

WHY STATE MUSHROOM?

Fungi are critical to planetary health and the future of our planet, yet little is known about them and they're vulnerable to extinction.

Through HB 92, we hope to:

- **EXPAND AWARENESS AND APPRECIATION FOR FUNGI**
- **ELEVATE FUNGI IN RESEARCH AND EDUCATION**
- **PROTECT FUNGI AND PRESERVE THEIR CRITICAL ECOLOGICAL SERVICES**



Porcini: Utah’s Official State Mushroom

Utah has a state flower, a state insect, a state fossil, even a state winter sport, but *no* state mushroom! Given Utah’s wealth of biodiversity and natural resources, and that fungi are essential to maintaining biodiversity, it’s time that we champion them. Let’s recognize one of life’s major kingdoms and declare porcini as **Utah’s official state mushroom!**

Fungi make up one of life’s kingdoms – as broad a category as “animals” or “plants” – but they are substantially less known than those kingdoms: less than five percent of fungus species have been described.

Fungi underpin life on Earth and play many critically important ecological roles. Over 200 million lives have been saved due to the world’s most famous fungus, *Penicillium*, the source of the world’s first antibiotic (penicillin). Fungi are also responsible for almost all of our food production from supporting plant growth and through their byproducts used throughout the food industry. Without fungi, and the plants that depend on them, CO₂ would build up much faster than it is currently, greatly exacerbating climate change impacts. Fungi are being called the “next climate hero”, and over 2,000 new fungus species are discovered each year.

Though fungi are their own kingdom of life on earth, and plants, animals, trees, and entire ecosystems depend on relationships with them for their survival, they are typically overlooked and dangerously vulnerable to extinction. We know that many of an estimated 2-10 million fungus species are threatened or endangered, yet only 550 of the 142,500 species on the International Union for Conservation of Nature’s (IUCN) Red List are fungi, and the U.S. only has two, both lichens, on the endangered species list. **Unless we have a state mushroom and elevate fungi in public awareness, we might lose the benefits of fungi for our state and for our planet.**

A Worldwide Movement

The critical importance of fungi to people and the planet is receiving widespread attention in movies like *Fantastic Fungi*, books like *Entangled Life*, and periodicals like *National Geographic*, *The New York Times* – even *Vogue!* The fungal awakening is happening and organizations like [Fungi Foundation](#), [Fungal Diversity Survey](#), the [Society for Protection of Underground Networks](#), are calling for adequate representation of fungi in science, education, conservation, and political representation.



Utah could be on the leading edge of this movement towards fungal justice. There are only three states with official state mushrooms (MN, OR, TX), and at least three more with proposed state mushrooms right now (MO, WA, and NY). By elevating fungi at the state-level, public awareness of fungi and their importance will surge. Children will learn about the transdisciplinary significance of fungi at an early age by learning about Utah's State Mushroom in Utah schools. By designating an official state mushroom, Utah will be able to better advocate for scientific decision-making that will help make our environment more resilient and nourishing for generations to come.



What are Porcini?

Porcini mushrooms (*Boletus edulis*) are beautiful and delicious, and grow abundantly in the Rocky Mountains, including along the Wasatch front, the Uintas, and in the montane coniferous forests throughout the central and southern regions of Utah. Porcini are one of the most prized wild edible mushrooms admired all around the world, and [genetic](#)

[research](#) on them is being pioneered here in Utah. Collecting wild porcini in Utah's mountains is a favored pastime for many Utahns, and recognizing this alongside the many other outdoor activities Utah is so well-known for would further enrich our state's reputation as a wilderness paradise.



Porcini are Critical to Forest Health

Porcini are mycorrhizal, meaning they form an obligate mutualistic symbiosis with plant roots, providing essential nutrients and water from the soil in exchange for sugar the plants make through photosynthesis. This ancient and ubiquitous relationship allowed plants to first colonize land and today is the primary symbiosis supporting our forests. This essential partnership makes Utah's mountain forests more resilient to perturbation and will be a critical factor as our state's ecosystems adapt to a changing climate. This is why Utah should acknowledge this fundamental and critical collaboration by nominating porcini as the official state mushroom!

Porcini are noteworthy because they serve a vital role in maintaining a healthy and vibrant forest ecosystem through its symbiotic partnership with subalpine fir, Engelmann spruce, and other conifers. Up to 50% of the living biomass of soils are fungi like porcini that form these mycorrhizal networks. These networks play crucial roles in improving nutrient exchange, sequestering carbon, and balancing ecosystem health, connectivity, and regeneration. The presence of porcini is an indicator of forest health. Its recognition as a state symbol may instill greater awareness of the health of our forests.

It is time that we recognize the central role fungi have in Utah's unique biodiversity and declare **Porcini as Utah's state mushroom!**



Thank you,

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Blog (/blog) / 2022 (/blog/2022) / 11 (/blog/2022/11)

/ A Tale of Terroir: Porcini Mushrooms Have Evolved with a Preference to Local Adaptation

A Tale of Terroir: Porcini Mushrooms Have Evolved with a Preference to Local Adaptation

POSTED NOVEMBER 2, 2022



Keaton Tremble, PhD candidate in Bryn Dentinger's lab at NHMU, holding a large porcini mushroom found in the Uinta mountain range in Utah.

By Michael Mozdy

The Dentinger Lab at the Natural History Museum of Utah has published a provocative new paper in the journal *New Phytologist* that describes their work with the much beloved mushroom, *Boletus edulis*, better known by gastronomers worldwide as the porcini. In the paper, Keaton Tremble and Bryn Dentinger, PhD, present a first-of-its-kind genetic survey of porcini mushrooms across the Northern Hemisphere. By evaluating the genetic code of these samples from across the globe, they learned that these delicious fungi evolved in surprising ways – contrary to the expectations of many who might think that geographic isolation would be the primary driver for species diversity. In fact, there are regions in the world where porcini maintain their genetic distinctiveness in local ecological niches, even if they are not isolated geographically from other genetic lineages.

The French word *terroir*, made famous by viticulturalists, immediately comes to mind. Terroir describes all of the local factors such as soil types, amount of sunshine, degree of slope, microclimate, soil microorganisms, etc. that make each plot of land yield distinctive wines. It is a celebration of the local ecology and its impact on the vines, grapes, and finished product. Tremble and Dentinger's new study offers mushroom hunters tantalizing data to claim that the porcinis in their secret forest patch express the qualities of their terroir in the same way as the best wines in the world.

But this isn't the point of the study. With the advent of genetic sequencing, most mycology genetic studies have focused on describing the unique characteristics of fungi in a small geographic area. Tremble and Dentinger wanted to do something different. Rather than just comparing a group of mushrooms from Colorado to a group in California in order to call them different species, they wanted to better understand the global trends in how the genetic code was preserved or changed in porcini. "Our study is important because it goes beyond overly simplistic sampling method used in the past," states Dentinger.

What they found is that porcini have evolved in different, but clearly recognizable ways across the globe. "In North America, there is a strong stratification of separate genetic populations in local areas, despite the fact that they aren't reproductively isolated," explains Tremble. "Yet in Europe, there is one lineage that dominates from Spain to Georgia to Scandanavia."



Keaton Tremble, right, and Dr. Bryn Dentinger in the NHMU Genomics Lab. ©NHMU

Evolutionary biologists typically believe that there is one evolutionary strategy that governs the speciation process for a particular organism, but Tremble and Dentinger have showed that porcini actually exhibit multiple, divergent strategies. In fact, this is the first genetic study *in any organism* to show such a result at the global scale.

A related, significant result is a refutation of the traditional notion that isolation is the main way that species develop their uniqueness. As the *Encyclopedia of Ecology* (Second Edition – 2019) proudly states: “all evolutionary biologists agree that geographic isolation is a common, if not the most common, mechanism by which new species arise (Futuyma, 2013).”

“This paper shows that you don't need isolation for genetic divergence,” Tremble asserts. “The force of ecological adaptation is so strong in *Boletus edulis* that even though you can disperse spores basically anywhere, there is strong selection to adapt to specific environments.”

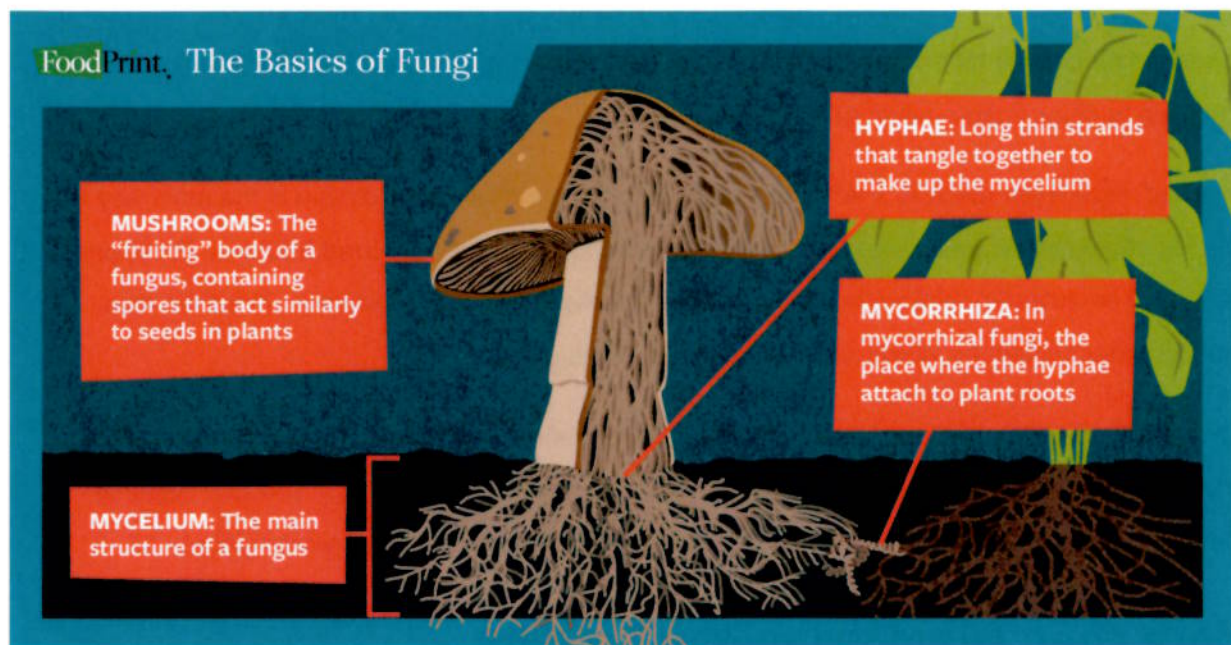
More than Identifying Mushrooms

It's an exciting time to be a mycologist. Not only is the fungal kingdom barely explored and described, but DNA sequencing technology has introduced a seismic shift in how mycologists classify fungi. For millennia, humans have identified mushrooms that are good to eat from ones that are poisonous based on how they looked, or their phenotype. But phenotypes can be deceiving – consider a brother and sister who have different hair color, different nose shapes, etc. They are still more genetically similar to each other than to other people in the population. Thus, genetic similarities are considered the true marker of different species, bucking the trend of mushroom identification that stretches back to the beginning of humanity.

On top of this, let's remember that mushrooms are just the reproductive structure of the main organism, called a mycelium (see the illustration below, "The Basics of Fungi"). Like icebergs, mycelia only show us the tip of themselves, while the massive fungal body lives underground, bound up with the roots of trees. *Boletus edulis* spreads geographically thanks to the tiny spores released from the porcini mushrooms, borne on the wind, mammals, and even flies. Thus, biologists are tempted to believe that in whatever geographic area where spores can fly, a species will be defined by the genetic mixing within this geographic space.

Tremble and Dentinger's study soundly refutes this assumption.

In North America, different genetic lineages exist side-by-side, and despite genetic evidence of intermixing, local ecological factors played the bigger role in maintaining the distinction of these lineages. "Utah happens to be one of the areas where two distinct lineages live," notes Dentinger. What these lineages show is that the local ecology is a stronger factor in maintaining their genetic distinctiveness than genetic flow from other lineages.



*This illustration is a little misleading because mycelia are often much larger than any of their mushrooms that appear on the surface of the soil or tree stumps. Fungi can grow up to a half a mile of the thread-like hyphae a day. In fact, the largest known organism on the planet is the Humongous Fungus (*Armillaria ostoyae*) in The Malheur National Forest, Oregon, measuring 2,385 acres (3.72 square miles) in area. It is estimated to be between 1900 and 8650 years old. Illustration courtesy FoodPrint.org.*

The Marvels of the Dried Porcini

The secret to their study resides deep in the heart of natural history museums: collections of mushrooms. Tremble is a PhD candidate in the School of Biological Sciences, defending his thesis in spring 2023 to receive his degree in Evolutionary Biology. He made a fortuitous choice when

working with Dentinger as his advisor – as the Curator of Mycology at NHMU, Dentinger has established NHMU's Genomics Lab to be able to analyze DNA quickly and efficiently. More importantly for this study, Dentinger's professional contacts at natural history museums around the world helped Tremble access the 160 samples that would have been near impossible to collect otherwise.

"You have to rely on opportunistic encounters in nature to collect a living sample," Dentinger explains. "This is fundamentally different from working with plants, which are there in every season, and animals, which you can bait." Thus, it would have taken an incredible amount of logistics, timing, and luck to find, correctly identify, and ship 160 different samples across the Northern Hemisphere back to the lab at NHMU.

Instead, "our study was all possible thanks to fungaria," Dentinger states, referring to the name for fungus collections in museums. They plumbed the depths of NHMU's fungarium and reached out to collaborators around the globe.

"Without the accumulated field work by 80 different people, this would not have been possible," Tremble notes. All of the samples were dried porcini mushrooms, stable and ready for Tremble to extract their DNA. Since *Boletus edulis* mycelia have a surprisingly long lifespan (estimated to be up to 45 years), they used samples only dating back to 1950 to make sure that the study kept to just a few generations.

Tremble used sophisticated software to run statistical analyses on these samples. He genotyped 792,923 SNPs (pronounced "snips," short for single nucleotide polymorphisms), which are the individual ways in which the 160 porcini genomes differed from one another. In order to classify major lineages, he filtered out the SNPs that were only present in one sample (which would be considered just a "family unit" or individual variant) so that he could instead observe only major differences between genomes. In the end, Tremble identified 6 major lineages.

Feeding his data into mathematical models, Tremble uncovered a complex web of genomic mixing, where lineages remained distinct despite evidence that other lineages had mixed with them. Their modeling and geographical sample data showed that this ability to remain distinct was due to environmental adaptation, not physical isolation.

Lineages or Species?

Tremble and Dentinger take a decidedly agnostic approach to the question of whether they should be identifying these 6 distinct lineages as "species." They abstain from doing so in their paper because they want to focus on the genetic data and the larger questions related to strategies in

evolutionary biology. Plus, that species discussion is one vexed conversation.

“There is no formal process for defining a species,” Tremble notes, “it’s an ongoing debate. We didn’t want to call them species or subspecies because it automatically implies that they are separately evolving groups, which they definitely aren’t.” They decided to call them lineages because this term is genetically resolvable, that is, lineages can be quantifiably distinguished from one another using statistical genetic approaches.



Keaton Tremble in the NHMU Genomics Lab. ©NHMU

But that doesn’t mean they don’t want to tackle the taxonomy. “This is going to be a forthcoming article in a different journal,” Dentinger says. The world of fungi never experienced the Victorian era-explosion of identifying and naming species that happened with animals and plants. With only an estimated 5% of fungi diversity being identified, naming and taxonomy must happen, if only to help mycologists speak about their subject.

However the species-subspecies taxonomy for *Boletus edulis* shakes out, Dentinger assures us of one thing: “Terroir is more important than people thought.”

So, find a mushroom hunter and get on his or her good side in order to find the porcini best adapted to your palate.



Bryn Dentinger, PhD and Keaton Tremble in Antigua, Guatemala, hunting for porcini in June 2022.

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Category: Natural History (</blog/category/fun>)

Tags: mycology (</blog/tag/mycology>), mushrooms (</blog/tag/mushrooms>), fungi (</blog/tag/fungi>), mycologist (</blog/tag/mycologist>)

