

# Utah Master Plan for Aging

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Briefing for  
Legislative Committees

Updated  
January 23, 2023



**UCOA**  
Utah Commission on Aging

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January 23, 2023

**Independence**

Food Insecurity

Social Isolation

**Ageism**

Abuse & Fraud

Emergency Preparedness

Fitness

Falls Prevention

Affordable Health & Long-Term Care

Caregiving

**Mobility**

Financial Adequacy

Housing &  
Aging In Place

Mental Acuity

End of Life

# Elements for Success



**State Leadership**

**Rational Data-Driven**

**Comprehensive Issues**

**Stakeholder Inclusiveness**

**Measurable Outcomes**

# Master Plan Core Issues

Ageism and Social Isolation

Age-Friendly Communities

Financial Security

Health and Wellness

Caregiving and Care  
Coordination

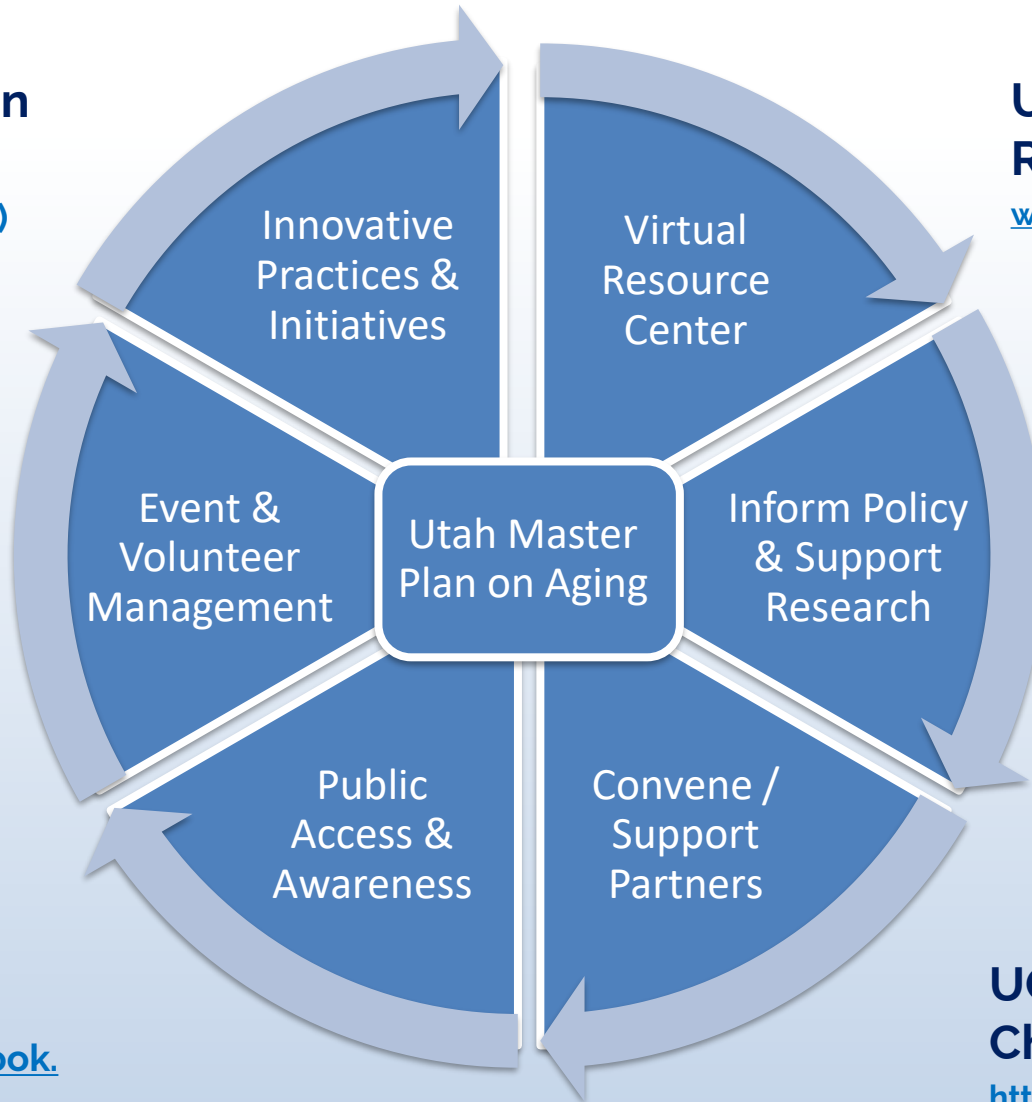
Advance Care Planning

Technology and Innovation



## UCOA Navigation Hotline

888-985-6866 (2022)



## UCOA Virtual Resource Center

[www.utahaging.org](http://www.utahaging.org)

## UCOA Facebook

<https://www.facebook.com/utahaging/>

## UCOA YouTube Channel

<https://www.youtube.com/channel/UCfSJREf73GpswhCGhFeHZCg/videos>