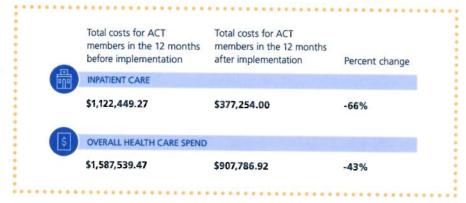
H.B. 248: Mental Health Services for Adults

Assertive Community Treatment (ACT) is an evidence-based practice to provide intensive services to people with serious mental illness (SMI) who also struggle with overlapping daily functional issues. The model has been demonstrated as effective and cost-effective when provided for individuals with SMI who:

- Repeatedly access inpatient psychiatric care
- Are justice involved
- Are experiencing homelessness

Since implementing the ACT model of care, Salt Lake County has seen significant savings in both in-patient and total health care costs. (source: Optum)



- One-Time funding \$5,000,000 (One -Time General Fund) request to establish teams as experience has demonstrated that teams are sustainable after one year with Medicaid billing
- Creates a long-term state-wide ACT plan to be developed based on data collected from new and existing ACT teams.
- Adds up to five additional Assertive Community Treatment Teams (ACT) to address the high number of individuals requiring this level of care but unable to receive it due to a limited number of teams. Agencies will receive funds through a grant process.
- Funds one additional administrative person to support the development of ACT teams, monitor fidelity, and provide technical assistance. This individual will also be responsible for data collection and reporting.
- Requires the grant recipients to report back to the HHS Interim Committee with specific data about the effectiveness of the ACT teams.

Facts:

- Current capacity for ACT level of care in Utah 350 individuals
- Estimated percentage of general population who qualify for ACT -1% to 3%
- Est. the number of individuals who would qualify across the Wasatch Front- 14,200
- \$1.50 return on investment for every \$1.00 spent on implementation

Outcomes:

- Fewer emergency department visits and inpatient days
- Fewer arrests and jail days
- Promotes housing stability
- More days engaged in treatment

ACT teams are like a hospital without walls. They go into the community to treat adults with severe mental illness wherever they are.