## **HB 100**

**Food Security Amendments** 



in children.

Help
them thrive.

On a daily basis,

1 in 6

Utah
children
faces
hunger.

### What Is HB 100?

Sponsored by Rep. Clancy, HB 100 allows more families in need to qualify for school meals at no cost. It leverages existing programs to support school meals. With HB 100. Utah will have less school meal debt and more kids eating healthy meals that keep them ready to learn.

## Why It Matters:



Food insecurity raises children's risk of mental health issues like anxiety and depression, as well as physical problems like obesity and diabetes.



Schools that offer no-cost breakfast and lunch are more likely to have high performance grades and to meet growth targets.



Eating breakfast and lunch at school is associated with better attendance rates and fewer behavioral problems.













# The Demand Across Utah

#### Free and reduced meals aren't reaching everyone they need to.

Every year, our school districts face high levels of unpaid meal debt.

Outstanding School Meal Debt in Utah (School Year 23-24)

**State Total:** 

\$2.8 Million

District with the Highest Debt: Granite \$588,665

#### Teachers and school administrators say the need is urgent.

Emergency food providers are experiencing increased demand for food.

"Three siblings, grades 1, 2, and 3 live in a camp trailer [and] struggle with having sufficient food. The school meals are always eaten and any extra food they



can get. It does affect their academic participation. It has been challenging for the family and the school."

Elem. School Principal, **North Sanpete SD** 

"I have had multiple students that shared with me that they did not have enough food at home. I would see a common pattern with these students: they would often sleep during class, they couldn't

focus, and they did not have the support at home." **High School** Teacher. **Box Elder SD** 



"Students are not able to focus on their learning if they are hungry. Especially over the weekends can be hard for students that do not have access to school breakfast and lunch."



"I have started running a pantry out of my classroom for kids that need not only backpacks and clothes, but also snacks or breakfast if they come in too late to eat in the cafeteria. If they are hungry, they can't focus, they are emotional, and it sets them up for a very rough day." Elem. School Teacher, **Canyons SD** 

