

Youth with Complex Behavioral Needs Initiative

SSA Presentation
October 10, 2023

The Problem

1. There is a sub-population of youth with complex behavioral needs who are served in the DHHS system whom we struggle to serve effectively due to the intensity and complexity of their symptoms
2. This is a long-standing issue we have struggled to get our arms around, evidenced by the frequency with which these youth bounce around our system and their high cost

The Opportunity

1. The agency merger presented an opportunity to have a broader internal conversation about historic silos, shared resources, and potential solutions
 2. Rather than merely find ways to “house” this population, we are in the midst of identifying gaps in our current service continuum and filling those gaps so youth are served appropriately
-

Cost and Complexity

1. Youth with complex behavioral needs are up to 11 times more expensive than their served peers
2. Mental health concerns, problematic sexual behavior, or behavioral/conduct disorders are nearly 30% more prevalent

Ideal Service Continuum

Tier 5: *Return home with support system*

Receiving centers, home-based stabilization services, MCOT, homeless/runaway youth sheltering, professional parents

Tier 4: *Prepare to re-integrate into community*

Mental health residential, residential substance use disorder, intermediate secure care*

Tier 3: *Stabilization with goals beyond safety*

Inpatient psychiatric hospital

Tier 2: *Engage with treatment*

USH, USDC, JJYS secure care, secure care (non-court ordered)*

Tier 1: *Safety and stabilization*

Intensive stabilization treatment evaluation program (ISTEP)*

Objective: Ensure that no matter what severity or complexity a youth presents, there is a place to appropriately serve them and promote their progress.

Youth should be able to enter at the level their assessed need dictates, and move between tiers as their progress requires.

Global services

Consultation services*

Care management services

*indicates a service that does not currently exist

Youth with complex behavioral needs (YCBN) Initiative

Project Development

- Convene subject matter experts
- Define the problem and result
- Identify & prioritize solutions
- Develop data

Proposal Draft & Approval

Objective Workgroup Formation

Phase 1

- Create small action groups, including external stakeholders
- Refine and implement Phase 1 actions

Phase 2

- Implement Phase 1 plans
- Create small action groups for Phase 2, including external stakeholders
- Refine and implement Phase 2 actions

Phase 3

- Implement Phase 1 and 2 plans
- Create small action groups for Phase 3
- Refine and implement Phase 3 actions

We are here

YCBN Oversight Committee meets monthly

Phase 1 Strategies

- Clinical Services Strategy
- Services and Supports Strategy
- Contracting, Reimbursement, & Data Strategy

Next Steps

- Workgroups around Phase 1 strategies are defining specific objectives
- Community stakeholders are being identified
- Phase 1 timeline being developed