



## Requester Information

**Legislator Name:** Wilson, Chris H.

**Created Date:** January 23rd 2026

**Submitted Date:** January 23rd 2026

## Section 1: Requester Details

### Description:

Preventable chronic diseases such as obesity, diabetes, and heart disease continue to drive rising healthcare costs in Utah, impacting families, employers, and public systems. Evidence shows that investing in community level prevention through improved access to healthy food, physical activity, and mental well being supports can reduce long term medical spending and demand on social services. This funding will support the Healthy Utah Community Designation, led by Get Healthy Utah in partnership with the Utah League of Cities and Towns, which helps cities implement proven, cost effective strategies to prevent chronic disease and build healthy, thriving communities. Over the past five years, 65 cities and towns have earned the three-year designation, resulting in more than 600 evidence based strategies implemented statewide in both urban and rural communities.

### Legislative designee contact information:

**Name:** Alysia Ducuara

**Organization:** Get Healthy Utah

**Position:** Executive Director

## Section 2: Funding Information

How will the appropriation be used?

Category		One-time	Ongoing
Personnel Services	2026:	\$0.00	\$0.00
	2027:	\$196,000.00	



# Healthy Utah Communities Program

Social Services

Category		One-time	Ongoing
In-State Travel	2026:	\$0.00	\$0.00
	2027:	\$2,500.00	
Out-of-State Travel	2026:	\$0.00	\$0.00
	2027:	\$0.00	
Supplies and Equipment	2026:	\$0.00	\$0.00
	2027:	\$45,500.00	
Technology Purchases	2026:	\$0.00	\$0.00
	2027:	\$1,000.00	
Infrastructure/Capital Investments	2026:	\$0.00	\$0.00
	2027:	\$0.00	
Other Charges/Pass Thru	2026:	\$0.00	\$0.00
	2027:	\$5,000.00	

## Expenditure Total

One-time 2026	One-time 2027	Ongoing 2027
\$0.00	\$250,000.00	\$0.00

## Funding Sources:

### General Fund

Amount Requested:

2026 (One-time)	\$0.00
2027 (One-time)	\$250,000.00
2027 (Ongoing)	\$0.00

## Revenue Total



One-time 2026	One-time 2027	Ongoing 2027
\$0.00	\$250,000.00	\$0.00

**Is this a multi-year project?**

Yes

**Is this project scalable if the Legislature does not fund the full requested amount?**

Yes

**A short explanation describing how the project might be scaled?**

Get Healthy Utah continues to seek support from other funding sources to support this program. Minimum funding helps us provide the framework and application process with limited staff support. The full amount ensures robust technical assistance, training, resources, demonstration projects and materials for cities and towns.

### Section 3: Agency Information

**Subjects:**

Health and Wellbeing

**Agency:**

250 / Department of Health and Human Services

**Type of entity to receive pass-through funding:**

Private Not for Profit

**Grant recipient**

Yes

**Requested Direct Award Grant Recipient**

Get Healthy Utah

### Section 4: Performance Outcome Measurement



### **Who would benefit the most from this request (who is the target audience)?**

This request would benefit Utah residents statewide by supporting community driven efforts that improve health and quality of life where people live, work, and play. Through the Healthy Utah Community Designation, cities receive a clear framework to engage local elected officials, staff, and partners in identifying health needs, building coalitions, and implementing evidence based strategies. As communities strengthen access to healthy food, physical activity, and mental well being supports, residents in both urban and rural areas experience improved health outcomes and reduced long term strain on public systems.

### **What is this project or program intended to accomplish?**

The Healthy Utah Communities Program is intended to help cities create active, healthy, and connected communities by providing a clear framework and evidence based strategies that support community level health improvement. Get Healthy Utah equips state and local leaders with up to date data, policy guidance, and training on effective actions governments can take to improve community health. The program supports strategies such as improving walkability and active transportation, expanding access to green space, strengthening healthy food environments, and increasing resources that support mental well being. Through practical tools, training, and cross sector partnerships, the Healthy Utah Community Designation helps improve health outcomes, reduce long term healthcare costs, and strengthen the economic vitality of communities across Utah.

### **How will the Legislature know whether the project or program achieved its intended purpose?**

Program success will be measured through clear participation and performance benchmarks. Over the next five years, the goal is for at least 50 percent of Utah's 254 cities and towns to earn the Healthy Utah Community Designation. Annually, the program will designate at least 12 new cities and towns, support the implementation of a minimum of 50 new evidence based health strategies, and maintain a 85 percent redesignation rate. Progress will be tracked through documented strategies implemented across active living, healthy food access, and mental well being, along with qualitative success stories that demonstrate community level impact.

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## **Section 5: Other Supporting Documents**



**Intent Language Documents**

**Previous Funding Documents**

**Full Time Employees**

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