

Intermountain Addiction Management Services, Training, Recovery, Outreach and Neonatal Guardians

Social Services Appropriations
Subcommittee

February 5, 2026

Intermountain Health
Roseman University

Why Target Support During & After Pregnancy

- Drug-induced deaths are the leading cause of pregnancy-associated death in Utah, **and 89% occur in the postpartum period**
- **1 in 10 pregnant women** in Utah used a substance during the prenatal period
- Substance use during pregnancy can impact the infant and lead to Neonatal Abstinence Syndrome (NAS)

Smid MC, Stone NM, Baksh L, Debbink MP, Einerson BD, Varner MW, Gordon AJ, Clark EAS. Pregnancy-Associated Death in Utah: Contribution of Drug-Induced Deaths. Obstet Gynecol. 2019 Jun;133(6):1131-1140. doi: 10.1097/AOG.0000000000003279. PMID: 31135726; PMCID: PMC6548332.

Forray A, Merry B, Lin H, Ruger JP, Yonkers KA. Perinatal substance use: a prospective evaluation of abstinence and relapse. Drug Alcohol Depend. 2015 May 1;150:147-55. doi: 10.1016/j.drugalcdep.2015.02.027. Epub 2015 Mar 3. PMID: 25772437; PMCID: PMC4387084.

Interventions



Impact since 2024



105 pregnant women & **98** infants served



6,875 pregnant women screened for substance use



581 case management sessions



254 visits with providers



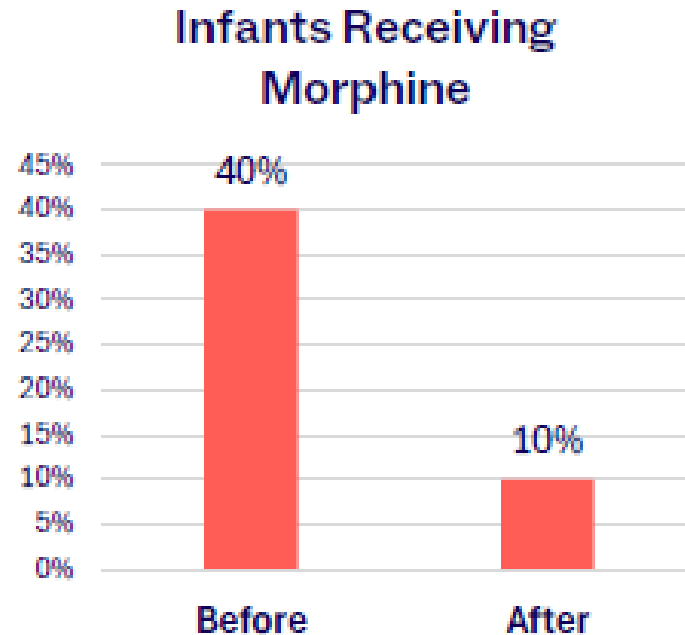
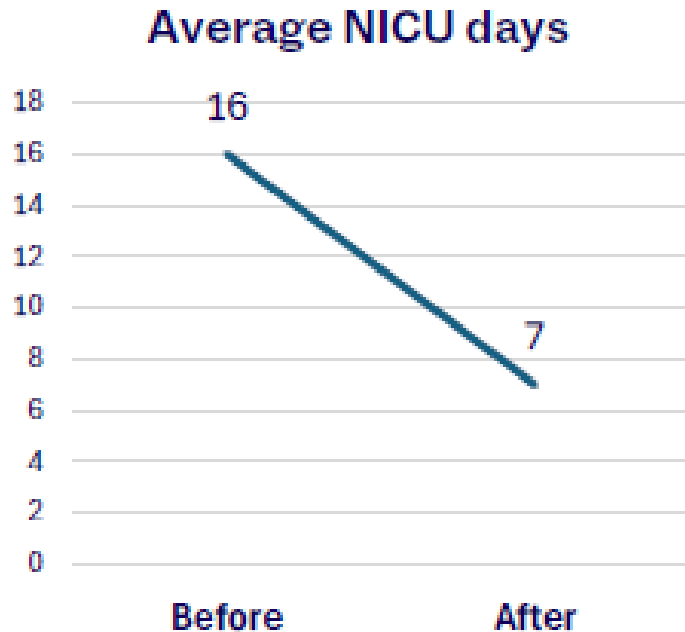
575 Home visits



1,105 Peer support sessions

PROGRAM OUTCOMES:

Infants with neonatal abstinence syndrome:



Thank you

