## Utah Master Plan for Aging



Briefing for Legislative Committees

Updated January 23, 2023 Updated January 23, 2023

Independence

Food Insecurity

Social Isolation

Ageism

Abuse & Fraud

**Emergency Preparedness** 

Fitness Falls Prevention

Affordable Health & Long-Term Care

Caregiving

**Mobility** 

Financial Adequacy

Housing & Aging In Place

Mental Acuity

End of Life

# Elements for Success

### State Leadership

Rational Data-Driven

Comprehensive Issues

Stakeholder Inclusiveness

Measurable Outcomes

### Master Plan Core Issues

Ageism and Social Isolation

Age-Friendly Communities

Financial Security

Health and Wellness

Caregiving and Care Coordination

Advance Care Planning

Technology and Innovation



Public Policy

Research & Academia

#### Communications

Website - Podcast - Social Media Empowered Public

**Community Resources** 

#### **UCOA Navigation UCOA Virtual** Hotline **Resource Center** www.utahaging.org 888-985-6866 (2022) Innovative Virtual Practices & Resource **Initiatives** Center Event & Inform Policy **Utah Master** Volunteer & Support Plan on Aging Management Research Public Convene / Access & Support **Partners** Awareness **UCOA Facebook**

https://www.facebook.

com/utahaging/

#### **UCOA YouTube** Channel

https://www.youtube.com/ channel/UCfSJREf73Gpswh CGhFeHZCq/videos