

## H.B. 293 Public Education Student Athlete Protections

Comments by Parents High-level Summary Generated by Microsoft Copilot:

### 1. Practice Time & Moratoriums

- Many parents feel the 20-hour weekly practice limit is excessive, especially during the school year, citing physical strain and lack of recovery time.
- Some argue against reducing practice time, fearing it will hurt team development and competitiveness.
- Concerns were raised about coaches bypassing moratoriums by having captains lead unofficial practices.

### 2. Academic & Family Balance

- Parents report that sports interfere with homework, sleep, and academic performance.
- Families struggle to plan vacations due to year-round sports schedules and fear of penalties for missing practices.
- The emotional toll on students missing family time and feeling pressured to prioritize sports over academics is significant.

### Coach & Program Culture

- Coaches are often described as overly demanding, with some using threats or punishments for missed practices.
- The culture of year-round commitment is seen as harmful, especially for multi-sport athletes.
- Some parents support structured programs but want clearer boundaries and respect for family time.

### Enforcement & Policy

- Many comments highlight inconsistent enforcement of existing rules, especially around moratoriums and practice limits.
- Parents call for stricter oversight and consequences for coaches who violate guidelines.
- Suggestions include transparent policies and accountability mechanisms to ensure fairness.

### Suggestions & Requests

- Requests include banning practices on holidays, extending moratoriums, and better scheduling to reduce missed class time.
- Parents want sports to be fun and enriching, not all-consuming.
- Some propose sport-specific moratoriums and more flexibility for multi-sport athletes.

### Equity & Club Sports

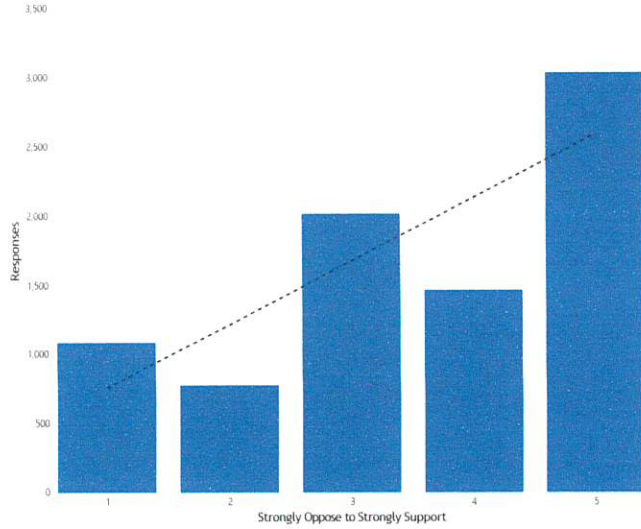
- Concerns about club sports creating inequities—students from wealthier families can afford extra training, while others cannot.
- Reducing school practice time may push athletes toward costly private programs, widening the gap.
- Parents advocate for inclusive policies that support all students, regardless of financial background.

### Multi-Sport & Extracurricular Access

- Overlapping seasons and year-round commitments make it difficult for students to participate in multiple sports or other activities.
- Students are often forced to choose one sport, limiting their exposure to diverse experiences.
- Parents emphasize the importance of well-rounded development through varied extracurriculars.

Region	Role	Comments
Region 1 - 6A	Parent	20 hrs a week/6 days is too much during the school season (including travel time)...summer whatever! Not only too much with homework, but their bodies need rest for recovery time to prevent injuries and time for muscle repair! That's not even talking family and mental space time.
Region 1 - 6A	Parent	A couple more general comments about the athletics in the district. They should have games later in the evenings, so that people that have jobs such as those at the hospital can still attend games to watch their kids play. Also, on another note, teams should have a limit on how many minutes kids can play in one night. No kid should be allowed to play in sophomore, JV, and Varsity games on the same night.

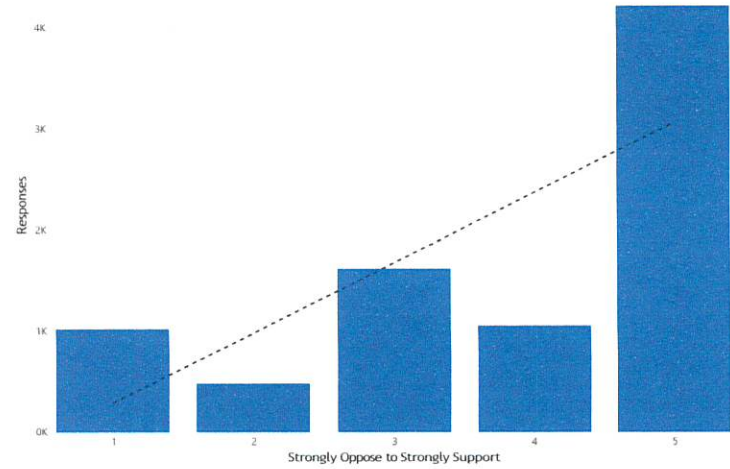
What do you think of implementing more defined sport seasons and off-seasons?



1: 1,081  
2: 772  
3: 2,015  
4: 1,462  
5: 3,030

Total  
8360

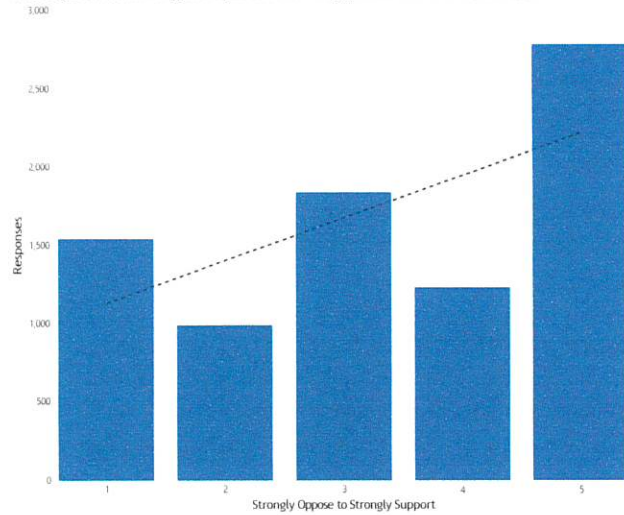
What do you think of adding another all-sport moratorium at the end of the school year in late May / early June?



1: 1,081  
2: 772  
3: 2,015  
4: 1,462  
5: 3,030

Total  
8360

What do you think of lowering the August-to-June weekly practice limit from 20 hours to 15 hours?



1: 1,536  
2: 990  
3: 1,831  
4: 1,224  
5: 2,779

Total  
8360

Non-football Region Classification (Schools)	Number of Comments by Region and Commenter						Total
	Parent Only	Parent Education	Parent Coach	Student Athlete	Educator Only	Coach Only	
Region 11 - 4A (Bear River, Desert Peak, Green Canyon, Mountain Crest, Ridgeline, Sky View, Steamboat, Tooele)	249	41	24	44	28	31	417
Region 7 - 5A (Maple Mountain, Payson, Pleasant Grove, Salem Hills, Spanish Fork, Springville, Timpani, Wasatch)	177	30	30	27	34	26	334
Region 2 - 6A (Bingham, Cedar Valley, Copper Hill, Harriman, Mountain Ridge, Riverton, Wasatch)	210	29	16	24	23	12	314
Region 5 - 5A (Bonneville, Box Elder, Clearfield, Fremont, Northridge, Roy, West Field)	164	17	40	17	15	17	276
Region 4 - 5A (Cyprus, Granger, Hillcrest, Hunter, Keams, Taylorville, West Jordan)	77	4	6	21	9	24	141
Region 1 - 6A (Davis, Farmington, Layton, Syracuse, Weber)	68	7	0	6	13	10	110
Region 10 - 4A (Cottonwood, East, Highland, Jordan, Juan Diego, Judge Memorial, Murray, Park City)	65	11	6	8	10	7	107
Region 8 - 4A (Mountain View, Orem, Provo, Summit Academy, Timpanogos, Utah)	59	8	10	16	7	6	106
Region 13 - 3A (Carbon, Emery, Mantz, North Sanpete, Union)	50	15	12	9	5	8	99
Region 9 - 4A (Cedar, Crimson Cliffs, Desert Hills, Dixie, Hurricane, Pine View, Snow Canyon)	62	6	14	5	4	7	98
Region 12 - 3A (Ben Lomond, Grantsville, Layton Christian Academy, Logan, Morgan, Ogden)	60	7	6	9	5	6	93
Region 6 - 5A (Alta, Bountiful, Brighton, Olympus, Skyline, Viewmont, Woods Cross)	52	7	6	3	5	15	86
Region 18 - 2A (Duchesne, Gunnison Valley, Millard, North Sevier, North Summit, South Summit)	35	12	5	2	8	4	66
Region 18 - 2A (Beaver, Enterprise, Grand County, Kanab, Farowen, San Juan, South Sevier)	17	2	5	5	3	4	36
Region 14 - 3A (Canyon View, Delta, Juab, Providence Hill, Richfield)	15	3	3	1	6	3	29
Region 22 - 1A (Altamont, Manila, Rich, Saint Joseph, Tabiona, Tintic, Wendover)	12	3	4	1	1	4	25
Region 17 - 2A (American Heritage, American Leadership Academy, Draper AFA, Intermountain Christian School, Maeser Prep, Rowland Hall, Utah Military Academy - Hill Field, Waterford)	5	1	1	8	1	1	17
Region 3 - 6A (American Fork, Corner Canyon, Lehi, Lone Peak, Skyridge)	7	2	-	2	1	4	16
Region 10 - 1A (Bryce Valley, Escalante, Milford, Panguitch, Pluta, Valley, Water Canyon, Wayne)	2	3	3	1	3	3	15
Region 16 - 2A (AFA - West Valley, Freedom Prep, Merit Prep, Rockwell, Salt Lake Academy, Utah Military Academy - Camp Williams, Vanguard Academy, Wasatch Academy)	2	-	-	-	4	-	6
Region 19 - 1A (Green River, Lake Powell, Monticello, Monument Valley, Navajo Mountain, Pinnacle, Whitehorse)	2	-	-	-	-	1	3
<b>Total</b>	<b>1,390</b>	<b>208</b>	<b>197</b>	<b>207</b>	<b>185</b>	<b>191</b>	<b>2,378</b>