

WE FLOURISH

(AT FLOURISH)

A 501(c)(3) nonprofit organization
Serving the Mental Health Needs of
LGBTQIA+ Clients Throughout Utah





Affordable,
Culturally Competent,
Evidence-Based
Mental Health Services

www.flourishtherapy.org

OVER 17,500 SESSIONS
PROVIDED IN 2023

NEARLY 2,000 SESSIONS
EVERY MONTH

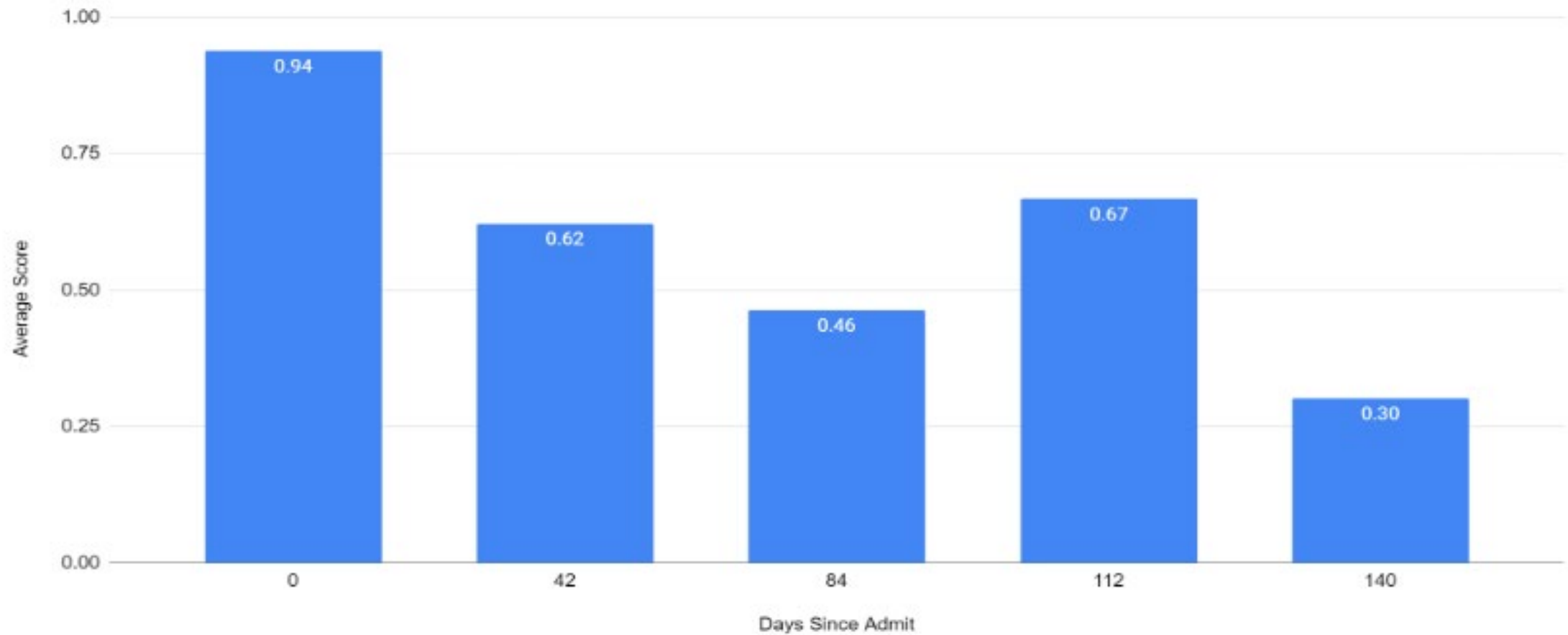
MORE THAN
400 FREE SESSIONS
EVERY MONTH

55 CLINICIANS

IN-PERSON OR
TELEHEALTH

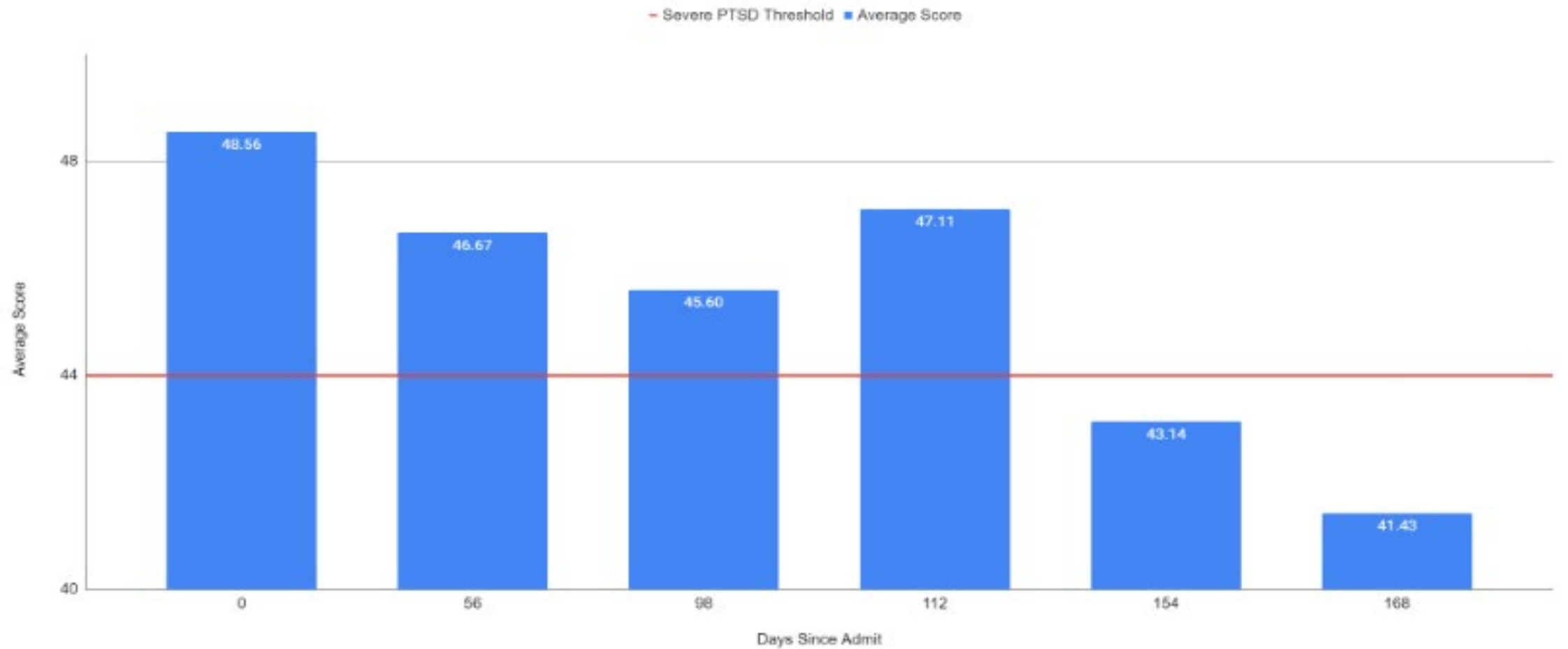
PHQ-9 Question 9: Jan 2023 - March 2023

Average Score



PHQ-9 Average Score

PCL-C: Jan 2023 - March 2023
Average Score



PCL-C Averages

Brent Pace, LCSW



I've been a therapist for over 20 years and never before have I had the opportunity to work with LGBTQ+ clients in such an affirming setting as the one I find at Flourish.



How I wish you could sit in on a session with a young person who is suffering from being maligned, misunderstood, and even in some cases abused by those who should be loving them the most. It is a strange and painfully difficult world to navigate at times, even with direction, but without it— and I say this from personal experience—it is almost impossible.

Not a day goes by that I don't hear a client express appreciation for Flourish.

From a client: "I've never had this level of psychiatric care in my life and I'm very grateful for it."

Watering my soul.
Much like a garden can grow;
I may now flourish.
-- Client



Mike Fuller
Social Work Intern

Thank You!!



All of us at Flourish Therapy thank you for thinking of our clients and making their lives better!

Lisa J. Hansen