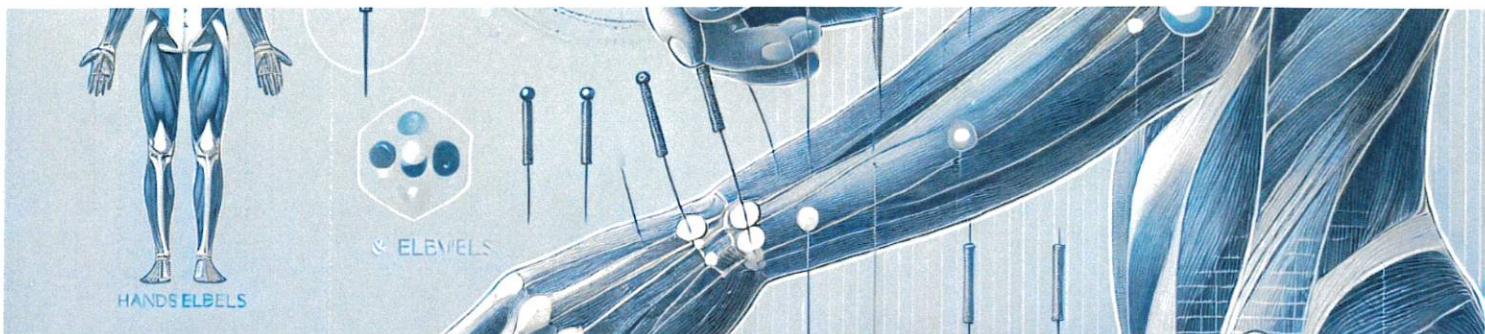


# S1 H.B. 188 DRY NEEDLING AMENDMENTS



## WHAT IS DRY NEEDLING?

Dry needling is a technique used to treat muscle pain and improve range of motion. This practice is widely utilized by various health care professionals to alleviate musculoskeletal discomfort and enhance tissue healing.

Dry needling is a physical agent modality used in conjunction with other therapy techniques, such as exercise, stretching, and massage, to treat both acute and chronic musculoskeletal conditions

## KEY POINTS

- Utah Physical Therapists can obtain a certification to practice Dry Needling today.
- This bill enables Occupational Therapists to also obtain a Dry Needling Certification (same requirements as PTs).
- Clarifies the existing policy that State law does not require patients to obtain a physician referral to be treated by a state licensed Physical Therapist or Occupational Therapist. Insurance companies may still require a referral.

## Dry Needling Certification

Certification supports the shared goal of both medical providers and the Department of Professional Licensing:

### Protection of Utah Patients

Course Certification	54 Hours of in-person Instruction
Supervised Treatment	250 hours of supervised patient treatment sessions
DOPL Registration	File certificate of completion & register as a practitioner