



JACKY'S RECOVERY
SUPPORT SERVICES

20 Impact 25 Report

July 1, 2024 - June 30, 2025
EIN: 46-5038499

Awareness. Empowerment. Recovery



830

unique individuals served
across 8 counties



5,294

individuals successfully served
across 8 counties



5,560

individuals reached through
outreach events



\$1.8M

total funds and donations
received



\$1.5M

funds spent in direct program
services (81.15%)



\$342K

funds spent in admin and
fundraising (18.85%)

OVER 81 CENTS OF EVERY DOLLAR GOES DIRECTLY TO SERVICE DELIVERY!

Training and Education



564+

individuals reaches through
training & education activities

58 workshops
facilitated

14 trainings sessions
delivered

Skills Training

120

peer support specialist trained

220+

individuals trained in
suicide prevention

Health & Wellness

Therapy

270 unique clients
2,048 sessions

Peer Support

560 unique clients
3,246 sessions

Support Groups

247 groups
1,748 attendees

Community Engagement

88+ volunteers
contributed

85%
donor retention rate

61%
growth in social media following



JACKY'S RECOVERY
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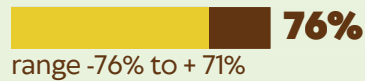
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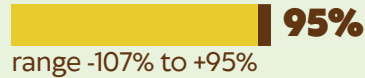
Client Recovery Outcomes

Youth OQ Outcomes



improvements in emotional regulation, coping skills, peer relationships

Adult OQ Outcomes



improvements in distress, depression, anxiety, and functioning

Adult SURE Outcomes



improvement in substance use recovery, functioning, and empowerment

Client story

24 year old woman living well with bipolar disorder

- learned grounding, breathing, and self care strategies
- strengthen family and persona support systems
- OQ score improved 70% (53 → 16)
- SURE score improved 24% (51 → 63)
- reports stability, confidence and improved life and work performance

Client Story

13 year old girl finding courage and self-worth

- experienced family conflict, bullying, and isolation
- learned coping skills, walking, swimming, breathing, dancing, soccer
- received EMDR, CBT, IFS, PSS, and mindfulness
- YOQ improved 71% (62 → 18)
- now identifies as brave, smart young lady with improved school focus and emotional regulation

Looking Ahead to 2026

- expanding youth and family therapy and peer support
- strengthening bilingual services
- increasing rural access via partnerships and telehealth
- increasing capacity by adding new peer specialist and therapist
- scaling up partnerships across Utah

Thank You to Our Partners, Supporters, and Loyal Long-term Donors

- Department of Health and Human Services
- Salt Lake County
- The Church of Jesus Christ of Latter Day Saints
- Marriott Daughters Foundation
- KATZ Amsterdam Foundation
- Intermountain Healthcare Foundation
- Cambia Health Foundation
- Larry H and Gail Miller Foundation
- George S. and Dolores Dore Eccles Foundation