



Utah Alliance of Boys & Girls Clubs Opioid Abuse Prevention Youth Support Programs



BOYS & GIRLS CLUBS
OF AMERICA

CLUB LOCATIONS



**Who We Are:
Utah Alliance of Boys &
Girls Clubs**

42 BOYS & GIRLS CLUB SITES IN UTAH

Who We Are: Utah Boys & Girls Clubs

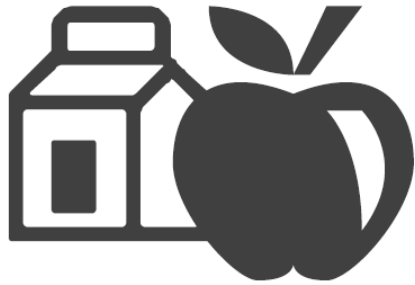


The MAJORITY of Youth Served Qualify attend title 1 schools

55% minority races or ethnicities

68% aged 12 or under;
32% teens

Opioid abuse is rising



Overdoses death from opioids have increased by 500% among youth ages 15-24 years old.

(CDC)



Adult opioid abuse is associated with youth adverse experiences, such as abuse and neglect.

(BGCA, 2022)



Youth often abuse substances to cope with other mental and emotional conditions.

(Murray & Hampton, 2019)



BGC uniquely positioned

- Targeting those who need it most
- Already have access to kids who need it
- Training and youth protection systems in place
- Evidence-based programs that have been proven effective
- Effective recruitment strategies as part of a holistic afterschool program

**Keeping Kids
Safe is our #1
Priority**



Youth-Centered Approach

BGC program strategy focuses on **Youth-Centered Learning**: learning that is deeply responsive to the individual needs, strengths and learning styles of kids and teens.

Our **holistic, Success Strategy** rejects “one-size-fits-all” solutions. It centers around the different experiences and situations of Clubs and kids and includes:

- Safe, Supportive Environments,
- Engaging Programming,
- Youth Development Best Practices, and
- Collaborative Partnerships



An evidence-based approach

A youth centered approach combined with evidence-based curriculum has been proven to have the greatest positive outcomes. Evidence-based curriculum have undergone randomized controlled trials.

Evidence-Based Substance Abuse Prevention

- Increased knowledge
- Increased healthy decision-making
- Decreased opioid use
- Decreased substance abuse

Evidence-Based Social & Emotional Learning

- Increased self-awareness
- Increased self-management
- Increased social awareness
- Increased relationship skills
- Increased responsible decision-making

Opioid Abuse Prevention Program

- ❑ 3,000,000 ask (\$1,000,000/year over 3 years) from opioid settlement dollars
- ❑ 1,950 Youth Served over 3 years
- ❑ 100% of youth served will be at-risk of opioid abuse, be at-risk of being impacted by externalities of family opioid abuse, or be in need of social-emotional skills and support
- ❑ 15 hours/week school year; 25 hours per week summer programs
- ❑ Evidence-based substance abuse and social-emotional support programs
- ❑ School-day alignment strategies
- ❑ Behavioral health/trauma-informed services

Opioid Abuse Prevention Goals

- ❑ Provide opioid abuse prevention and social and emotional learning to 1,950 of Utah's most at-risk youth
- ❑ Youth will receive a minimum of 30 hours of evidence-based substance abuse prevention training and a minimum of 30 hours of social and emotional learning training
- ❑ 80% of youth served will improve knowledge, skills, behaviors, attitudes relating to substance abuse prevention.
- ❑ 80% of youth served will increase social and emotional competencies by at least 20% as measured through evidence-based assessment tools, or youth will maintain high social and emotional competencies (80%+) as measured through evidence-based assessment tools.

Why Prioritize BGC Opioid Abuse Prevention?

- **BGC** youth safety and training
- **Boys & Girls Clubs Have a Proven Return on Investment:** Every \$1 spent in a Boys & Girls Clubs program returns \$10.80 in benefits
- **Clubs' Scope and Role in our Communities:** Clubs are community leaders in serving at-risk youth and provide service at 42 sites in 21 communities
- **Accountability:** Proven track records of accountability in managing state grants and delivering proposed results.
- **Impact:** Clubs have proven results in delivering evidence-based curriculum in a fun and supportive environment