense of safety and support by providing evidence-based social-emotional learning programs and caring mentors.
- Improve academic engagement and prepare students to enter the workforce through evidence-based academic enrichment programs and workforce development skill-building programs.
- Address the need for out-of-school time youth development support for low-income, at-risk K-12 youth.
- Engage families and create strong community partnerships to support youth and families.

### **Why Support the Boys & Girls Clubs Opioid Abuse Prevention Youth Support Program:**

Boys & Girls Clubs are an ideal partner in the area of youth prevention programming as data shows that youth Club members abstain from risky behaviors more often than youth overall and receive the social-emotional and academic support they need to stay on track.

- **A Critical Time:** Evidence indicates that at-risk youth are struggling with risky behaviors. Now is the time to invest in additional, targeted interventions, utilizing the critical out-of-school time hours, to help prevent long-lasting impacts.
- **Return on Investment:** Annually, the U.S. spends \$740 billion on costs related to crime, lost productivity and health care. However, every \$1 invested in effective substance use prevention programs will result in savings of between \$2 and \$20 for the community (CADCA, 2019). The potential for a 1:20 return on investment shows that prevention programming is an important part of combatting the long-term community impacts of substance misuse.
- **Scope and Community Role:** Boys & Girls Clubs in Utah are leaders in their communities with deep connections to families, schools, and other community partners and are able to successfully reach youth and families who most need help. Clubs have broad reach across Utah, with locations in over 20 communities.
- **Accountability:** Boys & Girls Clubs in Utah have track records of accountability in managing state grants and delivering proposed results.
- **Impact:** Clubs have proven results in academic and social-emotional skills benefits and can demonstrate that youth who participate in Club programs do better than their peers in multiple arenas.

### **How Will the Money Be Used?:**

Core Program services will include:

- **Risky Behavior Prevention:** Using evidence-informed curricula, like SMART Moves, the program will help youth reduce risky behaviors and make healthy, positive choices.
- **Social and Emotional Learning:** Using an evidence-based curriculum, like Positive Action, the program will help youth develop social-emotional skills and resistance to risky behaviors.
- **Academic and Workforce Development:** The program will provide evidence-based academic support and workforce development to address youths' academic challenges, keep youth on track in school and prepare youth for the workforce.
- **Out-of-School Time Support for Families:** The program provides a safe place with caring adult mentors and skill-building programs for kids to be while parents are working.