



Requester Information

Legislator Name: Hayes, Sahara

Created Date: January 23rd 2026

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Section 1: Requester Details

Description:

Flourish Therapy Inc. requests \$100,000 annually to reduce suicide in Utah's LGBTQ + community. With 80 therapists providing more than 2,500 sessions of therapy each month to Utahns throughout the state, Flourish wants to bring 80+ uninsured clients from our waiting list into treatment. Flourish received a DHHS grant of \$50K last year, which allowed us to treat 40 + uninsured clients reducing their suicidal ideation by 23%. Although we receive more than \$400K in support annually from individuals and foundations, we have many Utahns on our waiting list who are not able to receive treatment because of lack of additional funding.

Legislative designee contact information:

Name: Lisa Tensmeyer Hansen, PhD, LMFT

Organization: Flourish Therapy, Inc., a Utah 501 (c)3 nonprofit mental health clinic

Position: CEO and Founder

Section 2: Funding Information

How will the appropriation be used?

Category		One-time	Ongoing
Personnel Services	2026:	\$0.00	\$0.00
	2027:	\$0.00	
In-State Travel	2026:	\$0.00	\$0.00
	2027:	\$0.00	
Out-of-State Travel	2026:	\$0.00	\$0.00
	2027:	\$0.00	



Fulfilling Utah's Suicide Prevention Plan

Social Services

Category	One-time	Ongoing
Supplies and Equipment	2026:	\$0.00
	2027:	\$0.00
Technology Purchases	2026:	\$0.00
	2027:	\$0.00
Infrastructure/Capital Investments	2026:	\$0.00
	2027:	\$0.00
Other Charges/Pass Thru	2026:	\$0.00
	2027:	\$100,000.00

Expenditure Total

One-time 2026	One-time 2027	Ongoing 2027
\$0.00	\$100,000.00	\$100,000.00

Funding Sources:

General Fund

Amount Requested:

2026 (One-time)	\$0.00
2027 (One-time)	\$100,000.00
2027 (Ongoing)	\$100,000.00

Revenue Total

One-time 2026	One-time 2027	Ongoing 2027
\$0.00	\$100,000.00	\$100,000.00

Is this a multi-year project?

Yes



Is this project scalable if the Legislature does not fund the full requested amount?

Yes

A short explanation describing how the project might be scaled?

The average cost per client in treatment for 16 sessions of therapy is \$1,280. For several years now, we have received more than 100 applications every month and will bring into treatment as many as funding will allow.

Section 3: Agency Information

Subjects:

Health and Wellbeing

Agency:

250 / Department of Health and Human Services

Type of entity to receive pass-through funding:

Private Not for Profit

Grant recipient

Yes

Requested Direct Award Grant Recipient

Flourish Therapy, Inc., a Utah 501(c)3 nonprofit mental health clinic

Section 4: Performance Outcome Measurement

Who would benefit the most from this request (who is the target audience)?

Utahns who have applied for mental health treatment but are only prevented from receiving it by lack of funding. These Utahns are often from rural Utah communities where other services are not available. With five locations and telehealth services, we reach more Utahns than any other mental health clinic in the state.



What is this project or program intended to accomplish?

Our treatment reduces suicidal ideation and symptoms of PTSD, depression, and anxiety, enabling Utahns who are asking for treatment to thrive.

How will the Legislature know whether the project or program achieved its intended purpose?

DSI-SS scores (suicidal ideation) The first cohort of DHHS clients reduced suicidal ideation by 23%. PTSD, Anxiety, and Depression scores may also be gathered and reported.

Section 5: Other Supporting Documents

Intent Language Documents

- Letter - State Grant Intent.pdf

Previous Funding Documents

<https://cobi.utah.gov/2025/3587/issues/23758>

Full Time Employees

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