



## H.B. 248: Mental Health Services for Adults

**Assertive Community Treatment (ACT)** is an evidence-based practice to provide intensive services to people with serious mental illness (SMI) who also struggle with overlapping daily functional issues. The model has been demonstrated as effective and cost-effective when provided for individuals with SMI who:

- Repeatedly access inpatient psychiatric care
- Are justice involved
- Are experiencing homelessness

Since implementing the ACT model of care, Salt Lake County has seen significant savings in both in-patient and total health care costs. (source: Optum)

	Total costs for ACT members in the 12 months before implementation	Total costs for ACT members in the 12 months after implementation	Percent change
 INPATIENT CARE	\$1,122,449.27	\$377,254.00	-66%
 OVERALL HEALTH CARE SPEND	\$1,587,539.47	\$907,786.92	-43%

- ❖ **One-Time funding** \$5,000,000 (One -Time General Fund) request to establish teams as experience has demonstrated that **teams are sustainable after one year with Medicaid billing**
- ❖ Creates a **long-term state-wide ACT plan** to be developed based on data collected from new and existing ACT teams.
- ❖ **Adds up to five additional Assertive Community Treatment Teams (ACT)** to address the high number of individuals requiring this level of care but unable to receive it due to a limited number of teams. Agencies will receive funds through a grant process.
- ❖ **Funds one additional administrative person** to support the development of ACT teams, monitor fidelity, and provide technical assistance. This individual will also be responsible for data collection and reporting.
- ❖ Requires the grant recipients to report back to the HHS Interim Committee with **specific data about the effectiveness** of the ACT teams.

### Facts:

- Current capacity for ACT level of care in Utah - **350** individuals
- Estimated percentage of general population who qualify for ACT -**1% to 3%**
- Est. the number of individuals who would qualify across the Wasatch Front- **14,200**
- **\$1.50** return on investment for every **\$1.00** spent on implementation

### Outcomes:

- Fewer emergency department visits and inpatient days
- Fewer arrests and jail days
- Promotes housing stability
- More days engaged in treatment

*ACT teams are like a hospital without walls. They go into the community to treat adults with severe mental illness wherever they are.*